SUMMER 20
REGISTRATION BEGINS MAY 19

Continuing Education
COMMUNITY CLASSES FOR ALL AGES & STAGES OF LIFE

stlcc.edu/CE  |  314-984-7777
To reach us, please email CEdropbox@stlcc.edu.
Each semester, St. Louis Community College Continuing Education sends out a catalog highlighting hundreds of professional development and personal enrichment learning opportunities offered at locations throughout St. Louis. Summer 2020 was no exception—we produced a catalog jam-packed with over 600 exciting classes that was ready to print and send to your mailbox.

Then the COVID-19 global pandemic hit.

Our plans were turned upside down just like the lives of so many in our community. In the midst of countless changes and an unknown future, we decided to forgo printing the catalog this time around. **However, we have some great news. Many of our classes have been transitioned to an online format!** They are fun, interactive, affordable and easy to navigate. After registering, you will be able to join the learning sessions by simply clicking a link which will be emailed to you prior to the start of each class.

Seeking professional development courses? Looking to try out a new hobby? Connect with other life-long learners and *become the best version of you!*

**Browse upcoming classes and register at stlcc.edu/CE**

*All in-person classes are suspended until local officials let us know group gatherings are permitted and we can open in-person classes scheduled for the summer term. Be sure to check our website for updates.*

**Reserve Your Spot!** Registration opens May 19.

For details and updates, go to stlcc.edu/CE.
To reach us, please email CEdropbox@stlcc.edu or call 314-984-7777.
We’re here for you whether you’re letting curiosity point you in new directions, seeking professional courses to advance your career or pursuing new challenges to expand your mind. Continuing Education provides a showcase of opportunities to broaden your potential and change your life!

- experiential, life-long learning
- diverse, inclusive community
- continually evolving for an ever-changing world

Discover how Continuing Education can spark your potential and unlock a whole new future for you!

Not receiving a catalog each semester?
Please call Continuing Education at 314-984-7777 or email us at CEdropbox@stlcc.edu to be added to our mailing list.

REGISTER ONLINE | 24 HOURS stlcc.edu/CE
10-hour OSHA course is ideal for employee safety and health awareness. Get introduced to OSHA policies, procedures and standards as well as general industry safety and health principles covered in OSHA Part 1910. Students will receive a 10-hour OSHA card after completion. Upon successful completion students will receive the 10-Hour OSHA general safety and health, basic electrical safety, fall protection, ladder and scaffold safety, hand and power tools, material handling and more. OSHA is a registered trademark of the Occupational Safety and Health Administration, U.S. Department of Labor.

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**REAL ESTATE**

**How to Start a Career in Real Estate**

Have you considered getting into the business of real estate and wondered what it takes to be successful? This profession offers one of the widest career opportunities in the business world. From buying and selling homes, office buildings, industrial property and corporation farmland to property management, land development, mortgage banking, urban planning, real estate counseling and appraisal, there are many avenues to explore! Find out about the licensure process to become a real estate agent and starting opportunities in this dynamic field. We'll show you how to build a new career in real estate!

**REAL-715** | 1 session | $23 AGE 60+ | $29 REG

S01 | Th 7-9 p.m. | Jill McCoy

**Small Business Essentials**

**Business Start-Up Skills for Artisans and Crafters**

Are you ready to take your craft or hobby business to the next level? Are you looking to turn your side hustle into a money-making business? You've been developing your talent and finding a demand for your handmade craft or artistic products, but how do you hustle into a money-making business? You've been in business for less than two years. Program is offered in partnership with the Small Business and Technology Development Center.

**BUSST-701** | 2 sessions | $69 AGE 60+ | $69 REG

S01 | W 6-9 p.m. | Mike Ochonicky

**Starting and Managing a Small Business**

Discover the basics of business ownership, planning for success, organizational forms of business, legal and regulatory environment, recordkeeping and information management, marketing, financing and resources. Designed for individuals considering or in the midst of a launching a start-up and/or who have been in business for less than two years. Program is offered in partnership with the Small Business and Technology Development Center.

**BUSST-701** | 2 sessions | $69 AGE 60+ | $69 REG

S01 | W 6-9 p.m. | Mike Ochonicky
SMART HOME TECHNOLOGY

Introduction to Smart Home Technology
Enhance your lifestyle with simple yet sophisticated control of music, video, lights, climate and more. This introductory class explores ways to create a smart home system that can reduce energy consumption, create a more comfortable family living environment and help protect your home against intruders. Note: Literally hundreds of smart home products exist on the market, and while this class will cover concepts and functionality, it may not focus on specific product brands. Smart home technology requires Wi-Fi in the home and a smart phone or tablet and knowledge on how to download apps to the device.

COMP-765 | 1 session | $49 | REG
S01  Sa 9 a.m.-4 p.m.
S02  Sa 9 a.m.-4 p.m.
June 13
June 20
Jean Bradley
Gregory Ray
Gregory Ray
Gregory Ray

SOCIAL MEDIA

NEW! Introduction to Instagram® Credibility
Do you want to separate your business from others on Instagram? Would you like to earn trusted brand status on the platform? Learn how to boost your credibility on Instagram through earned media. Discover ways to properly communicate with earned media sources such as blogs and online magazines about collaborations that can increase your Instagram visibility and rating. Instagram® is a registered trademark of Instagram, LLC.

COMP-742 | 1 session | $24 | REG
S01  Th 6-9 p.m.
S02  Th 6-9 p.m.
June 11
July 16
Sean Bland
Sean Bland

NEW! Introduction to Squarespace® Website Development
Launch your own website using Squarespace®. This course is designed for those who want to enter the digital space. Students will register a domain name and use Squarespace® to design a website of their own. There will be general instruction on template selection and design, with ample time to create freely and ask questions. Domain name, Squarespace® package and G Suite® not included, please bring a credit/debit card to first class for the purchase of ‘40 for these materials. Squarespace is a trademark of Squarespace Corporation. St. Louis Community College Continuing Education courses are independent seminars and neither affiliated with, nor authorized, sponsored or approved by the Squarespace Corporation. All other trademarks are the property of their respective owner.

COMP-745 | 2 sessions | $44 | REG
S01  Tu 6-8 p.m.
July 14 – July 21
Taylor Dalling

PERSONAL COMPUTING

PCs and Technology: Introduction In A Day
Does current technology boggle your mind? Then this class is for you! Build a strong foundation for your computer skills and get familiar with other digital technologies. This course emphasizes hands-on experience using a PC to teach essential concepts and commands and develop user confidence. Basic terms regarding computer hardware, software and current technology are covered, as are basics regarding the use of computers, printers and drives. It’s a class designed for those with little or no computer skills.

COMP-701 | 1 session | 175.50 | REG
S01  Sa 9 a.m.-4 p.m.
S02  Sa 9 a.m.-4 p.m.
June 13
June 20
Jean Bradley
Jean Bradley

Internet Research and Investigations: Public Records
Explore a wide range of public records on the internet, discovering how to uncover real estate records, criminal records, court judgements, marriages, births, deaths and more. Prerequisite: Windows® Introduction class or equivalent experience. Some internet experience helpful.

COMP-742 | 1 session | $34 | REG
S03  Sa 12:30-3:30 p.m.
May 23
Jean Bradley

Internet Research and Investigations: Consumer Information
Does my doctor have a high malpractice rate? Does Grandma's nursing home use restraints more frequently than others? What is the crime rate in my neighborhood? How much did my neighbors pay for their house? Does my contractor have a lengthy list of lawsuits? How do I find free online classifieds? What are the total costs for repair and maintenance on my vehicle? What are the crash test results? What happens if something goes wrong with an online transaction? What recalled products am I still using at home? If you are curious about the answers to any of these questions, then this class is for you. Prerequisite: Windows® Introduction class or equivalent experience. Some internet experience helpful.

COMP-742 | 1 session | $34 | REG
S04  Sa 12:30-3:30 p.m.
June 6
Jean Bradley

Online learning anytime, anywhere with our partner organization... just a click away!

Computers and Business Technology

- QuickBooks®
- Cloud Computing
- Advanced CSS3 and HTML5
- Java Programming
- WordPress

ed2go.com/stlcc

PROFESSIONAL DEVELOPMENT

hOT!

REGISTRATION BEGINS MAY 19 | 314-984-7777 | STLCC.EDU/CE 5
Microsoft® Word® 2016 for Business: Part I
Learn to create professional-looking business documents using this powerful word processing software. Discover how editing and formatting tools are at your fingertips as you work with the toolbar ribbon. Leave with the skills to create a document, format, change styles and fonts, cut/paste, import text and edit a document with confidence. Prerequisite: Windows® Introduction class or equivalent experience. Recommended to bring a flash drive.

COMP-715 | 1 session | $96.50 | AGE 60+ | 129 REG
S01 | F 9 a.m.–4 p.m. | Cris Heffernan
May 29

Microsoft® Access® 2016 in A Day
Learn the basics of Access® in one day! Learn how to plan and design a database system; add, change and delete information; and create simple reports and query the database to find display data. Prerequisite: Windows® Introduction class or equivalent experience. Recommended to bring a flash drive.

COMP-725 | 1 session | $96.50 | AGE 60+ | 129 REG
S02 | Sa 9 a.m.–4 p.m. | Cris Heffernan
Aug. 8

Microsoft® Access® 2016 for Business: Part I
Explore the foundations to plan and design a database system. Learn to create, manage and maintain tables and table relationships. Discover sorting and filtering records within tables. Prerequisite: Windows® Introduction class or equivalent experience. Recommended to bring a flash drive.

COMP-726 | 1 session | $96.50 | AGE 60+ | 129 REG
S01 | F 9 a.m.–4 p.m. | Cris Heffernan
July 17

Microsoft® Access® 2016 for Business: Part II
Gain the skills necessary to enhance your database designs. Work with data normalization, table relationships and join techniques, including inner and outer joins. Learn to query multiple tables for customized reports. Create more complex queries using parameters and action queries. Learn to use more advanced reporting techniques. Prerequisite: Windows® Introduction class or equivalent experience and Microsoft Access 2016 for Business Part I or equivalent experience. Recommended to bring a flash drive.

COMP-727 | 1 session | $96.50 | AGE 60+ | 129 REG
S01 | F 9 a.m.–4 p.m. | Cris Heffernan
July 31

Microsoft® Access® 2016 for Business: Part III
Take your Access databases to the next level by implementing tools such as macros, VBA coding and switchboards to give your user base a fluid Access experience. Discover features to secure your database through options such as front- and back-end splitting, link tables and import/export data. Create forms to intuitively navigate and organize your data. Prerequisite: Access for Business: Parts I and II or equivalent experience. Recommended to bring a flash drive.

COMP-728 | 1 session | $96.50 | AGE 60+ | 129 REG
S01 | F 9 a.m.–4 p.m. | Cris Heffernan
July 31

Microsoft® Excel® 2016 for Business: Part II
Build on previous knowledge and further your spreadsheet skills by creating more complex formulas with a variety of functions. Learn techniques of data management and analyzing your data with lists, tables, common charts, pivot tables and pivot charts. Discover the ease of using range names and conditional formatting. Prerequisite: Microsoft Excel 2016 For Business: Part I class or equivalent experience. Recommended to bring a flash drive.

COMP-729 | 1 session | $96.50 | AGE 60+ | 129 REG
S02 | F 9 a.m.–4 p.m. | Cris Heffernan
June 19

Microsoft® Excel® 2016 for Business: Part III
Continue to expand your Excel® expertise as you manage multiple workbooks and worksheets and build 3D calculations and file linking. Explore the power of the all-important lookup functions and related concepts. Become adept at using formula auditing tools, data validation, and sharing and protecting workbooks. Also, explore the use of major data analysis tools such as scenarios and data tables. Create and edit macros to save you time and create consistency across workbooks. Prerequisite: Microsoft Excel 2016 for Business: Part II or equivalent experience. Recommended to bring a flash drive.

COMP-730 | 1 session | $96.50 | AGE 60+ | 129 REG
S01 | F 9 a.m.–4 p.m. | Cris Heffernan
July 10

NEW! Microsoft Excel® 2016 for Business: Power Pivots
This class will set you on the course to take advantage of one of the most robust Data Analysis tools that Excel® includes. Power Pivots® enable you to create reports, or Data Models, from multiple data sources both in and outside of Excel. You will learn to create and manage relationships, hierarchies, Power Pivot tables and charts. You will also be introduced to creating your own Calculated Columns, Calculated Measures, and Key Performance Indicators. Prerequisite: Microsoft Excel 2016 for Business Part II or equivalent experience with creating single source Pivot Tables. Recommended to bring a flash drive.

COMP-731 | 1 session | $96.50 | AGE 60+ | 129 REG
S02 | M 9 a.m.–noon | Cris Heffernan
July 13

Pizzazz with Microsoft® PowerPoint®
Are you looking for new ways to present dynamic PowerPoint® presentations? Look no more! Master PowerPoint’s features to create engaging, impactful presentations that will make your presentations shine!

COMP-765 | 2 sessions | $144 | AGE 60+ | 99 REG
S06 | Tu 6:30–8:30 p.m. | Patrick McGuirk
June 2 – June 9

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Adobe® Photoshop® CC: In a Day Workshop
Explore the basics of Photoshop in a day! Learn how to manipulate digital images from a digital camera, previously scanned images, or internet graphics. Topics include layers, history, the clone stamp, spot healing brush tool and content-aware fill, transformations and the difference between destructive and non-destructive editing. Work hands-on with a wide variety of images. Prerequisite: Windows® Introduction class or equivalent experience.
CVTW-704 | 1 session | 102.50 AGE 60+ | 149 REG
S09 F 9 a.m.-4 p.m. | Zak Zych
June 5

Adobe® Photoshop® CC: The First Step
Through a series of lectures and tutorials—each lasting about an hour—the workshop may cover (but is not limited to) how to create, copy, transform and manage layers, how to combine layers into groups, transferring content from one document to another, traveling backwards and forwards through Photoshop time, controlling the magnification of your document, crafting selections with the marquee tool, the quick selection tool, the magic wand and the select color range feature, transformations, making adjustments both destructively and non-destructively, simple color alterations via adjustment layers and an introduction to the power of the clone stamp.
CVTW-704 | 1 session | 99 AGE 60+ | 139 REG
S05 F 8:30 a.m.-4:30 p.m. | Zak Zych
June 5

Adobe® Photoshop® CC: Introduction
Learn how to manipulate digital images from a digital camera, previously scanned images or internet graphics. Topics include layers, history, clone stamp, spot healing brush tool and content-aware fill, quick selection tool, magic wand and color range, transformations, and difference between destructive and non-destructive editing. Work hands-on with a wide variety of images. Prerequisite: Windows® Introduction class or equivalent experience. This course meets the curriculum requirements of the Digital Photography Essentials Program.
CVTW-704 | 4 sessions | 102.50 AGE 60+ | 149 REG
S04 M 6-9 p.m. | Zak Zych
June 1 – June 22
S11 W 6-9 p.m. | Zak Zych
June 3 – June 24

Adobe® Photoshop® CC: Intermediate
Picking up right where the introductory class left off, topics but your understanding of the histogram, exposure adjustments, smoothing wrinkles and brightening teeth, changing the size of your image and canvas, crop tool and blending modes. Students work hands-on with a wide variety of images. Prerequisite: Adobe Photoshop® Introduction class. This course meets the curriculum requirements of the Digital Photography Essentials program.
CVTW-704 | 4 sessions | 110.50 AGE 60+ | 149 REG
S03 M 6-9 p.m. | Zak Zych
June 29 – July 20

Adobe® Photoshop® CC: Advanced
This advanced course builds on skills learned in the beginning and intermediate classes. Topics may include but are not limited to coordinating adjustment layers with layer masks, smart objects, blurring and sharpening, and shadows and highlights. Students work hands-on with a wide variety of images. Prerequisite: Adobe Photoshop Intermediate class. This course meets the curriculum requirements of the Digital Photography Essentials program.
CVTW-704 | 4 sessions | 110.50 AGE 60+ | 149 REG
S02 M 6-9 p.m. | Zak Zych
July 27 – Aug. 17

Adobe® Photoshop® CC: Masking Workshop
This one-day workshop builds upon techniques learned in Adobe Photoshop CC with focus on refining selections, quick masks, layer masks and channels. Also learn how to non-destructively conceal a portion of an image and blend multiple photos into a single composite.
CVTW-704 | 1 session | 103 AGE 60+ | 139 REG
S06 F 9 a.m.-4 p.m. | Zak Zych
June 12

Adobe® Photoshop® CC: Image Size Workshop
When you download an image from your camera or the internet, what is it good for? At what size can you print it? How would it appear uploaded to your website or Facebook? Learn the ins and outs of image and canvas size, all the cool things that can be done with the crop tool, and how to control the size of a photo via the save for the web command.
CVTW-704 | 1 session | 103 AGE 60+ | 139 REG
S07 F 9 a.m.-4 p.m. | Zak Zych
June 19

Adobe® Photoshop® CC: Blending Modes Workshop
Discover efficient and powerful ways to use layers and blending modes to colorize black and white photos; brighten, darken and add contrast to pictures; and how to take an otherwise pedestrian image and give it lots of extra visual interest!
CVTW-704 | 1 session | 73.50 AGE 60+ | 99 REG
S08 F 10 a.m.-3 p.m. | Zak Zych
June 26

Adobe® Lightroom® Classic
Explore the basics of Lightroom® Classic, a powerful desktop-focused software used to organize and bring out the best in your digital photography. Learn how to leverage its end-to-end photographic workflow, designed for both amateur and professional photographers.
CVTW-701 | 1 session | 99 AGE 60+ | 139 REG
S01 Sa 8:30 a.m.-4:30 p.m. | Charles LaGarce
Aug. 15

Adobe® InDesign® CC: The First Step
Gain understanding and skill in utilizing InDesign. Be prepared for an intensive hands-on learning experience.
CVTW-704 | 1 session | 99 AGE 60+ | 139 REG
S01 F 8:30 a.m.-4:30 p.m. | Timothy Linder
June 19

Adobe® InDesign® CC: The Second Step
Don’t know the best way to set up your brochure or multi-page document? Learn how to optimize your page setup for better productivity. Modern typesetting techniques including examples from the top magazines show you how to elevate your document while an introduction to style sheets helps you keep your work looking consistent and professional.
CVTW-702 | 1 session | 189 AGE 60+ | 139 REG
S02 F 8:30 a.m.-4:30 p.m. | David Haley
June 26

Adobe® After Effects®: The First Step
Gain understanding and skill in utilizing After Effects to create motion graphics. We focus on learning the interface in After Effects, putting graphics in motion and rendering finished movie and animation projects. Participants will also explore a workflow between Photoshop and After Effects. Be prepared for an intensive hands-on learning experience.
CVTW-704 | 1 session | 99 AGE 60+ | 139 REG
S01 F 8:30 a.m.-4:30 p.m. | Timothy Linder
June 19

Adobe® After Effects®: The Next Step
Now that you know the basics of adding assets and keyframing motion in After Effects, investigate more advanced techniques. Get a deeper understanding of options in the effects panel and other topics including background keying, motion tracking and the 3D workspace. Be prepared for an intensive, hands-on learning experience.
CVTW-704 | 1 session | 99 AGE 60+ | 139 REG
S02 F 8:30 a.m.-4:30 p.m. | Timothy Linder
June 26
AGELESS LEARNING SEMINARS

NEW! What Makes Switzerland Unique: History, Culture, Army Knives
Discover this armed neutral country with four national languages that has become a symbol for international peace, despite the requirement that every adult Swiss male keep a rifle ready to defend the country. Delve into Swiss history, sports, culture, wine and food (though we will not talk about Swiss cheese because there is no Swiss cheese in Switzerland). Program is free but registration is required.

SENR-702 | 1 session | NO FEE
S01 F 10-11:30 a.m. Douglas Schneider
June 5
S11 W 10-11:30 a.m. Douglas Schneider
July 22

NEW! Route 66: Bringing a Dead Highway Back to Life
Route 66 carried job seekers, dust bowl migrants, and Disneyland tourists westward until the Interstate Highway System emptied it of traffic. Though the federal government wiped Route 66 off the map in 1985, it remains the most famous road in the world, largely due to innovators who brought Route 66 to life — person by person, building by building, town by town. Program is free but registration is required.

SENR-702 | 1 session | NO FEE
S02 Th 10-11:30 a.m. Douglas Schneider
June 11

NEW! St. Louis: The City That Makes and Loves Ice Cream
Yes, St. Louis introduced the ice cream cone to the world in 1904. We even have an ice cream cone sculpture. In this 21st century, St. Louis boasts more ice cream options than ever with many establishments crafting their own icy treats right before your eyes. And the many choices available to St. Louisans today.

SENR-702 | 1 session | NO FEE
S06 F 10-11:30 a.m. Douglas Schneider
July 10
S12 Tu 10-11:30 a.m. Douglas Schneider
July 28

We have more! Continue exploring the history of St. Louis and beyond on page 12.

PERSONAL ENRICHMENT
Add variety to life | Enjoy a creative outlet | Improve your sense of wellbeing | Forge new friendships

AGELESS LEARNING

HOME, NATURE AND GARDEN

DIY Home Inspections
Considering buying or selling a home in the near future? Learn to perform your own unofficial inspections to save money, time and headaches by spotting costly repairs before you get to the contract stage! Topics include reasons for home inspections, what home inspectors look for, home inspection reports, how to choose a home inspector and the different types of inspections.

HOME-765 | 1 session | NO FEE
S02 W 7-9 p.m. Troy Galloway
June 10

DIY Home Inspections
Considering buying or selling a home in the near future? Learn to perform your own unofficial inspections to save money, time and headaches by spotting costly repairs before you get to the contract stage! Topics include reasons for home inspections, what home inspectors look for, home inspection reports, how to choose a home inspector and the different types of inspections.

MASTER NATURALIST

All About Herbs
Now is the time to plan for your summer garden! Whether just starting or expanding an herb garden, you'll learn about soil conditions, fertilizing and the optimal placement for growth. Learn the best advice from master gardener Mike on how to plant, maintain and harvest an herb garden. Plus, receive tips on using herbs in and around your home as well as the best way to freeze and preserve herbs for future use.

MHC-701 | 1 session | NO FEE
S01 Th 6-8 p.m. Mike Ochonicky
June 18

Soil and Composting: Get the “Dirt” on Successful Gardening
The first step in successful gardening is working from the ground up. Learn the “dirt” on successful gardening with easy-to-understand information on soil types, practical tips on preparation and the “how-to” and benefits of composting for your home garden. A beneficial class for both beginning and experienced homeowners.

HORT-709 | 1 session | NO FEE
S01 Th 7-9 p.m. Mike Ochonicky
June 25

Indoor Composting: Make and Take a Bokashi Bucket
Don't throw away those scraps...up to 20% of household trash can be composted! The bokashi bucket system, which can be used year-round, is quick, convenient and produces no household odors. In this hands-on program, construct and learn to maintain an indoor composting system capable of decomposing food and house plant trimmings for a family of four in a space-saving bokashi system, effective microorganisms transform all types of kitchen waste into a nutrient-rich soil amendment. Class offered in partnership with the Missouri Botanical Garden Earthways Center. Registration deadline 7/14. Supply list will be sent.

ECOL-704 | 1 session | NO FEE
S01 Tu 7-8:30 p.m. MO Botanical Gardens
July 28
**CREATIVE ARTS**

**FINE ARTS**

**Drawing: Beginning/Intermediate**
Beginning students learn the tools, materials, and visual and artistic perception essential to drawing. Returning students continue to sharpen skills through class projects or independent work. Drawing fundamentals such as line, perspective, value and composition are covered. Students will use pencil, Conte crayon and charcoal. Supply list sent.

**ARTS-709 | 5 sessions | ’36.50 AGE 60+ | ’73 REG**

**S02**
W 6-9 p.m.  
**Lisa Payne**  
**June 3 – July 1**

**Oil or Acrylic Painting: All Levels**
Explore oil paint's richness or acrylic's speed in a class that covers color theory, artistic perception, composition and paint mixing/application. Progress at your own rate with individualized instruction as you learn techniques to enhance painting skills. Supply list sent. Bring supplies to first class. Water-based oils are the only type allowed in the classroom.

**ARTS-740 | 5 sessions | ’68.50 AGE 60+ | ’73 REG**

**S01**
Tu 6-9 p.m.  
**May 26 – June 23**

**S04**
MW 1-4 p.m.  
**July 6 – July 29**

**PHOTOGRAPHY**

**Event Photography: Sports, Concerts, Weddings and More**
Learn how to shoot events as a participant – not an observer – and create images that put your audience at the center of the action. Discover how to pick the best lens for each event, choosing from wide angle, normal, portrait or telephoto. Explore how professionals harness natural light to achieve great images and master the basics of bounce flash to get expert results with just one light. Learn how to use a shot list to ensure that you capture all the images that each job requires. Get acquainted with legendary field photographers and learn how to put their techniques to work for you. Field trips required on own; details to be announced in class. Prerequisite: Digital Photography: Introduction or equivalent experience. Bring digital camera to first class. Course meets the curriculum requirements for Digital Photography Essentials Program.

**PHOT-765 | 4 sessions | ’72 AGE 60+ | ’99 REG**

**S01**
W 6:30-9 p.m.  
**June 3 – June 24**

**S02**
M 6:30-9 p.m.  
**June 29 – July 20**

**Nature and Outdoor Photography**
Improve outdoor nature and photography skills and expand your creativity in this class. Transform your work with thorough instruction coupled with classroom sessions and image critiques. Learn what makes a great photo, the techniques required and the tips and tricks professional photographers use. Complete weekly assignments and bring photos to each class for critique. Field trips required on own; details to be announced in class. Prerequisite: Digital Photography: Introduction or equivalent experience. Bring digital camera to first class. Course meets the curriculum requirements for Digital Photography Essentials Program.

**PHOT-708 | 4 sessions | ’72 AGE 60+ | ’99 REG**

**S01**
M 6:30-9 p.m.  
**June 1 – June 22**

**S02**
W 6:30-9 p.m.  
**July 1 – July 22**

**Photography Essentials Program**
If taking pictures is your passion and you have artistic flair, the Digital Photography Essentials Program from STLCC will help you build new skills, focus on your strengths and learn the tricks of the trade necessary to take your passion to the next level.

Six (6) photography classes and three (3) additional Photoshop® classes meet the curriculum requirements of the program:

- Three (3) Core Classes
- Three (3) Field Classes
- Three (3) Photoshop® Classes

(see page 7 for courses)

Upon successful fulfillment of the program requirements, candidates must contact the Continuing Education office to initiate a transcript review. If approved, a Continuing Education certificate will be granted. At the completion of all nine required courses, call 314-984-7777 or email CEdropbox@stlcc.edu.

Photography classes may be taken individually or as part of the program.

**Please SHARE YOUR PHOTOS!**

Have great pics of your continuing education classes and creations? Please share your experiences with the STLCC Continuing Education (CE) community! When you post on Facebook, Instagram or Twitter, be sure to use #stlccCE or @stlccCE. Your photo could be included in a future issue of the CE catalog… with your permission and recognition, of course! We can't wait to see your photos.
MUSIC

Beginning Music Theory
Music is present in many aspects of life, but what actually defines music? Learn about time and key signatures, notes, rhythms and more. Bring required text to first class: "Fundamentals of Piano Theory, Preparatory Level" ISBN 978-0849762536. Additional online music program will be discussed for more advanced learning at home. Cost of program is not included in course fee.

MUSC-701 | 6 sessions | $49.50 AGE 60+ | $79 REG
S01 Tu 3:30-5:25 p.m. | June 9 – July 14

Beginning Guitar
Offered for students who have never played guitar and have no background in music, this class covers tuning, changing strings, how to select a new guitar and a brief history of the instrument. Learn to play first position and open position chords, simple scales, melodies and right hand strumming techniques; tabulation and guitar notation are introduced. Must provide own acoustic guitar and extra set of strings. Bring required text to first class: "Everybody’s Guitar Method, Book 1" ISBN 978-1569392812. Additional online music program will be discussed for more advanced learning at home. Cost of program is not included in course fee.

MUSC-705 | 6 sessions | $37 AGE 60+ | $59 REG
S01 Tu 7:30-9 p.m. | June 9 – July 14

Advanced Beginning Guitar With Ensemble Music
Learn basic theory and how to perform ensemble music in this dynamic class that explores various genres through group and independent practice. Prerequisite: basic ability to play the guitar. Acoustic guitars only. Bring required texts to first class: "Everybody’s Guitar Method, Book 1" ISBN 978-1569392812, "Everybody’s Guitar Method, Book 2" ISBN 978-1569393956. Additional online music program will be discussed for more advanced learning at home. Cost of program is not included in course fee.

MUSC-705 | 6 sessions | $49.50 AGE 60+ | $79 REG
S03 Th 7:30-9:30 p.m. | June 11 – July 16

Beginning Piano
In this enjoyable, relaxed approach to the piano, learn the letter names of notes and where they are on the keyboard, simple chords to accompany melodies, easy rhythm patterns and pedals. Bring required text to first class: "Play Piano Now! Alfred’s Basic Adult Piano Course, Book 1" ISBN 978-0739000687. Additional online music program will be discussed for more advanced learning at home. Cost of program is not included in course fee.

MUSC-710 | 6 sessions | $49.50 AGE 60+ | $79 REG
S01 Tu 5:30-7:25 p.m. | June 9 – July 14

Advanced Beginning Piano
Learn more advanced rhythms (dotted rhythms and triplets), major chords and their functions, staccato playing, major scales and exercises, and expression marks and phrasing. Songs are played in major keys and pop music is introduced. Review provided at course beginning, if needed. Prerequisite: Basic knowledge of keyboard and letter names of notes. Choose from the following texts depending on skill level and bring to first class: "Play Piano Now! Alfred’s Basic Adult Piano Course Book 2" ISBN 978-0739012018, "Alfred’s Basic Adult All-in-One Course, Level 2" ISBN 978-0882849959, or "Alfred’s Basic Adult All-in-One Course, Level 3" ISBN 978-0739000687. Additional online music program will be discussed for more advanced learning at home. Cost of program is not included in course fee.

MUSC-711 | 6 sessions | $49.50 AGE 60+ | $79 REG
S01 Th 5:30-7:25 p.m. | June 11 – July 16

WRITING

WordPress® for Writers: Easy Website Design for Online Publishing
Looking for a place to share your poetry, essays, short stories and other creative works with the world? Why not design the perfect online forum yourself with WordPress, which draws more than 409 million people who view 15.5 billion pages each month? WordPress is one of the world’s most popular Web design tools because it is free, easy to use and produces professional results. In fact, WordPress sites are so pro that you can even use them as an online hub for marketing your work to journals, magazines and other places. Bring your text to first class: "Everybody’s Guitar Method, Book 1" ISBN 978-1569392812, "Everybody’s Guitar Method, Book 2" ISBN 978-1569393956. Introduction class or equivalent experience. Students must have a generic email account through Gmail®, Yahoo! or Hotmail and know this email address and password. Students are advised to bring their laptop or tablet computer to class. WordPress is a registered trademark of the WordPress Foundation. Windows is a trademark of Microsoft Corporation. St. Louis Community College Continuing Education courses are independent seminars and neither affiliated with, nor authorized, sponsored or approved by Microsoft Corporation. All other trademarks are the property of their respective owner.

WRIT-704 | 1 session | $37 AGE 60+ | $55 REG
S01 Sa 9 a.m.-3 p.m. | June 20

We have more! Looking for additional web classes? See page 5.

Grammar You Should Know
After graduating from high school and even college, many of us still have gaps and lapses in our grammar and spelling. Bring required text to first class: "Play Piano Now! Alfred’s Basic Adult Piano Course, Book 1" ISBN 978-0739000687. Additional online music program will be discussed for more advanced learning at home. Cost of program is not included in course fee.

MUSC-705 | 6 sessions | $37 AGE 60+ | $59 REG
S01 Tu 7:30-9 p.m. | June 9 – July 14

Boot Camp for Writers
Do you have an idea for a fiction or nonfiction story or a memoir but are struggling to get started? Are you working on a project but need feedback as you go? With weekly assignments and guided in-class critiques, start writing, stay writing or improve the writing you already do. All genres are welcome. If you have a work-in-progress, bring copies to share for peer review.

WRIT-704 | 4 sessions | $52 AGE 60+ | $89 REG
S02 Tu 6:30-9:30 p.m. | June 4 – 25

Publishing a Chapbook
Have your creative work included in a group chapbook created just for this course. Arrive to the first class with a rough draft of your story, poem, essay or at least an idea of what you wish to work on for the publication. We will polish our individual works, design the book and enjoy a printed copy of the finished compilation. Class fee includes one copy of book per student with additional copies potentially available.

WRIT-704 | 6 sessions | $48.50 AGE 60+ | $139 REG
S04 Tu 6:30-9:30 p.m. | June 30 – Aug. 4

Unleashing the Writer Within
Every one of us has a special story to tell, but it can be hard in this busy, modern world to access that creativity. In this class, we’ll peel away the familiar outer layers of doubt, distraction and writer’s block. We’ll get to the core of what we’re actually trying to say, and learn to say it with language that is irreplaceably unique to each of us. When the writer within is unleashed, the words will come freely and the stories we need to tell will finally occur to us. While not a class requirement, those interested in sharing their work will receive the benefit of a thorough, productive critique from the instructor and fellow students. You’ll need to make copies of your work to share.

WRIT-701 | 4 sessions | $52 AGE 60+ | $89 REG
S01 M 7-9:30 p.m. | Jordan Oakes June 1 – 22

Online

Journaling for Writers
While journals can contain to-do lists, diary entries and much more, for writers, they often include a section devoted to ideas and inspiration. A writer’s bullet journal might also contain a plan to transform their plans into concrete projects. Whatever your goals as a writer, a bullet journal can kick start your creativity, your career or both. All you need to get started is any blank notebook, your favorite writing implements and an open mind.

WRIT-710 | 1 session | $37 AGE 60+ | $55 REG
S02 Sa 9 a.m.-3 p.m. | Charlene Oldham July 13

Online

Mining Your Soul Story
Our minds record the sum of our experiences, and writing helps extracts events, allowing us to see a situation and our reaction as two separate things. Using various prompts, reflective journaling time and shared conversation, receive tools for mining and writing your own soul story. This workshop is intended for everyone, whether you are new to writing or a long-time journal writer.

WRIT-710 | 3 sessions | $43.50 AGE 60+ | $65 REG
S03 Sa 9:30 a.m.-3 p.m. | Mary Eigel July 11 – 25

Online

Remastering the Writing Process
Writing an essay, novel or any sort of long work comes in steps. From the beginnings of a brainstorm to sharing the finished work, the writing process can seem long, daunting and nearly impossible. In this three-session study, explore the path to publication while meeting all the requirements for finished work. Learn how to write an outline, edit and revise, and get down to the details of the description. Your writing will benefit from all of the grammar-learning opportunities this class offers.

WRIT-706 | 3 sessions | $43.50 AGE 60+ | $65 REG
S02 Th 6:30-8:30 p.m. | Elliott Laurence July 23 – Aug. 6

Online

Freelancing for Fun and Profit
Interested in earning money by sharing news or knowledge through the written word? Learn how to develop ideas and mold them into pieces fit for newspapers, consumer magazines, trade magazines, blogs, online magazines and more by covering some of the basics of reporting, writing and selling stories. No matter what your interests or expertise, learn how to identify markets, write query letters, research and interview and write articles that will get you published for profit. Bring recent copies of your favorite publications as well as any original story ideas you’d like to see in print.

WRIT-722 | 1 session | $37 AGE 60+ | $55 REG
S01 Sa 9:30 a.m.-3 p.m. | Charlene Oldham July 13

Online
Spanish for the Traveler

FLSP-716 | 8 sessions | $60 | 99 REG
S01 W 4-6 p.m. | Maria de la Garza
June 3 – July 22
S02 W 7-9 p.m. | Timothy Neckermann
July 1 – Aug. 19

Spanish Language: Beginning I

FLSP-717 | 8 sessions | $60 | 99 REG
S03 M 4:30-6:30 p.m. | Timothy Neckermann
June 29 – Aug. 17
S05 Tu 4-6 p.m. | Maria de la Garza
June 2 – July 21

Spanish Language: Beginning II
Continue to increase your knowledge of the Spanish language including speaking, grammar and vocabulary. Concentration will be on oral use of the language in everyday situations. Prerequisite: Spanish Language: Beginning I or equivalent experience. Bring required texts to first class: “Spanish is Fun: Book 1” ISBN 978-1634199285 and “Spanish is Fun: Book 1 Companion Workbook” ISBN 978-1531106331.

FLSP-718 | 8 sessions | $60 | 99 REG
S03 W 4:30-6:30 p.m. | Timothy Neckermann
July 1 – Aug. 19
S04 Th 4:30-6:30 p.m. | Timothy Neckermann
July 2 – Aug. 20

Spanish Language: Beginning III
Continue to increase your knowledge of the Spanish language including speaking, grammar and vocabulary. Concentration will be on oral use of the language in everyday situations. Prerequisite: Spanish Language: Beginning II or equivalent experience. Bring required texts to first class: “Spanish is Fun: Book 1” ISBN 978-1634199285 and “Spanish is Fun: Book 1 Companion Workbook” ISBN 978-1531106331.

FLSP-719 | 8 sessions | $60 | 99 REG
S01 Tu 4:30-6:30 p.m. | Timothy Neckermann
June 30 – Aug. 18

Spanish Language: Intermediate I
Review basic grammar and sentence structure, and improve your Spanish conversation skills through everyday vocabulary and situations. Aspects of Latino culture will be introduced and highlighted as topics of conversation throughout class. Prerequisite: Spanish Language: Beginning III or equivalent experience. Bring required texts to first class: “Spanish is Fun: Book 2” ISBN 978-1629746708 and “Spanish is Fun: Book 2 Companion Workbook” ISBN 978-1629746654.

FLSP-720 | 8 sessions | $60 | 99 REG
S01 M 7-9 p.m. | Timothy Neckermann
June 29 – Aug. 17
S02 Th 7-9 p.m. | Timothy Neckermann
July 2 – Aug. 20

Spanish Language: Intermediate II
Review basic grammar and sentence structure, and improve your Spanish conversation skills through everyday vocabulary and situations. Aspects of Latino culture will be introduced and highlighted as topics of conversation throughout class. Prerequisite: Spanish Language: Intermediate I or equivalent experience. Bring required texts to first class: “Spanish is Fun: Book 2” ISBN 978-1629746708 and “Spanish is Fun: Book 2 Companion Workbook” ISBN 978-1629746654.

FLSP-721 | 8 sessions | $60 | 99 REG
S02 Tu 7-9 p.m. | Timothy Neckermann
June 30 – Aug. 18

NEW Advanced Spanish Reading
Increase your Spanish vocabulary and comprehension by reading and discussing a book that richly portrays Spanish culture and personal journeys, “Senderos fronterizos” by Francisco Jiménez, the author’s teenage recollection of emigrating to America and the challenges he and his family faced through poverty and prejudice. Prerequisite: Spanish Conversation: Advanced I or equivalent experience. Bring required text to first class: “Senderos fronterizos” ISBN 978-0618226184, available online.

FLSP-765 | 8 sessions | $60 | 99 REG
S01 Th 6-8 p.m. | Maria de la Garza
June 4 – July 23

We have more! Planning your next adventure? See “Tours and Trips” on page 12.

Chinese for First Timers
Explore an ancient culture and language with this class for beginners. Class introduces pronunciation, greetings, basic sentences and the Pin Yin system. No text required.

FCLH-714 | 4 sessions | 39.50 | AGE 60+ | 59 REG
S01 M 7-9 p.m. | John Yeh
July 20 – Aug. 10

German for the Traveler
Enjoy an easy and practical introduction to the German language. Learn survival phrases and how to read signs and menus, transportation schedules and more! Explore cultural differences and be prepared to enjoy your adventure in Germany with this jump-start course for smart travelers! Recommended text: “Berlitz German Phrase Book & Dictionary” ISBN 978-1780045016.

FLGE-716 | 8 sessions | 39.50 | AGE 60+ | 59 REG
S01 Tu 6-8 p.m. | Ann Nufer-Cotter
June 16 – July 7

Do you have a hobby, talent, skill or area of expertise that you would like to teach to others? We are looking for instructors for the following topics, and welcome ideas for new classes:

- Non-Profit Development
- Foreign Languages
- Folk/Ethnic Dance
- Nature
- Computers & Personal Technology
- Smart Home Technology
- Android™ Phone
- Résumé Writing

Ready to share your love of learning by teaching a Continuing Education (CE) course?

Learn more at stlcc.edu/teachforCE
The Mystique of Route 66 in Missouri

Missouri, and especially St. Louis, was a hotbed of suffragette activity in the 19th and 20th centuries. Take a journey from the movement-energizing Civil War to the 19th amendment, which granted women the ballot nationwide in 1920. Discover what happened once Missouri women got the vote as we celebrate the centennial of its ratification.

HIST-708 | 1 session | 14 AGE 60+ | 19 REG
S01 Th 7-8:30 p.m. Douglas Schneider
June 4

NEW! The Founding of St. Louis in 1764

Founders Pierre Laclède and Auguste Chouteau had a difficult decision when choosing where to locate St. Louis in 1764. Explore their decisions Family Feud-style. Students are divided into two families, the Laclèdes vs. the Chouteaus, as Doug shows how these decisions shaped St. Louis in the four decades leading up to the Louisiana Purchase.

HIST-708 | 1 session | 14 AGE 60+ | 19 REG
S02 Th 7-8:30 p.m. Douglas Schneider
June 18

New! How Missouri Women Got the Vote

It is said that the postal service is what united the United States. Enjoy an overview of the U.S. Postal Service in St. Louis, tracing its history from before Missouri became a state to present day. Features a visual tour of select St. Louis area post offices with unique qualities. Instructor will discuss the first transcontinental mail route which started in St. Louis and ended in California.

HIST-708 | 1 session | 14 AGE 60+ | 19 REG
S02 Th 7-8:30 p.m. Douglas Schneider
June 4

New! Put a Stamp on It: The Postal Service in St. Louis, 1804-Present

Route 66 has become much more than a fond American memory in the years since its decline. From Sir Paul McCartney cruising Route 66 for his 66th birthday to a Route 66-themed nightclub in Thailand, find out why this highway has captured the imagination of so many around the world. Explore the mystique of Route 66 and discover locations near St. Louis where Route 66 is still alive today.

HIST-708 | 1 session | 14 AGE 60+ | 19 REG
S03 Th 7-8:30 p.m. Douglas Schneider
July 9

The Mystic of Route 66 in Missouri

Route 66 has become much more than a fond American memory in the years since its decline. From Sir Paul McCartney cruising Route 66 for his 66th birthday to a Route 66-themed nightclub in Thailand, find out why this highway has captured the imagination of so many around the world. Explore the mystique of Route 66 and discover locations near St. Louis where Route 66 is still alive today.

HIST-708 | 1 session | 14 AGE 60+ | 19 REG
S04 Th 7-8:30 p.m. Douglas Schneider
July 23

American Musical Theater: From Show Boat to Hamilton

From Show Boat and West Side Story to Company and Dear Evan Hansen, enjoy a fast-paced and entertaining look at the history of American musical theater through viewing video clips of musical numbers from stage, concert and film versions of musicals, plus in-class commentary by the instructor. Discover the importance of 21 significant shows in this expansive look at the history of musical theater led by a musical theater director, performer and teacher.

HIST-765 | 3 sessions | 25 AGE 60+ | 39 REG
S02 W 6:30-8:30 p.m.
July 8 – July 22
Ken Ross
Online

CLOSE ENCOUNTERS OF THE EUROPEAN KIND

Are you planning a trip to Europe but want to be better prepared for your trip? Looking for more interesting travel excursions? Learn the ins and outs of international European adventures from a seasoned traveler, laughing as you learn the do’s and don’ts for a truly memorable trip experience.

TRIP-703 | 1 session | 21 AGE 60+ | 29 REG
S04 W 6:30-8:30 p.m. Mike Ochonicky
June 24

Planning Your Family Adventure

Looking for advice on planning a family trip? Are you looking for meeting everyone’s needs and getting the most value for your dollar. Learn how to navigate internet travel sites, avoid scams and arrive at your destination with a smile on everyone’s face! Also learn the ins and outs of trans issues and explore how these issues are relevant to you in your communities. Leave class with a new understanding and a list of resources.

TRIP-703 | 1 session | 29 AGE 60+ | 29 REG
S01 Sa 10 a.m.-noon Are We There Yet?
June 27

Tips for the Solo Traveler

Going solo does not mean going alone! Learn about groups to join, independent booking sites, cruise lines with no single supplement, private guides and how to safely navigate cities. Also learn the ins and outs of using VRBO, hostels and AirBnB. Planning Your Family Adventure

TRIP-703 | 1 session | 29 AGE 60+ | 29 REG
S02 M 6:30-8:30 p.m. Are We There Yet?
June 29

We have more! Prepare for your next trip by learning a new language! See page 11.

VIAJAR A CUBA

Study Abroad: March 13 – 20, 2021

Immerse in Cuban culture and deepen your understanding of the nation and its educational system in this experiential learning travel expedition. Be sure to register early; group size is limited. Includes roundtrip airfare between St. Louis and Havana, hotel, transfers, visa, insurance, tuition, tours and some meals. Must be 18 or older and have a valid US passport. Students will be expected to attend two pre-departure orientations to discuss logistics, itinerary, safety, security, responsibilities and a general overview of Cuba.

$2,900 (estimated)

To learn more about this and other study abroad opportunities, visit stlcc.edu/StudyAbroad or email Chris Sulincevski at cslincevski@stlcc.edu.
FINANCE AND INVESTMENTS

Tax and Estate Planning
Uncover long-term, multi-generational tax strategies aimed at saving significant money through retirement and beyond. New tax law changes of 2018 have significantly impacted the tax strategies many pre-retirees can utilize to maximize their income, pay less taxes over the course of their lives, and pass their estate on as efficiently as possible. Examine those changes and take a dive into qualified versus non-qualified monies, insurance, wills and trusts, and advanced tax strategies to maximize your long term plan.

FINC-710 | 1 session | 55 AGE 60+ | 35 REG
S01 Thu 6-8 p.m. Andrew Hall
June 11

Social Safety
Do you like to travel? Are you socially connected on the internet? Do you leave your home unattended? In this interactive class led by a private investigator, learn the do’s and don’ts of social behavior and how to recognize con games and dangerous situations. Includes open discussion about situations you have experienced and scenarios of possible risk.

FINC-765 | 1 session | 21.50 AGE 60+ | 29 REG
S01 Sa 10 a.m.-noon Cheryl Ring Mantinband
June 6

Understanding the Secure Act
The new Secure Act Legislation passed in 2019 changed how retirement, estate and tax plans work. The law not only affects current employer-sponsored savings plans, but more importantly impacts access to lifetime savings and the taxation of funds. Learn the ins and outs of the act and strategies to help keep liquidity, use and control over money while mitigating taxation.

FINC-765 | 1 session | 29 AGE 60+ | 29 REG
S02 Tu 6-8 p.m. Andrew Hall
June 9

Understanding Wall Street
Understanding how stocks, bonds, mutual funds and the various financial vehicles of Wall Street function are essential to a solid financial backbone. Learn what these vehicles are, how they work, and separate fact from fiction when it comes to fueling your retirement fire. Discussion includes how taxes and fees woven into these vehicles can affect your bottom line. Gain an overview of differences between stocks, bonds and mutual funds; tax considerations (the ultimate loophole); fees; common financial myths; how to overcome obstacles in order to create wealth; and ways exit strategies can affect your legacy.

FINC-765 | 1 session | 29 AGE 60+ | 29 REG
S03 Th 6-8 p.m. Andrew Hall
June 18

Identity Theft Seminar
If you use a credit card, have a checking account, or use the internet, it is important to be aware of the latest scams. It can take months and cost more than $1,000 to recover and clean up your identity and credit, but only two hours to learn how to prevent it. Through this informative example-based class, learn why people lie; how to detect deception and scams; what to do if you become a victim; and free investigative resources to use at home. Don’t get scammed!

FINC-765 | 1 session | 21.50 AGE 60+ | 29 REG
S04 Sa 10 a.m.-noon Cheryl Ring Mantinband
July 18

REAL ESTATE

Home Selling: Your Guide to a Successful Sale
If you’ve never sold a home before—or even if you have, but it’s been a while—it’s important to know your marketing options. Learn what to expect from the home selling process, ways to add impact and value to your home for top-dollar offers, how to use knowledge of competition in your area to determine a realistic selling price, the pros and cons of “for sale by owner” and how to find the right agent to sell your house. In one evening, learn insider tips that can get you the best deal for your home!

REAL-702 | 1 session | 19 AGE 60+ | 25 REG
S01 Th 7-9 p.m. Jill McCoy
June 18

The Upside of Downsizing
We accumulate a lot of things over the years, but eventually the extra stuff needs to go! Whether it’s choosing a simpler lifestyle, empty-nesting or entering independent living, downsizing can seem overwhelming in the beginning. Which comes first, getting rid of clutter or getting organized? Listing the house or finding your new home? From paring down the excess to moving to a smaller space, let us help you explore the upside of downsizing!

REAL-765 | 1 session | 13 AGE 60+ | 19 REG
S01 Th 7-9 p.m. Jill McCoy
June 11

Leveling Up: Buying vs. Renting, Millennial Edition
Are you a renter who has #goals of buying a home? Hangry for a change but don’t know where to start? Geared toward millennials, join a real estate professional to evaluate the relative costs, benefits and drawbacks of owning versus renting your home to find the best option for your living situation and lifestyle!

REAL-765 | 1 session | 13 AGE 60+ | 19 REG
S02 Th 7-9 p.m. Jill McCoy
July 23

Buying a Home? Top Home Buying Mistakes to Avoid
“<only if we had known... “ is the sad tale of too many home buyers. Purchasing a home is the largest investment you’ll ever make. Discover home buying mistakes to avoid and the inside scoop to avoid surprises at closing. Learn what you should know before you purchase, what to expect throughout the process, strategies to obtain the best value, the importance of understanding contracts you sign, getting the right inspections before closing the deal and how to safeguard yourself in any market.

REAL-701 | 1 session | 19 AGE 60+ | 25 REG
S01 Th 7-9 p.m. Jill McCoy
June 25

Real Estate Investing for Income
True financial wealth is about having the unearned income to finance your life goals without having to work. Based on July 2018 data from the National Council of Real Estate Investment Fiduciaries (NCREIF), private market commercial real estate returned an average of 9.85% over the past five years. The key is to understand what you are buying by having solid knowledge and a good plan. Find out how to plan your investment strategies in order to find true financial wealth!

REAL-712 | 1 session | 23 AGE 60+ | 29 REG
S01 Th 7-9 p.m. Jill McCoy
July 9

We have more! Seeking a career in real estate? Check out the possibilities on page 4.

RETIREMENT PLANNING

Retirement University
Financial planning is one of the most important aspects in helping you prepare for the future. Learn how to strategically approach retirement during the growth, income/distribution and conservation life stages, helping to avoid retirement roadblocks and mitigate risks in all aspects of your financial life. In-class, step-by-step curriculum helps develop a comprehensive understanding of tax planning strategies, advanced social security planning, wealth accumulation versus (de)accumulation, the sequence of returns risk, long-term care and Medicare options and will give you the tools to design your own strategy. Learn about the final stage of your financial life through discussion of wills, trusts, estate and tax efficient legacy planning. Handouts provided.

FINC-736 | 3 sessions | 19 AGE 60+ | 59 REG
S02 Th 6-8 p.m. Andrew Hall
June 25 – July 9
Chess Tactics
Go beyond the opening and dive into tactical motifs and complex checkmate patterns. Analyze high level grandmaster games, middle game and endgame strategies. This class is for intermediate chess players who know how to play but have not yet learned the more challenging concepts. Prerequisite: Students at this level can readily implement opening principles and can demonstrate all advanced rules of chess.

GAME-720 | 8 sessions | $49.50 | Tu-F | Kyle Weber
S01 | Tu 5-6 p.m. | June 2 – July 21
S02 | W 5-6 p.m. | June 3 – July 22

We have more! Continue picking up new skills and hobbies! Check out some fun possibilities on page 9.

Chess for Beginners
Are you new to the game of chess? Have you always wanted to learn the world's greatest game? Starting at square one, go from pawn to a tournament ready chess player! Build critical thinking, spark cognitive development, increase memory and learn skills that translate to all parts of your life.

GAME-720 | 8 sessions | $49.50 | Tu-F | Kyle Weber
S01 | Tu 5-6 p.m. | June 2 – July 21
S02 | W 5-6 p.m. | June 3 – July 22
Nutrition 101
Have you ever wondered what types of nutrients are found in different foods, how much you should eat, and what you should really be choosing for mealtimes each day? Join a licensed and registered dietitian to learn about truly balanced eating, macronutrients and how to appropriately control portions. Explore the upcoming changes with nutrition facts labels and the importance of knowing what’s on your ingredient list. Class breaks down fad diets, why they are considered a fad and how to make sure your eating practices lead to sustainable habits for the long haul.

PERD-747 | 1 session | $35 AGE 60+ | 35 REG
S02 M 6-7:30 p.m.
June 22
Allison Lesko
Online
S01 M 6-7:30 p.m.
July 20
Allison Lesko
Online

Stress Reduction With Meridian Tapping
Meridian tapping combines tapping on acupressure points with intention statements to clear mental, emotional and physical energy. Also referred to as energy tapping or emotional freedom technique (EFT), its usage continues to grow because it is remarkably effective. Join us to learn step-by-step instruction in Tapping for emotions such as anxiety, fear, anger and feeling overwhelmed; origins of thought field therapy; applications for health issues such as indigestion, headaches and insomnia; root cause technique to heal long-standing or complex issues; techniques to clear self-sabotage and change unwanted habits; and self-acceptance as a means to greater health and emotional freedom.

PERD-735 | 4 sessions | $43.50 AGE 60+ | 69 REG
S01 W 6:30-8:30 p.m.
May 27 – June 17
Rhonda Leifheit
Online

Natural Wellness: Killing Pain Without Painkillers
Learn where pain comes from, what it means and how to alleviate it using various methods of traditional Chinese medicine. This class introduces options for pain management and is not a substitute for a professional diagnosis and treatment. Class taught by a licensed acupuncturist and herbalist with a Ph.D. in traditional Chinese medicine.

HEAL-701 | 1 session | $29 AGE 60+ | 29 REG
S02 M 6-8:30 p.m.
June 29
Alex Chen
Online

Natural Wellness: Overview of Chinese Medicine
Explore the fundamental concepts of traditional Chinese medicine that have steered this form of care for more than 2,500 years! Learn basic principles you can apply in your daily life to enhance health and wellness. Class taught by a licensed acupuncturist and herbalist with a Ph.D. in traditional Chinese medicine.

HEAL-701 | 1 session | $29 AGE 60+ | 29 REG
S03 M 6-8:30 p.m.
July 20
Alex Chen
Online

NEW! Eastern Philosophy for Wellness
Learn concepts of eastern philosophy to guide you through the ebb and flow of chronic diseases and lead you to a healthy life. This class will inspire your lifestyle and anchor your anxious mind by offering different perspectives of life.

HEAL-701 | 1 session | $29 AGE 60+ | 29 REG
S04 M 6-8:30 p.m.
Aug. 3
Alex Chen
Online

The need for health care workers in St. Louis keeps growing!

Accelerated training is available for these in-demand positions. Learn more about a program and available funding options by visiting the website listed below.

Medical Assistant
Prepare for administrative and basic clinical tasks in a clinical setting.

stlcc/MA | 23-week | M-F day

Patient Care Technician
Prepare for entry-level patient care technician positions in a hospital setting.

stlcc/PCT | 9-week | M-F day

Community Health Worker
Prepare to become a trusted community member who assists individuals and communities to adopt healthy behaviors.

stlcc/CHW | 16-week | TuTh day

HOT! REGISTRATION BEGINS MAY 19 | 314-984-7777 | STLCC/CE

Have you ever thought about becoming a personal trainer?

According to the U.S. Bureau of Labor Statistics report, median salary for these workers is $40,390. Get a jump start with our 10-week ACE® Personal Trainer Certification Prep Course. Learn more on page 4.

Need-based funding assistance may be available through WIOA and SkillUP.

stlcc.edu/accelerated
Prepare for a well-paying career in **commercial truck driving**... one of the fastest growing opportunities in the United States today.

**Boeing Assembly Pre-Employment Training Program**

Choose from two training and career pathways:
- **Sheet Metal Assembly Mechanic**
- **Composites Assembly Mechanic**

- Training is ideal for candidates who are mechanically inclined.
- Convenient day or night classes available.
- Guaranteed interview for all program graduates.

Learn more and apply at [stlcc.edu/boeing](http://stlcc.edu/boeing)

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**FREE! GED Classes**

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**Career & college counseling**

314-984-7777 | [stlcc.edu/hiset](http://stlcc.edu/hiset)

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**HiSET**

HiSET test scholarships available

Personalized instructions

Career & college counseling

314-984-7777 | [stlcc.edu/hiset](http://stlcc.edu/hiset)

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**Professional CDL-A Training**

Gain the substantial knowledge and practical skills needed to become an entry-level over-the-road or local truck driver. Instruction includes 40 hours of classroom training with emphasis on safety, FMCSR regulation, trip planning and more. 160 hours of behind-the-wheel and important hands-on learning for pre-trip inspections, skilled backing maneuvers, and road time on a variety of roadways. Before going on the road, experience driving on a high-tech simulator in a safe environment. Thorough curriculum exceeds the U.S. Department of Transportation’s (DOT) Proposed Minimum Standards for Training Tractor Trailer Drivers, ensuring you receive training and behind-the-wheel experience companies value and that you can take with you to an employer of your choice.

Get started on your new career today! Learn more at [stlcc.edu/truckdriving](http://stlcc.edu/truckdriving).
GENERAL INFORMATION

Enrollment in Continuing Education classes and programs is limited to persons 16 years and older except for youth section classes and where otherwise noted.

Online Classes
Students registering for online classes must have a valid email address and reliable internet connection.

Registration for online classes closes three days prior to the class start date.

Students Rights and Responsibilities
All students are responsible for adhering to College policies and procedures. Please refer to stlcc.edu/college-policy-procedures.

Class Changes/Postponement/Cancellation
Any course changes in dates, times or locations will be emailed to students using the email address provided during course enrollment. Because Continuing Education (non-credit) classes are self-supporting, the decision to run a class is based on the number of students enrolled. The College reserves the right to cancel if sufficient enrollment is not achieved. For changes and cancellations due to low enrollment, students will be notified by email. Full refunds will be issued for classes canceled by the College unless noted otherwise in the catalog. Please call 314-984-7777 with any questions.

Inclement Weather
Occasionally, Continuing Education classes are canceled due to inclement weather. Cancellations will be broadcast on KMOX-AM (1120 radio) and television channels 2, 4 and 5. In addition, all location closings will be posted on the College website, stlcc.edu. To sign up for automated SMS notifications of STLCC campus closures or emergencies, visit stlcc.edu/alerts. When St. Louis Community College cancels classes, off-campus classes are also canceled. In addition, when a particular host school district or institution closes, the Continuing Education classes at that location will not meet.

Refund of Fees
If you wish to withdraw from a class, you will receive a full refund for most classes if the class is dropped three business days before the first meeting. See the course schedule for classes (such as day trips) that require notice of more than three business days for cancellation and eligibility for a refund.

Requests for withdrawals must be submitted in writing to a Continuing Education office in-person, by email at CEdropbox@stlcc.edu or via mail to: 3221 McKelvey Road, Suite 250, Bridgeton, MO 63044. Calculation of refunds will be based on the date the request is received via email or the postmarked date.

<table>
<thead>
<tr>
<th>Time of Withdrawal</th>
<th>Percentage Refund</th>
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<tbody>
<tr>
<td>Three business days prior to the first class meeting. Must be submitted in writing.</td>
<td>100%</td>
</tr>
<tr>
<td>Two business days prior to the first class meeting or after the class has begun.</td>
<td>None</td>
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FOR SOME SPECIAL PROGRAMS AND CLASSES, AN EARLIER WITHDRAWAL DEADLINE MAY APPLY. THIS DEADLINE WILL BE PRINTED IN THE COURSE DESCRIPTION.

A student may receive either a full or partial refund for exceptional circumstances. For exceptional circumstances, refunds must be submitted in writing (walk-in, email or mail) within 10 business days after the class start date to be considered. Supporting documentation may be required.

Fee Reduction for Adults Age 60+
At the time of registration, adults 60 years and older may enroll in select courses for a reduced fee. Class costs are provided in each catalog course listing and online course description. Contact the Continuing Education office for questions regarding the reduced rate. Reduction will be calculated at checkout.

Textbooks
Summer 2020 textbooks can be purchased at the campus bookstores or online through the STLCC bookstore website unless otherwise noted in the course description. Books ordered through the website will be shipped to you free of charge for the summer term. Please go to stlouisscbookstore.com for additional information. CE students should select the term, department, course, and section to show a full list of what is required or optional for that specific class. Enter “CE” or “Continuing Education” on the website when prompted for a student number to complete the order.

Accommodations
If you are a person with a disability who requires an accommodation in order to participate in any program or activity, please contact the Continuing Education Access Office at 314-984-7704 as soon as possible in advance of the program for consideration of your accommodations request. It is helpful to receive accommodations requests at least 10 days in advance of a program. For trips and tours, advance notice of up to one month is requested. With less advance notice, it may be difficult to meet needs of interested members. Learn more about STLCC disAbility Support Services at stlcc.edu/disability.

Safety and Program Guidelines for Youth Classes
All children under the age of 16 who are enrolled in programs through the St. Louis Community College Office of Continuing Education must be accompanied and signed-in by a responsible party at the beginning of each program session. In addition, a responsible party must also meet the participant at the end of the session and sign them out. Appropriate behavior is expected. Students may be dismissed for misbehavior.

Unattended Children
Students are not permitted to bring children to class, nor should children be left unattended in the halls, offices, library or common areas. The College reserves the right to protect the safety and welfare of unattended children. If students leave children unattended, the College will institute disciplinary action.

Firearms on College Property
Except for licensed police officers, no person shall possess or carry any firearm, visible or concealed, on College property (including College buildings and grounds leased or owned by the College, College athletic fields and parking lots) or in any College van or vehicle or at College-sponsored activities. College employees, students and visitors who hold concealed carry endorsements as allowed by Missouri law may not carry or bring any firearms, visible or concealed, on College property, owned or leased or at any College activity.

Non-Discrimination
St. Louis Community College is committed to non-discrimination and equal opportunities in its admissions, educational programs, activities, and employment regardless of race, color, creed, religion, sex, sexual orientation, national origin, ancestry, age, disability, genetic information, or status as a disabled or Vietnam-era veteran, and shall take action necessary to ensure non-discrimination. Sexual harassment, including sexual violence, is also prohibited. For information or concerns related to discrimination or sexual harassment, contact Mary Zabriskie, J.D. at 314-539-5345.

Environmental Health and Safety
Some Continuing Education courses involve work with materials and products that require special handling. Please refer to STLCC’s Environmental Health and Safety page (stlcc.edu/departments/environmental-health-and-safety) for additional information.

St. Louis Community College Continuing Education seeks to provide courses that are academically interesting and create opportunities for members to broaden their scope and interests. The material presented in these courses is for informational purposes only, and the views and opinions expressed in class are strictly those of the instructor.
Unleash your potential,
ENRICH YOUR LIFE.

Interactive learning experiences with
online options!

stlcc.edu/CE

To reach us, please email CEdropbox@stlcc.edu or call 314-984-7777.

ST. LOUIS COMMUNITY COLLEGE...

Since 1962, more than 1.2 million people have passed through our doors to take a class, earn a degree, upgrade their career skills or enrich their lives. Each year, more than 80,000 students enroll in:

- College transfer and career programs leading to associate degrees
- Job skill and personal development classes
- College preparatory courses
- Specialized performance programs sponsored by local employers

- Associate degrees in Arts, Science, Fine Arts, Applied Science and Teaching are offered as well as Certificates of Proficiency and Specialization. The college’s Workforce Solutions Group also serves the local business community through assessment, counseling, consulting and training services.

Learning is convenient via:
- Five campuses—Florissant Valley, Forest Park, Meramec, Wildwood and Corporate College
- Three education centers—south and north St. Louis County and north St. Louis City
- Numerous business, industrial and neighborhood sites throughout the metro area
- Online instruction

Governed by a board of six elected trustees and supported by local taxes, state funds and student fees, the college has an annual budget of more than $200 million. The college is accredited by the Higher Learning Commission of the North Central Association of Colleges and Schools. St. Louis Community College focuses its resources on helping students find the right academic and career pathways. Through its alumni and community partnerships, the college is helping St. Louis become the best place to live and work in the 21st century.