

# WHAT TO DO IF...

... you are exposed to someone with COVID-19 or related symptoms.

## Do you have symptoms?

**NO**

**YES**

You should get a **PCR test** 3-5 days after exposure regardless of vaccine status

- You should get a **PCR test** regardless of vaccine status
- Contact your healthcare provider
- Isolate from others in your home - use a separate bedroom, bathroom, utensils, and avoid common areas of the home as much as possible

**AND**

**If fully vaccinated:\***

Wear mask indoors in public for 14 days after exposure OR until test result is negative.

**If not fully vaccinated:**

Continue to quarantine for 14 days from last exposure.

## Your test result is:

**NEGATIVE**

**POSITIVE**

**If fully vaccinated:\***

You can resume usual activities, but watch for symptoms for 14 days after exposure.

**If not fully vaccinated:**

Continue to quarantine for 14 days from last exposure.

If you develop symptoms, see above.

- Isolate from others in your home - use a separate bedroom, bathroom, utensils, and avoid common areas of the home as much as possible

## You can be around others:

- At the end of quarantine;
- 10 days from your positive test result;
- OR if you develop symptoms, 10 days from start of COVID-19 symptoms AND 24 hours with no fever without the use of fever-reducing medications AND other COVID-19 symptoms are improving\*\*