Continuing Education
COMMUNITY CLASSES FOR ALL AGES & STAGES OF LIFE

INSIDE:
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… and many more!

SUMMER 21 REGISTRATION BEGINS MAY 3

St. Louis Community College Continuing Education

stlcc.edu/CE | 314-984-7777
Program Planners’

SUMMER PICKS

Here are a few classes you won’t want to miss:

**Mandi**
Data can tell so many stories to help us make informed decisions and gain a clearer picture of the world around us. Explore big data in a computer class. | pg. 11

**Marie**
Take an adventure close to home! Missouri has so many parks and trails teeming with wildlife. Learn to capture moments in nature with the **Wild Animal Photography** class. | pg. 25

**Blaire**
Join in challenging, important discussions with our LGBTQIA+ themed classes. Friends, family, allies and anyone looking to engage in healthy conversations are all welcome! | pg. 35

**Tori**
Whether you’re a coffee lover or history buff, step back in time and get a taste of our region’s rich history with the new **Wake Up and Smell the St. Louis Coffee** class. | pg. 36

**Morgan**
Soak up some sunshine and take your game to the next level with our golf classes. They’re socially distanced and designed for all skill levels. | pg. 40
St. Louis Community College expands minds and changes lives every day by offering high-quality educational experiences leading to degrees, certificates, employment, university transfer and life-long learning.

St. Louis Community College
Board of Trustees:
Pam Ross, Chair; Anne Adams
Marshall, Vice Chair; Rodney Gee,
Doris A. Graham, Ph.D.; Craig H.
Larson, Ed.D.; Mary Luebke; Kevin
M. Martin, Ed.D.

CONNECT WITH US!

We are here and happy to help you with any questions or concerns.

The best way to get in touch is by phone at 314-984-7777

Call Center Hours
Extended hours from May 3 - 6
• M-Th 8:30 a.m.-5:30 p.m.
• F (not extended) 8:30 a.m.-4 p.m.

Regular hours
• M-Th 8:30 a.m.-4:30 p.m.
• F 8:30 a.m.-4 p.m.

You can also send us an email at CEdropbox@stlcc.edu

REGISTER ONLINE | 24 HOURS
stlcc.edu/CE

See page 47 for more information.

Summer 2021 Continuing Education Courses

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If you are a person with a disability who requires an accommodation in order to participate in any program or activity, please contact the Continuing Education Access Office at 314-984-7704 as soon as possible in advance of the program for consideration of your accommodations request. It is helpful to receive accommodations requests at least 10 days in advance of a program. For trips and tours, advance notice of up to one month is requested. With less advance notice, it may be difficult to meet needs of interested members.

Not receiving a catalog each semester?
Please call Continuing Education at 314-984-7777 or email us at CEdropbox@stlcc.edu.
St. Louis Community College Workforce Solutions Group (WSG) connects job seekers and employment providers through customized and accelerated training, and offers opportunities for lifelong learning through continuing education.

WSG builds community through its Business Services, Community Services, Continuing Education and Institutional Development (Grants) operating units and provides regional labor insights via its annual State of the St. Louis Workforce report.

ADVANCING EMPLOYERS: BUSINESS SERVICES

Business Services offers customized and comprehensive solutions for dynamic workforces. As one of the largest providers of training and consulting services in the St. Louis metro area, this WSG unit helps advance more than 10,000 employees annually, representing more than 100 organizations. Business Services’ flagship Center for Workforce Innovation provides advanced training in aerospace, manufacturing, automated controls and industrial maintenance technology in its 32,000 square-foot, high-tech facility.

The unit also offers enterprise-wide solutions for organizations with national and international footprints. Business Services coordinates on-site services at Corporate College through its Testing and Assessment Center, WorkKeys Solution Center and Meeting and Event Services.

ADVANCING COMMUNITIES: COMMUNITY SERVICES

Community Services partners with employers, community organizations, schools, educators and government to create job training opportunities for residents and a talent pipeline for employers. Community Services helps job seekers develop marketable job skills through accelerated training programs, usually with a duration of less than one semester, and specializes in strengthening underserved communities throughout the St. Louis region.

ADVANCING PEOPLE: CONTINUING EDUCATION

Continuing Education (CE) enrolls thousands of participants annually in professional development and personal enrichment courses. More than 40 percent of enrollees complete professional development training in pursuit of a license or certification, while 60 percent seek personal enrichment opportunities. Each year, CE offers hundreds of courses at locations throughout the greater St. Louis region and online, often in partnership with other community organizations and non-profits.

ADVANCING THE MISSION: INSTITUTIONAL DEVELOPMENT

Institutional Development advances STLCC’s mission to expand minds and change lives every day through working with faculty, staff and partners to secure funding and build capacity from federal, state and local sources. This work allows WSG to offer programs and services that best serve the needs of students and the community.

Need on-site tailored training and development?

Contact us at 314-539-5750 to discuss specialized programs custom-fit to your unique needs and goals.

Or, learn more about our suite of workforce and continuing education solutions at stlcc.edu/workforce.
PROFESSIONAL DEVELOPMENT

Improve business performance | Achieve professional goals | Enhance your career | Gain a leading edge

ESSENTIALS TRAINING

SMALL BUSINESS ESSENTIALS

Start-Up Skills

Starting and Managing a Small Business
Are you thinking about starting and managing a small business in Missouri? Designed for individuals who are considering starting a business, have made the decision to start, or have been in business for less than two years, this program will discuss the basics of business ownership, planning for success, organizational forms of business, legal and regulatory environment, recordkeeping and information management, marketing, financing and resources. This program is offered in partnership with the Small Business and Technology Development Center.

BUSS-701 | 2 sessions | $69 AGE 60+ | $69 REG
S02 Sa 9 a.m.-noon Lynette Watson Online
June 5 – June 12
S01 Sa 9 a.m.-noon Lynette Watson Online
July 24 – July 31

Business Plan Development
This intensive, individually customized, four- session course is designed to provide new and aspiring entrepreneurs with tools and resources to create a solid business plan. Experienced business facilitators/coaches will guide group sessions and share practical experiences to help enhance your business. Learn with and from peers, and create a powerful network that continues well after the program is complete. Gain enrichment from guest speakers of various disciplines, including the legal profession, marketing, human resources and financing. You’ll start the course by taking the GrowthWheel assessment and receive customized tools based on your individual outcomes to assist as you build your plan. Weekly homework assignments are given and participation is required to be successful in the class. Program is offered in partnership with the Small Business and Technology Development Center.

BUSS-702 | 4 sessions | $109 AGE 60+ | $109 REG
S01 Tu 6:15-9:15 p.m. Lynette Watson Online
July 6 – July 27

Understanding Patents, Trademarks and Copyrights
Introduce yourself to basic principles of public relations, stakeholders, and code of ethics in today’s global economy. Gain knowledge of the process that is research, planning, action, communication, monitoring and evaluation (M&E). The following textbooks are not mandatory but are essential for reference and more comprehension and understanding: “Introduction to Public Relations: Strategic, Digital, and socially Responsible Communication 2nd Edition” ISBN 9781544392004 and “Discovering Public Relations: An Introduction to Creative and Strategic practices: Karen Freberg: 1st Edition” ISBN 1544355378.

BUSS-703 | 6 sessions | $49 AGE 60+ | $79 REG
S02 Th 4-6 p.m. Joyce Nganga Online
June 3 – July 8

Public Relations II
Continue to expand your knowledge of basic principles of public relations, stakeholders, and code of ethics in today’s global economy. Dive deeper into the process that is research, planning, action, communication, monitoring and evaluation (M&E). Prerequisite: Public Relations I. The following textbooks are not mandatory but are essential for reference and more comprehension and understanding: “Introduction to Public Relations: Strategic, Digital, and socially Responsible Communication 2nd Edition” ISBN 9781544392004 and “Discovering Public Relations: An Introduction to Creative and Strategic practices: Karen Freberg: 1st Edition” ISBN 1544355378.

BUSS-704 | 6 sessions | $49 AGE 60+ | $79 REG
S03 Th 4-6 p.m. Joyce Nganga Online
July 15 – Aug. 19
Risk Assessment

NEW! Investigation Basics During COVID-19
Do you need to know information about a person for personal or professional purposes? From hiring managers to property owners to homeowners, learn the techniques and discover free online resources to get the information you need to make an educated decision. Gain insights that will assist you, your family, or the organization you represent.
BUSS-765 | 1 session | $21 AGE 60+ | $29 REG
S14 Sa 10 a.m.–noon Cheryl Ring Aug. 7

NEW! Business Continuity Planning for Small to Mid-sized Organizations
Explore an introduction to business continuity and prepare your company for planned and unplanned interruptions due to natural, manmade, and technology disruptions. Learn operational tools for maintaining a small business. Conduct a risk assessment while developing plans for maintaining your business’ essential functions during an event that threatens its survival.
BUSS-765 | 4 sessions | $79 AGE 60+ | $97 REG
S15 W 7-8 p.m. Dirk Stringer June 2 – June 23
S16 W 7-8 p.m. Dirk Stringer July 21 – Aug. 11

Accounting

Understanding Accounting: Introduction
Designed for individuals with non-financial backgrounds who work with budgets or those wanting to enter an office manager position, this introductory course provides an overview of accounting terminology and processes, analyzing financial activities and statements and applying the fundamentals of accounting. Learn about debits, credits, general ledgers, assets, liabilities, balance sheets, profit and loss statements and more.
BUSS-741 | 1 session | $26.50 AGE 60+ | $39 REG
S01 Sa 9 a.m.–1 p.m. Bill Dorr June 12

Accounting Boot Camp: Beginning I
Designed for individuals and entrepreneurs who desire to learn and master basic accounting, this rigorous, fast-paced boot camp provides your introduction to accounting business terminology, accounting principles, the accounting cycle and the preparation of financial statements. You'll explore a variety of hands-on case studies for practical application and learn from a tenured accounting professor. Bring pencils, calculator and notebook paper. All other class materials provided. Bring a sack lunch.
BUSS-741 | 2 sessions | $45 AGE 60+ | $69 REG
S03 Sa 9 a.m.–1 p.m. Stacy Moore May 29 – June 5

Accounting Boot Camp: Beginning II
This boot camp builds Accounting Boot Camp: Beginning I business terminology and accounting principles with discussion of the accounting cycle and preparation of financial statements. This rigorous, fast-paced boot camp is designed for individuals and entrepreneurs who desire to learn and master basic accounting. Course will include numerous hands-on case studies for practical application, shared by a tenured accounting professor. Prerequisite: Accounting Boot Camp: Beginning I. Bring pencils, calculator and notebook paper. All other class materials provided. Bring a sack lunch.
BUSS-741 | 2 sessions | $45 AGE 60+ | $69 REG
S04 Sa 9 a.m.–1 p.m. Stacy Moore June 19 – June 26

Accounting Boot Camp: Beginning III
This rigorous, fast-paced, hands-on extension of Accounting Boot Camp: Beginning II is designed for individuals and entrepreneurs who desire to advance their accounting knowledge. Course introduces subsidiary ledgers, special journals and internal controls. Prerequisite: Accounting Boot Camp: Beginning II. Bring pencils, calculator, and notebook paper. All other class materials provided. Bring a sack lunch.
BUSS-741 | 2 sessions | $45 AGE 60+ | $69 REG
S05 Sa 9 a.m.–1 p.m. Stacy Moore July 10 – July 17

INDUSTRY, QUALITY AND SAFETY

Introduction to Drones
Examine the drone industry, including the operation, history and manufacture of drones. You'll explore the current uses of these robotic vehicles in law enforcement, agriculture, and aerial photography. Learn about current and potential future Federal Aviation Administration (FAA) requirements and regulations to build and fly drones.
ENGR-706 | 1 session | $35 AGE 60+ | $35 REG
S01 Sa 10 a.m.–noon Rory Paul June 19

Missouri Manufacturing Technician I Pre-Apprenticeship Program
Rapidly skill up for employment in high-performance manufacturing.

- Six-week, non-credit training program offered in a hybrid classroom/online format
- Earn up to three industry certifications: OSHA 10 – General Industry, MSSC CPT Safety and CPT Quality
- Gain team-building skills, employment strategies and computer literacy
- Receive Missouri Manufacturing Technician I certificate upon successful completion of industry certifications
Inventors’ Start-Up Series: Learn, Develop and Launch!

Gain valuable information from The Invent-ED Network Connection (The I.N.C.) about the inventing process and starting a business. The series will provide immediately actionable tips to help launch your product idea and new business and enter into the world of inventorship and entrepreneurship fast. Register for each class.

**Saturday, May 29 | Online**
- **BUSS-765** each session | $25 AED | 125 REG
  - **S01** 9-10 a.m. | Inventing 101
  - **S02** 10:15-11:15 a.m. | Patents, Trademarks, and Copyrights
  - **S03** 11:45 a.m.-12:45 p.m. | Research, Read and Understand Patents
  - **S04** 1-2 p.m. | How to Manufacture Your First Product in the U.S. and Abroad

**Saturday, June 12 | Online**
- **BUSS-765** each session | $25 AED | 125 REG
  - **S05** 9-10 a.m. | Business Start-Up 101: Become an Entrepreneur
  - **S06** 10:15-11:15 a.m. | Show Me the Money! Explore Start-Up Funding
  - **S07** 11:45 a.m.-12:45 p.m. | Crowdfunding: Kickstarter®, Indiegogo® and GoFundMe®
  - **S08** 1-2 p.m. | Launch Your Product(s) or Home-based Business Immediately
  - **S09** 2:15-3:15 p.m. | Manufacture Your Clothing Products and Fashion Designs

**Saturday, June 26 | Online**
- **BUSS-765** each session | $25 AED | 125 REG
  - **S10** 9-10 a.m. | How to License Your Product or Idea Yourself
  - **S11** 10:15-11:15 a.m. | Launching a Crowdfunding Campaign? It’s Not as Easy as You Think
  - **S12** 11:45 a.m.-12:45 p.m. | Quickly Find Valuable Inventor Help and Resources

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**Inventing 101**

Have a great idea for a product, app or other invention? Not sure where to start? Explore a broad overview of the inventing process and methods to bring your idea to market. Examine factors to consider when sharing your idea and ways to navigate relationships with patent attorneys, product developers, industry professionals, and others. Learn about non-disclosure agreements (NDAs), prior art, public disclosure risks, ways to protect your idea (prior to patent) and more. Gain cost-saving tips to address common challenges during the phases of product development. These short-cuts can save you time and set you on an accelerated path to inventing.

**Patents, Trademarks, and Copyrights**

Explore the different types of Intellectual Property (IP) (e.g., patents, trademarks, copyrights, etc.) that provide protection for inventions, writings, art, and other original and creative work. Learn about the length and type of protections granted under each filing and gain tips on how to avoid infringing on existing IPs, losing patent protection, and more. Discover how to submit some filings yourself for under $100 via the United States Patent and Trademark Office’s (USPTO’s) website through their “pro-bono” and “self-help” services and how to easily become “Patent Pending!”

**Research, Read and Understand Patents**

The jargon and legalese of patents can be daunting. But, as an inventor, being able to conduct basic patent research to determine if your idea already exists (e.g., under another name or category) and patentable is critical. Discover how to better read and understand the content of a patent. Gain knowledge about the requirements for and meaning of terms such as “claims,” “prior art,” “infringement” and more. Uncover how to improve your research inquiries on free website and how to use what you learn from other patents to aid in the development of your own.

**How to Manufacture Your First Product in the U.S. and Abroad**

Learn the “do’s and don’ts” of manufacturing and how to select the best manufacturer based upon your product type. Examine the manufacturing process in the U.S. and internationally. Learn how to obtain a product sample and make initial orders. Discover ways to address the inherent risks, inconveniences, and timelines associated with average production runs, and expenses involved in manufacturing in the USA versus abroad. Uncover tips about how to avoid costly manufacturing mistakes during production and survey local and international companies that provide clients with product sourcing, translation services and facilitation of offshore manufacturing.

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** Crowley, Kickstarer®, Indiegogo® and GoFundMe®**

Crowdfunding campaigns can help you raise funds for your new product or idea, launch or grow a business, assist a non-profit organization or support a personal project or community cause. Not sure which crowdfunding platform to use? Learn about three of the most popular: Kickstarter, Indiegogo and GoFundMe. Explore the differences, requirements, advantages, disadvantages and risks associated with each. See samples of the most successful and failed campaigns launched here in St. Louis. Examine the many factors to consider before launching a campaign.

**Launch Your Product(s) or Home-based Business Immediately**

Have a finished product, artwork, literature, craft or design you’re ready to launch or sell? Not sure how or where to do it without a storefront? This class is for you! Gain valuable information about where you can immediately create your own storefront and begin selling your merchandise for free or at a very low cost online and/or at local retail outlets. Save time, money and many overhead expenses associated with running a retail business. Learn the ease of becoming a new entrepreneur or business owner. Discover how to bring your product or idea to market in 24-hours.

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Inventors’ Series course offerings continue on next page.
Inventors’ Series course offerings continued from previous page.

Manufacture Your Clothing Products and Fashion Designs

Need help developing, constructing or launching a product or clothing collection? Learn how cut-and-sew factories can help you through the entire process — from idea to design to product to sales to distribution. Gain an understanding about how these factories can convert your ideas and sketches into finished products through design development, pattern creation, pattern digitization, assembly, packaging and manufacturing. Discover how cut-and-sew factories can prototype and aid in launching your products within a shorter time than most manufacturers.

How to License Your Product or Idea Yourself

Learn the pros and cons of licensing versus the self-production of a new product. Examine how to secure a licensing deal yourself and tips to approach potential retailers, major brands, big box stores and other third parties. Discover how to structure and submit a video or one-page sales pitch online directly to targeted licensees to gain their interest and secure a licensing deal.

Launching a Crowdfunding Campaign? It’s Not as Easy as You Think

Before you launch your first crowdfunding page on Kickstarter®, Indiegogo®, GoFundMe®, there are many factors you need to know. Without this knowledge, you could put your invention at risk in more ways than one! Explore several crowdfunding websites, review past and present pages launched by inventors, and discuss factors to consider prior to launch. Find the best crowdfunding fit for your new idea. Learn about the risks with crowdfunding pages (with or without a patent) and the many components involved in setting up and managing a new or launched page. Examine what happens if your campaign succeeds or fails.

Quickly Find Valuable Inventor Help and Resources

Researching and collecting general data about your invention is daunting enough. You need to know more (e.g., how and when to protect your idea with some form of intellectual property rights (IP)). Learn how to quickly gather inventor information, forms and videos from the U.S. Patent and Trademark Office (USPTO) website. Discover how to extract the valuable content, information, videos, and/or forms that you need to gain a better understanding of the different forms of IP. Explore the various forms of IP (e.g., patent, trademark, trade secret and copyright), as well as the costs and filing processes (with or without an attorney).

ACE® Personal Trainer Information Session

This free information session explains the process and curriculum of the ACE Personal Trainer Certification Prep Course. Determine what to expect in the 10-week course by learning the course topics and methods to prep for the ACE Personal Trainer exam. Registration for the ACE Personal Trainer Certification Prep Course closes on 6/1 (PEDU-753 S02). The information session is not mandatory.

PEDU-753 | 1 session | NO FEE
S01 Tu 6-7 p.m. | Melissa Baumgartner
May 25

ACE® Personal Trainer Certification Prep Course

Ready for a career change? Become a certified personal trainer! This course is designed to prepare you for the ACE Personal Trainer Certification Exam and to help you become an effective personal trainer. During this course, you’ll focus on the ACE Integrated Fitness Training (ACE IFT) Model as a comprehensive system for designing individualized programs based on each client’s unique health, fitness and goals. You’ll explore how to facilitate rapport, support adherence, promote self-efficacy and encourage behavior change in clients. In addition you’ll learn to design programs that help clients improve posture, movement, flexibility, balance, core function, cardiorespiratory fitness, muscular endurance and strength. Due to the specialized nature of this class, you must be at least 18 years of age and have a high school diploma or high school equivalency. You must hold CPR/AED certification before enrolling in the ACE Personal Trainer Certification Exam. A background check may be required for certification. Please review the “ACE Certification Candidate Handbook” (at acefitness.org/fitness-certifications/pdfs/Certification-Exam-Candidate-Handbook.pdf) for more information on eligibility. Fee includes cost of exam, textbook, study guide and sample test. Additional fee to retake exam. Voucher for exam, textbook, study guide and sample test. Additional fee to retake exam. Voucher for exam must be used within six months of date received. Registration/withdrawal deadline: 6/1. No refunds after that date. Class is not eligible for senior scholarship. Funding assistance may be available through WIOA; please inquire.

PEDU-753 | 10 sessions | 5552 ACE 60+, 5695 REG
S01 W 5-8 p.m. | Lauren Lepenske
June 16 – Aug. 18

REAL ESTATE

How to Start a Career in Real Estate†

Do you enjoy helping people? Have you considered getting into the business of real estate? The real estate profession offers one of the widest career opportunities in the business world. From the buying and selling homes, office buildings, industrial property and corporation farmland to property management, land development, mortgage banking, urban planning, real estate counseling and appraisal, there are many avenues to explore. Find out about the licensure process to become a real estate agent and explore opportunities in this dynamic field.

REAL-715 | 1 session | 523 ACE 60+, 529 REG
S01 Th 7-9 p.m. | Jill McCoy
Aug. 5

† Courses offered through St. Louis Community College Continuing Education are for educational purposes only. While this information is believed to be reliable, participants should consult with licensed professional regarding your specific situation.
Start your health care career pathway.

Become job ready through our hands-on, non-credit health care training programs. Prepare for an entry-level position and build an impactful career as you fill the need for health care workers here in St. Louis.

**Patient Care Technician**

Prepare for an entry-level position working alongside nurses and other healthcare professionals to provide direct patient care in a hospital setting.

9-10 weeks | stlcc.edu/PCT

**Medical Assistant**

Prepare for administrative and basic clinical tasks in a clinical setting.

22-25 weeks | stlcc.edu/MA

**Community Health Worker**

Prepare to become a trusted community member who assists individuals and communities in adopting healthy behaviors.

16 weeks | stlcc.edu/CHW
BLS for Healthcare Providers‡
Participate in simulated clinical scenarios and learning stations during this American Heart Association Basic Life Skills (AHA BLS) Instruc-
tor-led course. Coursework includes skills practice, skills testing and a written exam. Upon successful completion, you will receive an electronic BLS completion card (within 20 business days of the class). This course meets the STLCC nursing department admission requirements. This hybrid class will meet online to cover the majority of course content. Skills testing will be held in-person at the STLCC Corp location. The first date listed is for the online session; the second date listed is for the in-person session.

**CPRR-707** | 2 sessions | $185.50 AGE 60+ | $109 REG
S01 Tu W Online: 8-11 a.m.; In-Person: 9:11:30 a.m. May 17 – May 18 Hybrid, STLCORP-209
S02 Th F Online: 5-8 p.m.; In-Person: 4-6:30 p.m. May 20 – May 21 Hybrid, STLCORP-209
S03 Sa M Online: 9 a.m.-noon; In-Person: 4-6:30 p.m. June 5 – June 7 Hybrid, STLCORP-209
S04 W Th Online: 5-8 p.m.; In-Person: 4-6:30 p.m. June 16 – June 17 Hybrid, STLCORP-209
S05 Tu W Online: 8-11 a.m.; In-Person: 9:11:30 a.m. June 22 – June 23 Hybrid, STLCORP-209
S06 M Tu Online: 5-8 p.m.; In-Person: 4-6:30 p.m. June 26 – June 29 Hybrid, STLCORP-209
S07 Tu W Online: 11 a.m.-1 p.m.; In-Person: 10 a.m.-2:30 p.m. July 6 – July 7 Hybrid, STLCORP-209
S08 Sa M Online: 9 a.m.-noon; In-Person: 9-11:30 a.m. July 17 – July 19 Hybrid, STLCORP-209
S09 Tu W Online: 5-8 p.m.; In-Person: 4-6:30 p.m. July 27 – July 28 Hybrid, STLCORP-209
S10 Sa M Online: 11 a.m.-1 p.m.; In-Person:10 a.m.-12:30 p.m. Aug. 7 – Aug. 9 Hybrid, STLCORP-209
S11 Th F Online: 8-11 a.m.; In-Person: 9:11:30 a.m. Aug. 12 – Aug. 13 Hybrid, STLCORP-209

BLS Instructor Essentials Course‡
The American Heart Association Basic Life Skills (AHA BLS) Instructor Essentials Course provides the core and discipline-specific content necessary to teach AHA cardiopulmonary resuscitation (CPR) and First Aid courses. The course is taught in a hybrid format to candidates who complete a pre-course online study, followed by the hands-on session conducted by training center faculty during the AHA Instructor course. This course educates you in use of AHA Instructor teaching materials, how to ensure that students meet learning objectives, student coaching skills, how to conduct an objective skills performance evaluation and how to follow AHA Instructor course policies. Access to a computer will be necessary to complete required online course work. Prerequisite required at time of registration: Current AHA BLS Healthcare Provider CPR card and alignment with an AHA Training Center. Registration four weeks prior to course start date is required to ensure arrival of pre-course materials and completion of pre-course preparation. An STLCC training center faculty member must monitor the instructor candidate’s teaching and verify the performance of the candidate’s provider skills within six months of the initial BLS Instructor Essentials Course per AHA requirements. Due to the nature of this course, you must arrive on time. No admittance will be permitted after the stated start time. No refund will be given for registrants arriving late. Registration/Refund/Withdrawal deadline: 7/5.

**CPRR-709** | 2 sessions | $187.50 AGE 60+ | $249 REG
S01 Th F Thrus: 9 a.m.-noon; Fri: 8-11:30 a.m. July 22 – July 23 Hybrid, STLCORP-209

† St. Louis Community College serves as a Community Training Center for the American Heart Association whose mission is to reduce disability and death from cardiovascular disease and stroke and set guidelines for emergency cardiovascular care and training. The American Heart Association strongly promotes knowledge and proficiency in basic life support (BLS) and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the American Heart Association. Any fee charged for a course, except for a portion of the fee needed for American Heart Association course material, does not represent income to the Association.

BLS Instructor Renewal‡
To successfully complete the American Heart Association cardiopulmonary resuscitation (CPR) Instructor Renewal course, you must demonstrate acceptable provider skills and successful completion of the provider written examination. The renewal course may include an update addressing new course content or methodology and review training center (TC), regional and national emergency cardiovascular care (ECC) information. Prerequisite: You must have taught at least four CPR courses, attended updates as required within the previous two years, and be a current CPR Instructor as evidenced by a current CPR Instructor card. At time of registration you must provide documentation meeting all prerequisites. Registration is required one week prior to course start date. Due to the nature of this course, you must arrive on time. No admittance will be permitted after the stated start time. No refund will be given for registrants arriving late. Interested students must contact the training center coordinator at amiller457@stlcc.edu before registering for the CPR Instructor Renewal Course. Registration/Refund/Withdrawal deadline: 7/5.

**CPRR-709** | 2 sessions | $187.50 AGE 60+ | $249 REG
S01 Th F Thrus: 9 a.m.-noon; Fri: 8-11:30 a.m. July 22 – July 23 Hybrid, STLCORP-209

† St. Louis Community College serves as a Community Training Center for the American Heart Association whose mission is to reduce disability and death from cardiovascular disease and stroke and set guidelines for emergency cardiovascular care and training. The American Heart Association strongly promotes knowledge and proficiency in basic life support (BLS) and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the American Heart Association. Any fee charged for a course, except for a portion of the fee needed for American Heart Association course material, does not represent income to the Association.

HEALTH CARE CAREERS

Expanded Functions Restorative I
Learn the techniques and concepts of restorative and preventative expanded function procedures delegated to dental assistants in the State of Missouri as specified in the rules and regulations set forth in the Missouri Practice Act. Prerequisites required at the time of registration: Certification as a certified dental assistant from the Dental Assisting National Board or proof of competence that the dental assistant has passed the Board’s Missouri Test of Basic Dental Assisting Skills and evidence of current certification in the American Heart Association Basic Life Support for the Healthcare Provider (BLS). The student will be able to explain the rationale, principles and procedures and perform placing, carving and finishing Class I, V and VI restorations. The student must bring protective eyewear, examination gloves, face mask, and lab jacket for lab practice.

**DENA-727** | 1 session | $627.50 AGE 60+ | $699 REG
S01 Sa 9 a.m.-3 p.m. July 10 FP-HS Dental Lab
PERSONAL COMPUTING

PCs and Technology Introduction
Build foundational computer skills and gain familiarity with other digital technologies. Through hands-on experience on a PC, you’ll learn essential concepts, understand commands and develop confidence. Basic terminology and functionality of computer hardware, software, printers and drivers will be explored. This class is ideal for users with few or no computer skills.

COMP-701 | 2 sessions | $44 AGE 60+ | $69 REG
S01 Sa 12:30-3:30 p.m. | Jean Bradley | Online
S02 Sa 9 a.m.-3:30 p.m. | Jean Bradley | Online

Introduction to Smart Home Technology
A smart home system can help you reduce energy consumption, create a more comfortable family living environment and help protect your home against intruders. Enhance your lifestyle with simple, yet sophisticated control of music, video, lights, climate and more. Please note: Smart home technology requires Wi-Fi in the home, smart phone or tablet, and knowledge on how to download apps. This class will cover concepts and functionality, but will not focus on specific product brands.

COMP-765 | 1 session | $49 ACE 60+ | $49 REG
S01 Th 5-8 p.m. | Gregory Ray | June 10 Online

New! Technical Business Analysts
Demystify the automatagical world of software development. You’ll discover how data is preserved and communicated between systems. Explore database fundamentals, API calls, and Azure and AWS cloud technologies. Learn how to translate business requirements into technical requirements and acceptance criteria. A Windows 10 64-bit based laptop is needed for this class.

COMP-765 | 6 sessions | $178 AGE 60+ | $249 REG
S01 Tu 6-9 p.m. | Rich Vagen | June 1 – July 6 Online

How to Avoid Becoming Phish Food
Protect your identity and money from online predators. Discover how to spot a phishing scam and avoid being compromised while online.

COMP-742 | 1 session | $22.50 AGE 60+ | $35 REG
S01 Tu 6-8 p.m. | Taniya Farooqui | June 15 Online

Internet Research and Investigations: Public Records
Explore a wide range of public records on the internet, and discover how to uncover real estate records, criminal records, court judgements, marriages, births, deaths and more. Prerequisite: Windows® Introduction class or equivalent experience; some internet experience helpful.

COMP-742 | 1 session | $22.50 AGE 60+ | $35 REG
S01 Sa 12:30-3:30 p.m. | Jean Bradley | May 22 Online

Internet Research and Investigations: Consumer Information
Does my doctor have a high malpractice rate? What is the crime rate in my neighborhood? Does my contractor have a lengthy list of lawsuits? Which vehicles have crash test results? What happens if something goes wrong with an online transaction? If you are curious about the answers to any of these questions, then this class is for you. Prerequisite: Windows® Introduction class or equivalent experience. Some internet experience helpful.

COMP-742 | 1 session | $22.50 AGE 60+ | $35 REG
S02 Sa 12:30-3:30 p.m. | Jean Bradley | June 12 Online

Internet Research and Investigations: Politics and Law
Who donated to political campaigns and when? How do I find out what initiatives are on an upcoming ballot so I can research them? Which non-profit organizations have presented summaries of candidates platforms, bill descriptions and voting records of politicians in an unbiased way? If you are curious about the answers to any of these questions, then this class is for you. Prerequisite: Windows® Introduction class or equivalent experience. Some internet experience helpful.

COMP-742 | 1 session | $22.50 AGE 60+ | $35 REG
S05 Sa 12-3:30 p.m. | Jean Bradley | July 10 Online

NEW! Setting Up a Microservice in C#
Have a basic idea of how to code? Let’s build a microservice. Together we will walk through setting up a microservice in C#. Net 5.0 using Entity Framework.®. Authenticate calls using JSON Web Tokens, persist data in a SQLlite database, set a swagger page, and write unit test cases. Learn the roles and responsibilities of each software layer. A Windows 10 64-bit based laptop is needed for this class.

COMP-765 | 6 sessions | $178 AGE 60+ | $249 REG
S07 Th 6-9 p.m. | KC Rivera | July 8 – Aug. 12 Online

NEW! Introduction to Cricut® Machines
Take your crafting to the next level and learn the many features of the Cricut® Machine. Explore the basics of paper crafting with the powerful cutting technology and application interface of the Cricut®. This class will focus on layers, welding, attaching and detachable images, writing and scoring. Students must bring their own Cricut Explore® or Maker® machines to class as well as an established login to the Cricut Design Space® application.

COMP-765 | 1 session | $34 AGE 60+ | $45 REG
S01 Sa 10 a.m.-1 p.m. | Rhonda Cross | July 10 MC-BA 122

Beyond Broadcast: TV in the Age of Streaming
“What’s on TV tonight?” was once an easily answered question through TV Guide or channel surfing. But in today’s era of smart TVs, streaming subscriptions, “cable” cutting and a multitude of on-demand services, finding an answer is more challenging. Survey the transition from analog broadcast channels to the digital age of smart devices and streaming services. Discover “what’s on,” how to watch across your multiple devices, and understand what still needs an antenna.

COMP-765 | 1 session | $49 AGE 60+ | $49 REG
S05 W 5-8 p.m. | Gregory Ray | Aug. 11 Online

NEW! Introduction to Tableau®
Tableau is one of the fastest evolving Business Intelligence (BI) and data visualization tools. Learn the foundations of Tableau and how to navigate its interface, import data, and create your first dashboard.

COMP-742 | 4 sessions | $59 AGE 60+ | $149 REG
S01 Tu 6-9 p.m. | June 8 – June 29 Online

NEW! Storytelling With Tableau®
Build on skills from “Introduction to Tableau,” as you create dashboards to tell the story within your data. Learn best practices for formatting and presenting data to tell data-driven stories.

COMP-742 | 4 sessions | $59 AGE 60+ | $149 REG
S02 Tu 6-9 p.m. | June 8 – June 29 Online

APPLE® DEVICES

iPhon e® and iPad® Mobile Digital Devices: Introduction
Have you purchased an iPhone or iPad only to discover you can barely use it? Explore the basics and functionality of the Apple iOS® platform. Please note: universal functions will be taught and specific “apps” may vary from device to device. This class will discuss only Apple® products; other smartphone devices will not be covered. Have your iPhone and/or an iPad and corresponding charger(s) handy when joining class.

COMP-765 | 1 session | $49 ACE 60+ | $49 REG
S01 Th 5-8 p.m. | Gregory Ray | May 27 Online

iPhon e® and iPad®: Next Steps
If you’re no longer a beginner, but not yet an expert, learn the skills to take your use to the next stage. Explore selecting and installing apps; take, organize and share photos; adopt shortcuts for frequently-used apps (e.g., iMessages®, Safari® web browser); keep your data secure; and customize your device to work better for you. If you’re an iPad user seeking to use your device as your sole computer, you’ll learn how much is possible and limitations to expect. Prerequisite: Familiarity in navigating your iPhone and/or iPad or completion of our Basics course. Have your iPhone and/or an iPad and corresponding charger(s) handy when joining class.

COMP-765 | 1 session | $49 ACE 60+ | $49 REG
S02 W 5-8 p.m. | Gregory Ray | June 2 Online

Learning The Mac® as a Windows Switcher
For those raised on Windows® PCs, the intuitive design of Macs can be anything but. Many item names, locations and behaviors on Mac are similar, but remain different enough from PC to invite confusion. This introduction to the “Apple way” will lean on what you already know, but will translate PC-related language and function to Mac equivalents. Prerequisite: Basic computer familiarity with a recent version of Windows.

COMP-765 | 1 session | $49 ACE 60+ | $49 REG
S04 W 5-8 p.m. | July 7 Online
Microsoft® Tools

Microsoft® Access®

Microsoft® Access® in a Day
Learn the basics of Access in a single session! Examine how to plan and design a database system. Add, change and delete information. Create simple reports and query the database to find display data. Prerequisite: Windows® Introduction class or equivalent experience. Participants are encouraged to bring a flash drive.

COMP-725 | 1 session | $96.50 AGE 60+ | $129 REG
S01 Sa 9 a.m.-4 p.m. | Cris Heffernan
June 26
STLCC-Corp 208

Microsoft® Access®: Part I
Grasp the basics of database design with Microsoft Access. Discover how to create, manage and maintain tables and table relationships. Leverage sorting and filtering records within tables. Prerequisite: Windows® Introduction class or equivalent experience. Participants are encouraged to bring a flash drive.

COMP-725 | 1 session | $96.50 AGE 60+ | $129 REG
S02 F 9 a.m.-4 p.m. | Cris Heffernan
July 16
STLCC-Corp 208

Microsoft® Excel®

Microsoft® Excel® in a Day
Learn the basics of Microsoft Excel in one session! Learn how to create spreadsheets for accounting, expense analysis, budgeting and other applications. Topics include: worksheet set-up, labeling, entering values, editing cells, copying content, and saving. Participants are encouraged to bring a flash drive. Prerequisite: Windows® Introduction class or equivalent experience.

COMP-720 | 1 session | $96.50 AGE 60+ | $129 REG
S02 Tu 9 a.m.-4 p.m. | Cris Heffernan
July 6
STLCC-Corp 208
S04 Sa 9 a.m.-4 p.m. | Cris Heffernan
July 31
Online
S05 F 9 a.m.-4 p.m. | Cris Heffernan
Aug. 6
Online

Microsoft® Excel®: Part I
Glean tips and tricks to successfully navigate and create effective spreadsheets in one of Microsoft®'s most powerful programs. Learn to build basic formulas and functions with an emphasis on relative and absolute referencing. Make your sheets and printouts easier to read with special formatting techniques. This important class is ideal for beginners and for self-taught Excel® users. Prerequisite: Windows® Introduction class. Participants are encouraged to bring a flash drive.

COMP-720 | 1 session | $96.50 AGE 60+ | $129 REG
S01 F 9 a.m.-4 p.m. | Cris Heffernan
June 4
STLCC-Corp 208
COMP-720 | 2 sessions | $96.50 AGE 60+ | $129 REG
S03 W Th 9 a.m.-noon | Cris Heffernan
July 21 – July 22
Online

Microsoft® Excel®: Part II
Expand your spreadsheet skills and create complex formulas through functions. Master data management techniques and analysis using lists, tables, common charts, pivot tables and pivot charts. Discover the ease of using range names and conditional formatting. Prerequisite: Microsoft Excel 2016 For Business: Part I class or equivalent experience. Participants are encouraged to bring a flash drive.

COMP-721 | 1 session | $96.50 AGE 60+ | $129 REG
S01 F 9 a.m.-4 p.m. | Cris Heffernan
June 11
STLCC-Corp 208
COMP-721 | 2 sessions | $96.50 AGE 60+ | $129 REG
S02 W Th 9 a.m.-noon | Cris Heffernan
Aug. 4 – Aug. 5
Online

Microsoft® Excel®: Part III
Expand your Excel expertise as you manage multiple workbooks and worksheets, build 3D calculations, add file links, and explore the power of lookup functions. Master formula auditing tools, data validation and sharing, and workbook protection. Utilize scenarios, data tables and other major data analysis tools to increase productivity. Create macros to save time and create consistency across workbooks. Prerequisite: Microsoft Excel 2016 for Business: Part II or equivalent experience. Participants are encouraged to bring a flash drive.

COMP-722 | 1 session | $96.50 AGE 60+ | $129 REG
S01 F 9 a.m.-4 p.m. | Cris Heffernan
June 18
STLCC-Corp 208
COMP-722 | 2 sessions | $96.50 AGE 60+ | $129 REG
S02 W Th 9 a.m.-noon | Cris Heffernan
Aug. 11 – Aug. 12
Online

Microsoft® Excel® Power Pivots
Discover one of Excel's most robust data analysis tools: Power Pivots. Power Pivots can create reports and models from multiple data sources—both in and out of Excel. Create and manage relationships, hierarchies, Power Pivot tables and charts. Explore calculated columns, calculated fields (measures) and key performance indicators. Prerequisite: Microsoft Excel 2016 for Business Part II or equivalent experience with creating single source pivot tables. Participants are encouraged to bring a flash drive.

COMP-722 | 1 session | $77.50 AGE 60+ | $99 REG
S03 F 9 a.m.-noon | Cris Heffernan
July 9
Online
S04 F 9 a.m.-noon | Cris Heffernan
Aug. 3
Online

Office 365®

Microsoft® Office 365® for the Home User
Deepen your understanding of the many applications of Microsoft Office 365 and harness their power to simplify and organize your life. OneDrive®, Forms® and other useful applications will be covered. Prerequisite: Windows® Introduction class or equivalent experience.

COMP-705 | 1 session | $26.50 AGE 60+ | $39 REG
S01 Th 6-9 p.m. | Aaron Oliver
June 10
Online
S03 Th 6-9 p.m. | Aaron Oliver
July 1
Online

Microsoft® Office 365® for Business
Inspire productivity and increase efficiency in the workplace with Microsoft Office 365. The class will cover applications that can be used as tools to improve your work capacity.

COMP-705 | 2 sessions | $52 AGE 60+ | $75 REG
S02 Tu Th 6-9 p.m. | Aaron Oliver
June 15 – June 17
Online
S04 Tu Th 6-9 p.m. | Aaron Oliver
July 27 – July 29
Online

Outlook® and Windows®

Outlook® And Outlook® Calendars
Master one of the most popular business email applications: Microsoft Outlook. Explore the many features of Outlook Calendar that can assist in creating appointments, organizing meetings. Save time and increase your workplace productivity. Prerequisite: Windows® Introduction class or equivalent experience.

COMP-742 | 1 session | $44 AGE 60+ | $55 REG
S04 Th 5:30-8:30 p.m. | Rhonda Cross
June 17
Online

Microsoft® Windows® 10 for Beginners
Explore Windows® 10 and all of its user-friendly features in this course. Topics include using start screen, settings, apps, helpful tips and OneDrive. Please note: This course is not for tablets or touch screen devices; you will use a mouse to navigate. Computers will be provided by the college. There is no need to bring in personal laptops. Prerequisite: Personal Computers Introduction class or equivalent experience.

COMP-705 | 1 session | $77.50 AGE 60+ | $99 REG
S05 Sa 9 a.m.-4 p.m. | James Prater
Aug. 7
MC-BA 208

Word®

Microsoft® Word®: Part I
Produce professional-looking business documents using Microsoft Word. Create documents, clean up formatting, change styles and fonts, cut and paste content, and import text with confidence. Prerequisite: Windows® Introduction class or equivalent experience.

COMP-715 | 1 session | $96.50 AGE 60+ | $129 REG
S01 F 9 a.m.-4 p.m. | Cris Heffernan
May 21
STLCC-Corp 208

◊ Registration for online classes marked above closes five business days before class start date. Textbooks will be mailed to registered students.
Adobe® InDesign® Creative Cloud®: The First Step
Enhance your graphic design skills and productivity with InDesign. Learn how to import illustrations and photos, set type correctly for flyers and brochures and master other basic applications. Learn the program’s core tools, and use them to complete a basic InDesign document. Explore key commands and discover other great tips that make easy work of your layouts.

CTVT-702 | 1 session | $99.50 | AGE 60+ | $139 REG
S01 F 8:30 a.m.-4:30 p.m. David Haley
June 4 Online

Adobe® InDesign® Creative Cloud®: The Second Step
Don’t know the best way to set up your brochure or multi-page document? Learn how to optimize your page setup for better productivity. Modern typesetting techniques, including examples from the top magazines, show you how to elevate your document. This introduction to style sheets will have your work looking consistent and professional.

CTVT-702 | 1 session | $99.50 | AGE 60+ | $139 REG
S02 F 8:30 a.m.-4:30 p.m. David Haley
June 18 Online

Motion Graphics
Adobe® After Effects®: Introductory Workshop
Experience more of the Creative Cloud® with this introduction to Adobe After Effects. Explore how to set up After Effects consoles for use in After Effects. Learn about keyframes and inbetweeners, adjusting position, scale, rotation and opacity. Coordinate images with audio and export to .mov and .mp4 formats.

CTVT-704 | 1 session | $72 | AGE 60+ | $99 REG
S04 F 10 a.m.-2 p.m. Zak Zych
June 4 Online

Adobe® After Effects®: The First Step
Use After Effects to create motion graphics. Explore the interface in After Effects, put graphics into motion and render finished video and animation projects. Explore the workflow between Photoshop and After Effects. Be prepared for an intensive, hands-on learning experience.

CTVT-704 | 1 session | $99.50 | AGE 60+ | $139 REG
S02 F 8:30 a.m.-4:30 p.m. Tim Linder
May 21 Online

Adobe® After Effects®: The Next Step
Sharpen your skills with advanced After Effects techniques. Uncover a deeper understanding of the effects panel options. Explore background keying, motion tracking and the 3D workspace. Be prepared for an intensive, hands-on learning experience.

CTVT-704 | 1 session | $99.50 | AGE 60+ | $139 REG
S03 F 8:30 a.m.-4:30 p.m. Tim Linder
May 28 Online

Adobe® Photoshop® Creative Cloud®: In A Day Workshop
Explore the basics of Photoshop in a single, hands-on class! Learn how to manipulate images from a digital camera, previously scanned images, or internet graphics. Discover the use of layers, history, clone stamp, content-aware fill, and spot healing brush tools. Gain a greater understanding of transformations and the difference between destructive and non-destructive edits. Prerequisite: Windows® Introduction class or equivalent experience.

CTVT-704 | 1 session | $100.50 | AGE 60+ | $135 REG
S11 Sa 9 a.m.-4 p.m. Zak Zych
July 4 Online

Adobe® Photoshop®: The First Step Workshop
Learn practical Photoshop skills for everyday use. You will gain hands-on experience in the following techniques, attributes and tools: layers, mask/hue, opacity, masking, basic color, tool, extraction filter, image resolution, and conversion from RGB to grayscale. Image repairs with the healing patch and clone stamp will be explored. Discover how to create unique fictional images without a camera or scanner. Discussion will be based around guided demonstrations by a Photoshop expert, encouraging class participation in an atmosphere of mutual support.

CTVT-704 | 1 session | $100.50 | AGE 60+ | $135 REG
S05 F 8:30 a.m.-4:30 p.m. Zak Zych
June 11 Online

Adobe® Photoshop®: Introduction
Learn practical Photoshop skills for everyday use. Gain hands-on experience in the following techniques, attributes and tools: layers, mask/hue, opacity, masking, basic color, tool, extraction filter, image resolution, and conversion from RGB to grayscale. Image repairs with the healing patch and clone stamp will be explored. Discover how to create unique fictional images without a camera or scanner. Discussion will be based around guided demonstrations by a Photoshop expert, encouraging class participation in an atmosphere of mutual support.

CTVT-704 | 4 sessions | $143 | AGE 60+ | $199 REG
S01 M 6-9 p.m. May 17 – June 7 Zak Zych
Online

Adobe® Photoshop®: Intermediate
Pick up where the introductory class left off and enhance your techniques. Dive in to the histogram, exposure adjustments, smoothing wrinkles, brightening teeth, image and canvas size changes, crop tool use and blending modes. Work hands-on with a variety of images. Prerequisite: Adobe Photoshop Introduction class. This course meets the curriculum requirements of the Digital Photography Essentials program.

CTVT-704 | 4 sessions | $143 | AGE 60+ | $199 REG
S06 W 6-9 p.m. June 16 – July 7 Zak Zych
Online

Adobe® Photoshop®: Advanced
Build on your skills learned in the beginning and intermediate classes. Examine adjustment layers with layer masks, encounter smart objects, and work with blurring, sharpening, shadow and highlight tools. Prerequisite: Adobe Photoshop Intermediate. This course meets the curriculum requirements of the Digital Photography Essentials program.

CTVT-704 | 4 sessions | $143 | AGE 60+ | $199 REG
S10 M 6-9 p.m. July 12 – Aug. 9 Zak Zych
Online

Adobe® Photoshop® Creative Cloud®: Masking Workshop
This one-day workshop builds upon techniques learned in Adobe Photoshop CC with focus on refining selections, quick masks, layer masks and channels. Learn to non-destructively conceal a portion of an image and blend multiple photos into a single composition.

CTVT-704 | 1 session | $100.50 | AGE 60+ | $135 REG
S07 F 9 a.m.-4 p.m. Zak Zych
June 18 Online

Adobe® Photoshop® Creative Cloud®: Image Size Workshop
When you download an image from your camera or the internet, is it set for good? At what size can you print it? How would it appear if uploaded to your website or Facebook? Learn the ins and outs of image and canvas size, all the cool things the crop tool can do, and how to control the size of a photo via the ‘save for the web’ command.

CTVT-704 | 1 session | $100.50 | AGE 60+ | $135 REG
S08 F 9 a.m.-4 p.m. Zak Zych
June 25 Online

Adobe® Photoshop® Creative Cloud®: Blending Modes Workshop
Discover efficient and powerful ways to use layers and blending modes to colorize black and white photos. Learn how to brighten, darken and add contrast. Explore how to transform an otherwise pedestrian image into an engaging visual!

CTVT-704 | 1 session | $68.50 | AGE 60+ | $99 REG
S09 F 10 a.m.-3 p.m. Zak Zych
July 2 Online

STLCC No-Fee Training
Power Skills Bootcamp: Health Care
Through hands-on training, gain marketable computer skills and prepare to compete for health care jobs in the local labor market.

Three-week, non-credit program
Earn valuable credentials ...

- Microsoft Office Specialist (MOS) 2016 Excel® Certification
- PC fundamentals
- Culture of health care
- Career and professional planning

stlcc.edu/PowerSkillsBootcamp
Ready to build something amazing?

**Boeing Assembly Pre-Employment Training Program**

More than 900 graduates have been hired via the St. Louis Community College Boeing Pre-Employment Training program.

Choose from two training and career pathways:
- **Sheet Metal Assembler and Riveter**
- **Composites Assembly Mechanic**

- Five- to eight-week training with convenient day or night classes available
- Training is ideal for candidates who are mechanically inclined
- Guaranteed interview for all program graduates

Learn more and apply at [stlcc.edu/Boeing](stlcc.edu/Boeing)
Truck Driving CDL-A Training

Prepare for a well-paying career in commercial truck driving, one of the fastest growing opportunities in the United States today.

Gain the knowledge and skills sought by employers to become an over-the-road or local commercial truck driver.

- **Five-week, non-credit training program**
- **40 hours of classroom instruction** emphasizing safety, regulations, trip planning and big rig operation on a high-tech driving simulator
- **160 hours of behind-the-wheel and hands-on learning** including pre-trip inspections, skilled backing maneuvers, and urban, rural and highway driving
- **Thorough curriculum** exceeds the Department of Transportation – Federal Motor Carrier Safety Administration’s “entry level driver training” standards and will prepare you for the CDL-A exam

Get started by attending a free information session. Learn more at [stlcc.edu/TruckDriving](http://stlcc.edu/TruckDriving)

“I gained a lot of self-confidence from driving on the road and I got to see a part of life that most people don’t get to see. It was a phenomenal experience.”

– Jeffrey, CDL program graduate
Looking for hands-on work with competitive pay?  
**Environmental Remediation Technician**

Prepare for a career in hazardous waste clean-up and make a difference in the St. Louis area, as well as other remediation sites nationwide.

- **Six-week, non-credit training program**
- **Earn 20 valuable certifications, including OSHA certifications and licensing in lead and asbestos abatement**

Get started at [stlcc.edu/EnviroTech](http://stlcc.edu/EnviroTech)

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**HVAC Operator I Technical Training**

Through hands-on instruction, learn to maintain and troubleshoot forced air systems and the basics on how the systems and control boards work.

- **Gain important troubleshooting skills**
- **Understand HVAC system operations**
- **Learn to assemble and install residential heating and cooling equipment; Course is 90% hands-on**
- **Prepare to take your EPA certification exams**

48 contact hours  |  Need-based funding may be available

Learn more and register at [stlcc.edu/HVAC](http://stlcc.edu/HVAC)
The World Underneath St. Louis
Travel on a virtual tour of hidden St. Louis. Uncover the secrets that we walk, ride and live above. Explore how these underground spaces are used and some of the mysteries that reside down there. From a restaurant to giant armadillos, come and experience underneath the city that sits on top of limestone.

**SENR-702 | 1 session | $9 AGE 60+ | $9 REG**
**S03** Th 10-11:30 a.m. **Doug Schneider**
May 20 Online

St. Louis: City of Fountains
Did you know St. Louis’ fountains range from knee-high seahorses spouting water to the tallest fountain in the U.S.? Many prominent fountains of other cities were designed here in our city as well. Take a virtual tour of St. Louis’ fountains with a local historian. See a variety of local landmarks, including those from world-famous designers Maya Lin, Carl Miles and Lawrence Halprin.

**SENR-702 | 1 session | $9 AGE 60+ | $9 REG**
**S05** M 7-8:30 p.m. **Doug Schneider**
May 24 Online

Living Life Like a Grasshopper:
The Journey of Marian Brickner
Embark on a journey with local photographer Marian Brickner. She will navigate you through the last three decades as she completed 48 books, traveled the world and became a wildlife ambassador. Learn how a desire to be rich and famous, ice cream cones and cameras changed her life at 5S years old.

**SENR-702 | 1 session | $9 AGE 60+ | $9 REG**
**S02** Sa 10-11:30 a.m. **Marian Brickner**
May 29 Online

Wales: Land of Song
Can you pronounce “Llanfairpwllgwyngyllgogerychwyrndrobwllllantysiliogogoch”? Yes, it’s a real word and the name of a Welsh village! Adventure out to Wales, a Celtic Country in the United Kingdom known for its unique language, history and architecture. Join the virtual journey and learn about the many surprises Wales has to offer.

**SENR-702 | 1 session | $9 AGE 60+ | $9 REG**
**S07** Th 10-11:30 a.m. **Doug Schneider**
June 17 Online

Fall Into New England: A Travelogue
Foliage in September and October in Vermont, New Hampshire, Maine, and Massachusetts draws an international audience. Absorb life in the White and Green Mountains. Discover maple syrup, sugar shacks, dairy cattle, Norman Rockwell and why New Englanders took on the moniker of Yankee. If you loved The Newhart Show and Larry, Darryl and the other brother Darryl, you’ll enjoy this offering. You will even learn about Ben & Jerry!

**SENR-702 | 1 session | $9 AGE 60+ | $9 REG**
**S01** W 7-8:30 p.m. **Dea Hoover**
June 30 Online

100 Museums in St. Louis
According to The Washington Post, there are more museums in the U.S. than there are Starbucks™ and McDonalds™ combined! And WalletHub points out, “St. Louis has more museums per capita than any other city in the USA.” Take a virtual tour of the museums of St. Louis, more than 100 in all, ranging from small exhibition halls showcasing fire engines and saxophones, to some of the larger, world-class museums.

**SENR-702 | 1 session | $9 AGE 60+ | $9 REG**
**S04** F 10-11:30 a.m. **Doug Schneider**
Aug. 6 Online

Pleasures of New Orleans
Your travel may have been limited during the past year. But here’s your chance to venture out on a virtual tour of the “City of Dreams. New Orleans is known for its unique traditions, distinctive culture, religion and celebrations. Hear from a local historian’s perspective on the unique history between St. Louis and New Orleans. Find out how New Orleans became a deep-water port and what St. Louis had to do with it.

**SENR-702 | 1 session | $9 AGE 60+ | $9 REG**
**S06** W 7-8:30 p.m. **Doug Schneider**
July 14 Online

We have more! Ready for a fun getaway? Explore St. Louis and surrounding areas on a guided day trip. See page 36.
CREATIVE ARTS

FINE ARTS

Drawing

Drawing: Pencil Basics I
Discover essential art fundamentals using pencil to create line, perspective, value and composition. No experience necessary and individualized instruction included. Supply list will be sent. This class is recommended for beginners only.
ARTS-709 | 5 sessions | $68.50 | AGE 60+ | $105 REG
S04 Sa Noon-3 p.m. | Sean Long
May 22 – June 19 | MC-HE 219

Drawing: Beginning/Intermediate
Learn the tools, materials, and visual and artistic perception essential to drawing. Or, as a returning student, continue to sharpen your skills through projects and/or independent work. Explore drawing fundamentals including line, perspective, value and composition in the use of pencil, conté crayon and charcoal. Supply list will be sent.
ARTS-709 | 6 sessions | $68.50 | AGE 60+ | $105 REG
S01 Tu 9:30 a.m.-noon | Ruth Kolker
June 1 – July 6 | MC-SO 111
S02 W 6-8:30 p.m. | Lisa Payne
June 9 – July 14 | Online

Perspective Drawing and Still Life
Explore drawing fundamentals of line, perspective, value and composition in a relaxed atmosphere with individualized instruction. All levels welcome. Intermediate level students will advance with more sophisticated projects. Supply list discussed at first class. Bring pencil and sketch pad to first class.
ARTS-709 | 6 sessions | $68.50 | AGE 60+ | $105 REG
S03 M 6-8:30 p.m. | Phillip Porschbacher
June 7 – July 19 | PP-G 413

Children’s Book Illustration
Do you love children’s storybooks? Want to illustrate one of your own? Take the journey and plot your story into a six-page counting book. You’ll create thumbnails, draw sketches, and make a book dummy before painting final artwork. Leave with your ready-to-share book or keep it as your own. Supply list will be sent.
ARTS-721 | 6 sessions | $68.50 | AGE 60+ | $105 REG
S01 W 6-8 p.m. | Sean Long
June 2 – July 7 | MC-HE 125
S03 W 6-8 p.m. | Sean Long
July 14 – Aug. 11 | MC-HE 125

Exploring Cartooning
Explore cartooning and comics with an overview of the tools. Investigate comic strip creation, comic book layout, political cartooning, basic character design, and hand-drawn animation. Gain an understanding of basics, skills and techniques. Prerequisite: Basic Drawing class or equivalent experience. Supply list will be sent.
ARTS-721 | 6 sessions | $68.50 | AGE 60+ | $105 REG
S01 W 6-8 p.m. | Sean Long
June 2 – July 7 | MC-HE 125
S03 W 6-8 p.m. | Sean Long
July 14 – Aug. 11 | MC-HE 125

Printmaking

Printmaking: Monotypes and Relief Prints
Explore the medium of printmaking with both conventional and non-traditional methods. Use a variety of materials (found objects) to create monotypes and relief prints on paper, through experimentation with collage, stenciling, painting and drawing. Supply list will be sent.
ARTS-765 | 6 sessions | $56 | AGE 60+ | $93 REG
S01 M 9:30 a.m.-noon | Ruth Kolker
May 17 – June 28 | Online

• NOTE: No class May 31.

Monotype Prints with a Gelli Plate
Explore the world of monotypes. Create unique images using this fast printmaking method. Learn the process of monotype printing and its advantages versus other methods. No prior experience needed. Supply list will be sent.
CRFT-765 | 1 session | $23 | AGE 60+ | $35 REG
S11 W 6-9 p.m. | Dee Levang
Aug. 11 | Online

“...

I looked forward to each class! I enjoyed my weekly homework and appreciated seeing my classmates’ work. The discussion was great! I felt like I learned a great deal in each class.

Sara, St. Louis
CRAFTS

Mosaic Garden Stone
Repurpose broken plates and forgotten tiles to create a beautiful DIY mosaic. Learn how to cut glass and tile and form your own cast concrete, creating a unique stepping stone to take home to your outdoor space. All materials provided, but you are welcome to bring broken ceramic and glass to use in your mosaic.
CRFT-740 | 1 session | $45 AGE 60+ | 109 REG
S01 Th 6-9 p.m. | May 27 | Perennial STL

Wet Felted Beads
Felted beads have gained popularity as home décor. Get hands-on and create felted balls that can be used as decoration, jewelry and more. All supplies are included.
CRFT-765 | 1 session | $23 AGE 60+ | 55 REG
S01 Su 10 a.m.-noon | Rosemary Ziegler | June 6

Felted Bead and Tassel Swag
No need to control your swagger after you take this class! Get hands-on and create a swag with wet felted beads. Gain the skills needed to make tassels. Dress up your mantel, doorway, office cubical or nursery with this one-of-a-kind home decor item.
CRFT-765 | 1 session | $23 AGE 60+ | 55 REG
S10 Su 12:30-3:30 p.m. | Rosemary Ziegler | July 25

Introduction to Woodburning
From lettering to stamping, wood-burning is a great skill to transform various types of wood into unique pieces that everyone will ask about. Experiment with different wood-burning tips and learn tricks for a successful finished project. You will leave with a few wood-burned samples, including a keychain and other bits of salvaged wood. No prior experience necessary. All materials provided.
CRFT-765 | 1 session | $45 AGE 60+ | 45 REG
S04 Th 6:30-8:30 p.m. | June 10 | Perennial STL

We have more! Combine your love of crafting with the powerful technology of the Cricut® Machine to take your projects to the next level. See page 11.

Please
SHARE YOUR PHOTOS!

Have great pics of your continuing education classes and creations? Please share your experiences with the STLCC Continuing Education (CE) community! When you post on Facebook, Instagram or Twitter, be sure to use #stlccCE or @stlccCE. Your photo could be included in a future issue of the CE catalog… with your permission and recognition, of course! We can’t wait to see your photos.

facebook | twitter | instagram | @stlccCE | #stlccCE

Do you have a hobby, talent, skill or area of expertise that you would like to share with others? We are looking for instructors for the following topics, and welcome ideas for new classes:

- Career development
- Interviewing skills
- Résumé writing
- Non-profit development
- American Heart Association CPR and first aid
- Computer, mobile and smart home technology
- Culinary arts
- Dance
- Home, nature and garden
- World languages
- Religion
- Philosophy
- Culture
- Youth classes

Ready to share your love of learning by teaching a Continuing Education (CE) course?

Learn more at stlcc.edu/teachforCE

**Basketry**

**Market Basket**
The local farmers market will be even more enjoyable with this basket on your arm. Learn the basics of basket weaving and complete a market basket you’ll enjoy for years to come. All materials are provided.

**CRFT-734** | 1 session | $65 AGE 60+ | $65
**S01** | Sa 1-5 p.m. | Laura Klaus | June 26

**Egg Basket**
Don’t chicken out and miss this opportunity to learn basketry methods. Create a beautiful egg basket you’ll use for years to come. All materials are provided.

**CRFT-734** | 1 session | $65 AGE 60+ | $65
**S02** | Sa 9 a.m.-1 p.m. | Laura Klaus | July 17

**Ceramics**

**Large Ceramic Pitcher**
Paint a large ceramic pitcher with grapes and leaves, lemons and limes, or your favorite design. Your unique pitcher will be great to serve iced tea, lemonade, or sangria, and can be used year-round.

**CRFT-741** | 1 session | $65.00 AGE 60+ | $55
**S01** | W 6-8 p.m. | Janet Becker | June 16

**Ceramics: Modern Vase**
Create a vase, perfectly sized for a single stem or a small bouquet. You choose the colors and design. Your exciting, one-of-a-kind vase will be fired and ready for pickup at The Painted Zebra one week after class.

**CRFT-741** | 1 session | $46.50 AGE 60+ | $45
**S02** | W 6-8 p.m. | Janet Becker | July 14

**Sun-Face Luminary**
Light up your meal with a table-top luminary featuring a bright sunburst! The sunburst is already embossed on the luminary, so you do not have to draw it on. A tea-light will be included with your finished piece. Choose your own colors. Your amazing luminary will be fired and ready for pickup at The Painted Zebra one week after class.

**CRFT-741** | 1 session | $46.50 AGE 60+ | $55
**S03** | W 6-8 p.m. | Janet Becker | Aug. 11

**Metalwork and Jewelry**

**Beginning Techniques for Jewelry**
Learn fundamental metalsmithing techniques for making jewelry. Gain basic metal manipulation skills including sawing, forming and shaping. Explore filing, sanding, soldering and polishing. Acquire the basic building blocks needed for jewelry design and complete two finished pieces: a cuff bracelet and a pendant with a simple stone setting. No prior experience necessary.

**CRFT-753** | 7 sessions | $163 AGE 60+ | $225
**S01** | Th 6-9 p.m. | Kevin Lin | May 20 – July 1

**Copper Chasing**
Metalsmithing, one of the oldest metalworking occupations, is used to create useful items such as tools, kitchenware, tableware, jewelry and more for centuries! Shaping metal with a hammer is the fundamental element of smithing. Learn how to cold hammer copper and apply the technique of copper chasing to create images of leaves in copper plates.

**CRFT-753** | 2 sessions | $109 AGE 60+ | $109
**S02** | Tu 5-8 p.m. | Mueller Industries | June 8 - June 15

**Beginning Blacksmith: Create a Wall Mount J-Hook**
In this introductory class, explore the craft of blacksmithing and make your very own wall mount J-hook. Learn the proper use of blacksmithing tools, including fire and forge control, while you hammer and twist steel in the traditional blacksmith medium. You will be exposed to hot steel being hammered, and sparks may come in contact with your clothing. Please wear protective clothing; your arms and legs should be covered, and you must wear closed-toed shoes. Gloves and safety glasses will be provided and a limited number of shop aprons are available on-site.

**CRFT-753** | 1 session | $139 AGE 60+ | $139
**S03** | Sa 9-11:30 a.m. | Mueller Industries | June 12

**Soldered Jewelry**
Create an upcycled stained glass pendant from scraps of ceramic and glass. Use copper foil, flux and lead-free solder to sculpt a custom jewelry pendant. Learn how to safely use a glass cutter and grinder to create custom shapes from found vintage plates, mirrors and clear glass. Learn how to make a custom-sized jump ring and get tips on the best places to look for upcycled treasures for all your projects. Note: This class requires hand strength and the use of a very hot tool. Patience, an eye for safety and hand dexterity will help participants achieve their design goals. All materials provided.

**CRFT-753** | 1 session | $49 AGE 60+ | $49
**S04** | Tu 6:30-9 p.m. | Perennial STL | June 15

**S07** | Tu 6:30-9 p.m. | Perennial STL | Aug. 10
**Embroidered Borders**

Using simple needle and thread, learn how to add a personal touch to everyday items. Gain hands-on understanding of how to create unique borders for towels and blankets. Discover different stitches, ranging from basic to advanced. All supplies are included in the cost of the class and will be yours to take home to use again and again. Please bring a pair of scissors to class. No prior experience necessary. Everyone will work together, but each will have a very personalized end product. In this blended format, choose the method (online or in-person) that works best for you.

**CRFT-728 | 1 session | $23 AGE 60+ | $35 REG**

S02 Sa 9 a.m.-noon Rosemary Ziegler
May 22 Blended MC-BA 122

**Embroidery Sampler**

Embroidery doesn’t have to be dancing dishes or kittens in mittens! Focus on your own designs and learn about resources to find unique patterns that inspire you. Discover easy and effective techniques to transfer designs. Practice stitches from basic to advanced. Everyone will work together, but each will have a very personalized end product. All supplies are included in the cost of the class and will be yours to take home to use again and again. Please bring a pair of scissors to class. No prior experience necessary. In this blended format, choose the method (online or in-person) that works best for you.

**CRFT-728 | 1 session | $23 AGE 60+ | $35 REG**

S01 Su 12:30-5:30 p.m. Rosemary Ziegler
June 6 Blended MC-BA 122

**Intro to Knitting**

Knitting is not just for making winter garments and accessories. Practice casting on, increasing and decreasing, and casting off as well as both knit and purl stitches. Get tips and tricks for future projects and help with reading patterns. Bring unfinished projects or start a new project.

**CRFT-720 | 1 session | $30 AGE 60+ | $45 REG**

S01 Su 12:30-5:30 p.m. Rosemary Ziegler
June 6 MC-BA 122

**Intro to Crochet**

Learn to crochet basic single, double and treble stitches. Discover how to decrease, increase and change colors. Make a simple piece and get help reading patterns. This class is designed for beginning students and those who have crocheted before but are seeking a refresher. Supply list will be sent. In this blended format, choose the method (online or in-person) that works best for you.

**CRFT-724 | 1 session | $30 AGE 60+ | $45 REG**

S01 Sa 12:30-5:30 p.m. Rosemary Ziegler
May 22 Blended MC-BA 122

**Crochet Market Bag**

Advance your crochet skills to the next level and learn how to crochet a market bag for your farmers market finds! Go green and gain new skills at the same time. Supply list will be sent. In this blended format, choose the method (online or in-person) that works best for you.

**CRFT-726 | 1 session | $30 AGE 60+ | $45 REG**

S02 Su 12:30-3:30 p.m. Rosemary Ziegler
July 11 Blended MC-BA 122

**Amigurumi Crochet Animals**

Amigurumi is the Japanese art of crocheting small, stuffed yarn creatures. Hone your crochet skills and make a small and colorful animal that you will cherish. A variety of animal patterns are available. In this blended format, choose the method (online or in-person) that works best for you.

**CRFT-726 | 1 session | $50 AGE 60+ | $75 REG**

S01 Su 12:30-5:30 p.m. Rosemary Ziegler
Aug. 8 Blended MC-BA 122

**Picnic Blanket Bag Combo**

The picnic bag you’ll create does more than just carrying sandwiches—it unfolds to become a 4-foot diameter, round picnic blanket! Bring 1.5 yards of a quilted fabric and 1.5 yards of coordinating quilt type fabric. Machines and notions provided at class.

**CRFT-713 | 1 session | $39 AGE 60+ | $39 REG**

S09 Sa 1-4 p.m.
July 10 City Sewing Room

**Intro to Quilting**

Enjoy the calming effects of quilt making. During this two-week class, you’ll learn a few basic quilting techniques and make a table runner or placemat. All materials supplied.

**CRFT-713 | 2 sessions | $65 AGE 60+ | $65 REG**

S12 Sa 1-4 p.m.
July 21 – Aug. 7 City Sewing Room

**NEW! Exploring Longarm and Free Motion Quilting**

Learn about quilting machines without the pressure of a salesperson. Witness demonstrations on two machines: a Bernina Q24 Longarm quilting machine and a Sweet Sixteen Free Motion Machine.

**CRFT-713 | 1 session | $39 AGE 60+ | $39 REG**

S11 Sa 1-4 p.m.
July 24 City Sewing Room

**NEW! Seed Paper Making**

Grow the ultimate recycled garden! In this hands-on class you will take paper that has already been printed on, reduce it to a pulp and then embed flower seeds, producing a unique, plantable paper. Create a note you can send to a friend that they can read, plant and then watch bloom. All supplies are provided.

**CRFT-765 | 1 session | $23 AGE 60+ | $35 REG**

S08 Su 9 a.m.-noon Rosemary Ziegler
July 11 MC-SS 106

**Recycled Paper Making**

Skip the land-ﬁll and learn how to recycle your own paper. You will take paper that has already been printed on, reduce it to a pulp and recreate your own fully recycled paper that can be used again. All supplies are provided.

**CRFT-765 | 1 session | $23 AGE 60+ | $35 REG**

S06 Su 1:30-4:30 p.m. Rosemary Ziegler
July 11 MC-SS 106

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**Sewing and Quilting**

**Intro to Sewing Machines**

Overcome your hesitation and learn skills on a sewing machine. From old machines to brand new ones-learn the mechanics and basic principals of sewing. Machines are available for use or you can bring your own.

**CRFT-713 | 1 session | $39 AGE 60+ | $39 REG**

S06 Sa 1-4 p.m.
June 26 City Sewing Room

**Nifty and Thrifty Sewing**

Bring your great bargain finds and transform them into treasure. Items you will want to wear all the time! Learn to take in, let out, shorten hems, move buttons, remove sleeves, crop a top and much more. Sewing experience is not necessary. All other materials will be provided.

**CRFT-713 | 1 session | $39 AGE 60+ | $39 REG**

S02 Sa 1-4 p.m.
June 5 City Sewing Room

**Picnic Blanket Bag Combo**

The picnic bag you’ll create does more than just carrying sandwiches—it unfolds to become a 4-foot diameter, round picnic blanket! Bring 1.5 yards of a quilted fabric and 1.5 yards of coordinating quilt type fabric. Machines and notions provided at class.

**CRFT-713 | 1 session | $39 AGE 60+ | $39 REG**

S09 Sa 1-4 p.m.
July 10 City Sewing Room

**NEW! Exploring Longarm and Free Motion Quilting**

Learn about quilting machines without the pressure of a salesperson. Witness demonstrations on two machines: a Bernina Q24 Longarm quilting machine and a Sweet Sixteen Free Motion Machine.

**CRFT-713 | 1 session | $39 AGE 60+ | $39 REG**

S11 Sa 1-4 p.m.
July 24 City Sewing Room

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**CRFT-765 | 1 session | $23 AGE 60+ | $35 REG**

S08 Su 9 a.m.-noon Rosemary Ziegler
July 11 MC-SS 106

**Recycled Paper Making**

Skip the land-ﬁll and learn how to recycle your own paper. You will take paper that has already been printed on, reduce it to a pulp and recreate your own fully recycled paper that can be used again. All supplies are provided.

**CRFT-765 | 1 session | $23 AGE 60+ | $35 REG**

S06 Su 1:30-4:30 p.m. Rosemary Ziegler
July 11 MC-SS 106
**Textiles and Fabrics**

**Woven Wall Hanging**
Add color and texture to your walls with a woven wall hanging! This entirely introductory class covers everything you need to know from setting up the loom to taking off your finished weaving, and so many fun things in between. Practice warping a loom, creating fringe, weaving stripes, shapes and textures. Class fee includes a handmade tapestry needle and frame loom to keep!

Participants will be emailed information about how to participate prior to the class. You will be able to pickup a kit of supplies, including a handmade frame loom, tapestry needle, warp thread, and a selection of yarns; please provide your own scissors. Please include your color palette in your order. Pick up kit at Perennial STL.

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<tr>
<td>CRFT-713</td>
<td>1 session</td>
<td>$49</td>
<td>@ Perennial STL</td>
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**Weaving Table Runner**
In this beginning-level class, work on a four-shaft, preloaded, tabletop loom to create a cotton runner. Select from multiple colors for the runner. Learn basic weaving techniques in tabby and twill. All materials are included in class cost. Pick up kit at Perennial STL.

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<td>CRFT-713</td>
<td>1 session</td>
<td>$59</td>
<td>Craft Central</td>
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**Tapestry Weaving**
Learn beautiful weaving techniques on small lap or tabletop looms. Gain hands-on experience warping your loom and creating tabby and twill weaves, rya knots, soumak, fringe and more. Supply list will be sent.

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<td>CRFT-713</td>
<td>3 sessions</td>
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**Needle Felt: Owl**
Needle felt is a process using a single, barbed needle to tangle and compact wool fibers through repeated to form three-dimensional felt sculptures. In contrast to traditional felt-making methods that use water and friction, needle felting is also known as dry felting. All materials are included in class cost.

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<td>CRFT-713</td>
<td>1 session</td>
<td>$46</td>
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**Spin Your Own Yarn Using a Drop Spindle**
Create your own yarn without a spinning wheel! Learn to spin yarn from various fiber preps while using a drop spindle. This opportunity is for beginners and wheel spinners who may not have much experience in drop spindle spinning.

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<tr>
<td>CRFT-713</td>
<td>3 sessions</td>
<td>$39</td>
<td>Craft Central</td>
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**Macramé and Merlot: Plant Hanger**
Craft a plant hanger for a 6-inch pot. Learn basic macramé knots while enjoying a little sipping and snacking. Macramé rope and pots are provided; you bring the drinks and snacks.

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<tbody>
<tr>
<td>CRFT-713</td>
<td>1 session</td>
<td>$39</td>
<td>June 18</td>
<td>City Sewing Room</td>
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**Punch Needle**
Discover the modern, highly versatile and easy-to-learn craft of punch needle. Learn how to beautify many practical items—pillows, rugs and wall hangings—with fun, creative designs. Grab a bottle of your favorite wine and bring a friend along for a crafty evening! Encourage a friend to register. All materials provided. Supplies will be mailed. Registration closes five business days before class start date.

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<th>Course Code</th>
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<tr>
<td>CRFT-713</td>
<td>1 session</td>
<td>$60</td>
<td>Dee Levang</td>
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**What’s in Your Spice Cabinet?**
**An Exploration of Spices**
Have you built up a collection of spices at home, but don’t know what to do with them? Do you want to make your dinner menus more exciting, but feel lost about which spices to use in which recipes? Grab your computer; pull out your spice collection and join us online as we explore the wonderful world of spices. Discover a wide variety of spices—from anise to turmeric. Learn where they come from, how to identify high quality varieties, what each spice looks, tastes, and smells like, and which types of foods and cuisines each spice goes well with. Email CookingwithMichelleM@gmail.com at least two weeks before this class to get the course packet in advance and see which spices will be covered. At your request, instructor will mail you mini samples of up to five spices you don’t already have, and will include them in our exploration. Registration closes two weeks before class start date.

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<td>FOOD-747</td>
<td>1 session</td>
<td>$23 AGE 60+</td>
<td>Dee Levang</td>
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**Summer Salads and Sandwiches**
Celebrate summer with new recipes and cooking skills. This class is taught at a slower pace with one-on-one assistance for easy-level skill development. You will start by making ratatouille chicken salad sandwiches on buttered croissant, create a side of blueberry salad and chocolate peanut butter cookie sandwiches. During the second class session, you’ll create egg salad sandwiches on dinner rolls, prepare veggie spaghetti salad and finish by mastering a cherry delight dessert.

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<tr>
<td>FOOD-714</td>
<td>2 sessions</td>
<td>$40 AGE 60+</td>
<td>Latoya Chauncey</td>
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**Cheese Making: Mozzarella**
Homemade cheeses are delicious and are not difficult to make. Learn steps and important tips for success, while gaining an understanding of how milk becomes cheese. All materials are available locally. Class fee includes cheesecloth, illustrated directions, rennet tablets for home trials, and an interactive online class where you will create homemade mozzarella cheese. Supplies will be mailed to students. Registration closes two weeks before class start date.

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<tr>
<td>FOOD-765</td>
<td>1 session</td>
<td>$33.50 AGE 60+</td>
<td>Lisa Payne</td>
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**Healthy Frying With Your Air Fryer**
Enjoy fried foods the healthier way and learn to use your air fryer like a pro. Enjoy the A-to-Z of air frying, from apple fritters to zucchini fries. Come hungry!

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<tr>
<td>FOOD-722</td>
<td>1 session</td>
<td>$33.50 AGE 60+</td>
<td>Teri Wiley</td>
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**STLCC.EDU/CE | 314-984-7777 | REGISTRATION BEGINS MAY 3**
Food Photography
Do you want to take better photos of your food to improve your blog or elevate your tasty business? This class has the recipe to get you there! Through hands-on, interactive projects, learn photography fundamentals such as composition, styling and editing. Identify your niche and personal photography style, grow a beautiful backdrops and prop collection and develop a portfolio. Supplies required include digital camera or smartphone camera (preferred) and laptop.

Food-722 | 6 sessions | $94.50 | $139 REG
S02 M 6-9 p.m. | Deva Williamson
July 12 – Aug. 16 | Online

Cooking With Your Instant Pot
From applesauce to zucchini bread, it's amazing what can be cooked in an Instant Pot. Learn how to prep food ahead of time and ways to prepare meals from frozen food. Lessen your stress and get dinner on the table quickly with a little pre-planning. Please bring containers.

Food-765 | 1 session | $33 AGE 60+ | $45 REG
S02 Su 1-4 p.m. | Teri Wiley
July 25 | Culinary Arts House

Passport to Flavor: Asian Picnic Food
Take your taste buds on an adventure! Learn how to make a variety of Vietnamese, Thai and Japanese foods. These portable delights are perfect for summer picnics and are sure to become family favorites. A box with ingredients for each registered student will be available for pick up at the Meramec Campus on 7/30.

Food-732 | 3 sessions | $44.50 AGE 60+ | $65 REG
S01 Sa 3-6 p.m. | Tiffany Smith
July 31 | Online

Cake and Cookie Decorating

Cake Decorating in a Day
Unleash your creativity with cake decorating! This introductory course includes instruction and practice using basic tools to frost, fill and ice your cakes. Decorate them with flowers, writing, and borders to make your cakes creative, casual, elegant or romantic. Join for fun or for the rewards of starting your own business. Supplies are included.

Food-701 | 1 session | $33.50 AGE 60+ | $49 REG
S01 Su 1-4 p.m. | Teri Wiley
May 23 | Culinary Arts House
S02 Su 1-4 p.m. | Teri Wiley
Aug. 8 | Culinary Arts House

Sculpting With Buttercream and Buttercream Flowers
Make cakes too pretty to eat! Learn to sculpt and pipe elaborate buttercream flowers, and master insider tips and tricks. Discover how to pipe swoon-worthy flowers, make an authentic buttercream, and balance color buttercream colors for more appealing flowers. Supply list sent.

Food-701 | 4 sessions | $103.50 AGE 60+ | $139 REG
S03 Th 6-9 p.m. | Deva Williamson
June 30 – July 1 | Online

Iced and Decorated Sugar Cookies: Father's Day
Impress your guests through the art of cookie decorating! Get tips and tricks to create flat, pretty cookies—perfect for holidays and special events. Your cookies are sure to delight family and friends. Bring a cookie sheet with sides to take your creations home.

Food-708 | 1 session | $33.50 AGE 60+ | $49 REG
S01 Su 1-4 p.m. | Teri Wiley
June 6 | Culinary Arts House

Iced and Decorated Sugar Cookies: Summer Sweets
Impress your guests through the art of cookie decorating! Get tips and tricks to create flat, pretty cookies—perfect for holidays and special events. Your cookies are sure to delight family and friends. Bring a cookie sheet with sides to take your creations home.

Food-708 | 1 session | $33.50 AGE 60+ | $49 REG
S02 Su 1-4 p.m. | Teri Wiley
June 27 | Culinary Arts House

Intermediate Cake Decorating
Love the art of cake decorating but don't know where to start developing your skills? Learn the basics of buttercream, ganache and fondant. Gain hands-on experience assembling flawless tiers. Practice leveling layers, filling and icing a cake with sharp edges. Familiarize yourself with the piping tips for writing with icing and adding decorative borders and flowers. First class is fun and informational, and class supply list will be given. Supplies are extra.

Food-701 | 4 sessions | $103.50 AGE 60+ | $139 REG
S04 Th 6-9 p.m. | Deva Williamson
July 8 – July 29 | Online

Iced and Decorated Sugar Cookies: Father's Day
Impress your guests through the art of cookie decorating! Get tips and tricks to create flat, pretty cookies—perfect for holidays and special events. Your cookies are sure to delight family and friends. Bring a cookie sheet with sides to take your creations home.

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Iced and Decorated Sugar Cookies: Summer Sweets
Impress your guests through the art of cookie decorating! Get tips and tricks to create flat, pretty cookies—perfect for holidays and special events. Your cookies are sure to delight family and friends. Bring a cookie sheet with sides to take your creations home.

Food-708 | 1 session | $33.50 AGE 60+ | $49 REG
S02 Su 1-4 p.m. | Teri Wiley
June 27 | Culinary Arts House
Music Theory: Beginners
MUSC-701 | 6 sessions | $49.50 AGE 60+ | $79 REG
S01 Tu 3-4:45 p.m. Christina Springer
June 1 – July 6 Online

NEW! American Musical Theater Part II: The Artists
Join another fast-paced and entertaining look at musical theater! View video clips of songs and/or dance numbers from American musicals with in-class commentary by the instructor. Similar in style and format to the "American Musical Theater: From Show Boat to Hamilton" class, you’ll hear the stories and names of the artists, performers, choreographers and lyricists who created and advanced musical theater.

MUSC-702 | 4 sessions | $29.50 AGE 60+ | $49 REG
S01 Tu 7-9 p.m. Ken Ross
June 8 – June 29

NEW! Summer Jam Session: Friday Night Acoustics
Bring your acoustic-only instrument, music stand and clothes pins or paper clips (in case we choose to play outside.) No electric instruments allowed! Music will be provided. Genres may include pop, jazz and blues. Improvise and/or play rhythm and/or melody leads. Contact the instructor before the first class to determine playing level experience.

MUSC-765 | 2 sessions | $26.50 AGE 60+ | $39 REG
S01 F 4-6:30 p.m. Christina Springer
June 4 – June 18
S02 F 4-6:30 p.m. Christina Springer
July 9 – July 23

Guitar: Beginning
No experience? No sweat! If you’ve never played guitar and have no music background, this is your opportunity to learn. Play first position and open position chords, simple scales, melodies and right hand strumming techniques. You’ll be introduced to tablature, guitar notation and tuning. You must provide your own acoustic guitar and extra set of strings.

MUSC-705 | 6 sessions | $63.50 AGE 60+ | $99 REG
S01 Tu 7:15-9:15 p.m. Christina Springer
June 1 – June 7 Online
S02 Tu 6:45-8:45 p.m. James Renz
June 8 – July 13

Harmonica
Harmonica: Beginning
The harmonica is a fun and easy to learn. In just three sessions, learn to play dozens of folk and campfire-type songs. Fee includes student guide/song-book, and a 10-hole, “C” diatonic harmonica. Instructors are members of the Gateway Harmonica Club. Registration closes May 25.

MUSC-720 | 3 sessions | $39 AGE 60+ | $39 REG
S01 W 6:30-7:30 p.m. Buddy Hirsch
June 2 – June 16

Piano: Intermediate I

MUSC-711 | 13 sessions | $70.50 AGE 60+ | $109 REG
S01 Tu 2:05-3:05 p.m. Cheryl Conley
May 18 – Aug. 10

Piano: Advanced II
Continue to explore minor chords and songs in minor keys while practicing chromatic scales, inverted chords, more advanced pedal study and pop songs. This class is for students that understand the basics of Advanced I and want to continue exploring and strengthening their skills. Prerequisite: Advanced Beginning Piano or equivalent experience. Student must know letter names of notes and where they are located on the keyboard. Required text will be discussed at the first class.

MUSC-712 | 13 sessions | $70.50 AGE 60+ | $109 REG
S02 Th 1-2 p.m. Cheryl Conley
May 20 – Aug. 12

Piano: Beginning
In this enjoyable, relaxed approach, learn the letter names of notes and where they are on the keyboard. Play simple chords to accompany melodies. Learn easy rhythm patterns and pedaling.

MUSC-710 | 13 sessions | $70.50 AGE 60+ | $109 REG
S01 Tu 1-2 p.m. Cheryl Conley
May 18 – Aug. 10

NEW! Piano: Advanced II
For those who enjoy playing all types of music, learn a variety of songs from the classics to jazz to pop. Class covers continuation of minor scales and chords, more pieces in minor keys and more difficult rhythm patterns such as trills, turns and tremolos. Many techniques taught through fun songs! Prerequisite: Advanced Piano I or equivalent experience. Required texts discussed at first class.

MUSC-713 | 13 sessions | $70.50 AGE 60+ | $109 REG
S01 Th 2-3:30 p.m. Cheryl Conley
May 20 – Aug. 12

Harmonica: Beginning
The harmonica is a fun and easy to learn. In just three sessions, learn to play dozens of folk and campfire-type songs. Fee includes student guide/song-book, and a 10-hole, “C” diatonic harmonica. Instructors are members of the Gateway Harmonica Club. Registration closes May 25.

MUSC-720 | 3 sessions | $39 AGE 60+ | $39 REG
S01 W 6:30-7:30 p.m. Buddy Hirsch
June 2 – June 16

DANCE
Dance Fitness: Latin-Inspired
This Latin-inspired dance party is exhilarating and easy to follow. Burn calories while you move toward a happier, healthier and fitter lifestyle without feeling like a workout.*

DANC-718 | 8 sessions | $59 AGE 60+ | $59 REG
S01 M 6-7 p.m. Carmen Guynn
June 7 – Aug. 2

* Assumption of Risk, Release and Waiver of Liability must be signed at first class. See page 46 for more details.
PHOTOGRAPHY

For all Core and Field classes, you must provide your own digital camera (DSLR) with interchangeable lenses. Any make or model is acceptable.

Core Classes

**Introduction to Digital Photography**
If you want to take memorable photos but don’t understand how your camera works, this course is designed for you. Each session, you’ll learn two or three principles of photography and how to apply them to your camera. Between classes, you’ll put those principles to work by shooting a weekly assignment and returning with your photos for a personal, detailed critique. Gain an understanding of technical terms (e.g., aperture, shutter speed and ISO), and artistic terms (e.g., rule of thirds, leading lines and depth of field.) Course meets the curriculum requirements for Digital Photography Essentials Program.

**PHOT-720** | 4 sessions | $74.50 AGE 60+ | $99 REG
---|---|---|---
S01 | M 6-8:30 p.m. | June 7 – June 28 | Gary Hesse MC-SW 207
S02 | W 6-8:30 p.m. | June 9 – June 30 | Gary Hesse MC-SW 207

**PHOT-720** | 5 sessions | $68.50 AGE 60+ | $109 REG
---|---|---|---
S03 | Tu 6:30-9 p.m. | May 25 – June 22 | John Kerans Online
S04 | Th 6:30-9 p.m. | July 1 – July 29 | John Kerans Online

**Photography Essentials**
Build new skills and take your passion to the next level.
Learn more about the program at: stlcc.edu/PhotoEssentials

Field Classes

**Nature and Photography**
Improve outdoor nature photography skills and expand your creativity. Learn what makes a great photo and understand the techniques professional photographers use. Complete weekly assignments and bring photos to each class for critique. Field trips required independently; details will be announced in class. Prerequisite: Digital Photography: Introduction or equivalent experience. Course meets the curriculum requirements for Digital Photography Essentials Program.

**PHOT-708** | 5 sessions | $68.50 AGE 60+ | $109 REG
---|---|---|---
S02 | Th 6:30-9 p.m. | May 27 – June 24 | John Kerans Online

**Photojournalism and Documentary Photography**
Learn to tell a story using photos. Create single images that capture a decisive moment or a series of images that illustrate unfolding news. Complete real-world assignments and receive immediate constructive feedback. Extend your photojournalism skills, whether your goal is to contribute for publication or more effectively illustrate personal projects. Analyze images taken by legendary photojournalists, including Pulitzer Prize winners, and learn how to put their award-winning techniques to work! Course meets the curriculum requirements for Digital Photography Essentials Program.

**PHOT-731** | 5 sessions | $68.50 AGE 60+ | $109 REG
---|---|---|---
S01 | Th 6:30-9 p.m. | June 29 – July 27 | John Kerans Online

**Portrait Photography**
Create compelling “on location” portraits at home, work or play without the need for a studio or expensive equipment. Uncover why a long lens makes faces look great. Discover how to adapt your existing lenses for portrait shots and choose angles to make your subject look their best. Explore how to take advantage of available and supplemental light sources. Complete weekly assignments and bring photos to each class for critique. Field trips required independently; details will be announced in class. Prerequisite: Digital Photography: Introduction or equivalent experience. Course meets the curriculum requirements for Digital Photography Essentials Program.

**PHOT-710** | 5 sessions | $68.50 AGE 60+ | $109 REG
---|---|---|---
S02 | M 6:30-9 p.m. | July 12 – Aug. 9 | John Kerans Online

Enhanced Skills

**Darkroom Developing and Printing for Black and White Photography: Part II**
Expand your skills to develop and print black and white pictures in a darkroom and further explore chemical mixture, exposure time and use of darkroom equipment. (Note: This is a film developing class, not a photography instruction course.) You must provide film and 35mm camera. Chemicals, developing equipment and some paper will be provided. Please bring film to develop or negatives to print to first class. Prerequisite: Darkroom Developing and Printing for B&W Photography: Part I or equivalent experience.

**PHOT-705** | 5 sessions | $60.50 AGE 60+ | $85 REG
---|---|---|---
S02 | F 6-8:30 p.m. | July 9 – Aug. 13 | Cheryl Petrovic FP-F 411

**Wild Animal Photography**
Discover the wild side and learn how to get an awesome photograph of a non-domesticated animal. Class topics will include selecting the image you want to take, understanding techniques of angles and aperture, and evaluating background and lighting. You must provide your own camera.

**PHOT-708** | 4 sessions | $99 AGE 60+ | $109 REG
---|---|---|---
S01 | Sa 10-11:30 a.m. | June 5 – June 26 | Marian Brickner Online

**Architectural Photography**
Whether you are interested in the commercial applications of architectural photography for real estate or building documentation, or simply have an appreciation for architecture, this course is for you. Learn the methods and techniques of photographing interiors and exteriors of buildings, homes and landscapes. Get hands-on and discuss equipment, lighting, exposure, wide field panoramic photography and virtual tours. You must provide your own camera and transportation. Prerequisite: Digital Photography: Introduction.

**PHOT-710** | 4 sessions | $60.50 AGE 60+ | $85 REG
---|---|---|---
S01 | Sa 9-11:30 a.m. | June 5 – June 26 | Gary Hesse MC-SW 207

**Close-Up and Macro Photography Workshop**
Explore the hidden world of close-up photography from the macroscopic to the microscopic. Delve into selecting lenses and accessories and grasp exposure and lighting techniques to achieve professional results. Recommended: Bring your camera and tripod (if available).

**PHOT-730** | 1 session | $48 AGE 60+ | $69 REG
---|---|---|---
S01 | Th 9 a.m.-2:30 p.m. | July 10 | Gary Hesse MC-SW 207

**iPhone® Photography: Move Beyond Snapshots**
Learn to take better photos and master basics of the iPhone camera app, including its multiple modes and options. After a primer, you’ll use what you’ve learned during a brief walking tour. Train your “photographer’s eye” through use of available light and composition techniques. Explore the lifecycle of a digital photo—from snap to edit to sharing—with tips for printing, organizing, backing up and storage. “The best camera is the one you have with you.” Make the most of the one you already carry!

**PHOT-720** | 1 session | $49.50 AGE 60+ | $49 REG
---|---|---|---
S02 | Th noon-3 p.m. | June 12 | Gregory Ray STLCC-Corp 210
S05 | Th 5-8 p.m. | July 15 | Gregory Ray STLCC-Corp 210
How to Start Your Book (and Keep Going)

This course will help you finally begin writing your novel, short story or nonfiction book. Study different methods, make use of prompts, and learn the essential art of creating a great opening sentence.

NEW! WRIT-765  | 4 sessions  | $53.50  | Age 60+ | $58 REG
S01  F 6:30-9:30 p.m.  | Jordan Oakes  
May 21 – June 11  | Online

Write Your Memoir

Creativity isn’t always required when it comes to good storytelling. When we write about our own lives and experiences, the story within comes complete with compelling characters you already know and a great plot that’s already been lived. We have everything we need right at our fingertips when we compose a memoir — except, perhaps, the writing techniques that can help us feel confident enough to put it all down on paper. A memoir isn’t necessarily the same as an autobiography. It can focus on your childhood or your adult years — or simply one particularly life-changing day. Every life is fascinating. Every story deserves to be told — and written. Discover how to write your own very unique and special memoir.

NEW! WRIT-714  | 6 sessions  | $54.50  | Age 60+ | $59 REG
S01  M 6:30-8:30 p.m.  | Jordan Oakes  
June 7 – July 19  | Online
• NOTE: No class July 5.

Unleashing the Writer

Each one of us has a special story to tell. But, it can be hard in this busy, modern world to access that creativity. Peel away the familiar outer layers of doubt, distraction and writer’s block. Get to the core of what you’re trying to say, and learn to say it with language that is irreplaceably unique to you. When the writer within is unleashed, the words will come freely and the stories we need to tell will finally occur to us. While not a class requirement, those interested in sharing their work will receive the benefit of a thorough, productive critique from the instructor and fellow students.

NEW! WRIT-701  | 4 sessions  | $53.50  | Age 60+ | $58 REG
S01  Tu 6:30-9:30 p.m.  | Jordan Oakes  
June 1 – June 22  | Online

Revising Your Screenplay: Act I

Designed for writers who have completed Act I of an original screenplay, this workshop guides you through revising your story’s beginning to make it great. Share and discuss the first thirty pages of your feature and receive constructive feedback from the instructor and your peers regarding tone, story, plot, characters, and dialogue. The goal is to help you find the best way to set up the crucial first ten pages and build dramatic tension through the end of Act I. Brief lectures on craft issues supplement the workshop.

NEW! WRIT-728  | 6 sessions  | $56.50  | Age 60+ | $57 REG
S01  Sa 10:30 a.m.-noon  | Rita Russell  
June 5 – July 10  | Online
• NOTE: No class July 3.

Poetry Writing

This class will focus on the art and craft of poetry — what makes a good image; how to use language that evokes a sensory response; the way to create metaphors that are a seamless mix of the surprising and the inevitable. Poetry is for everyone. This is your opportunity to find your own poetic voice, while we also look at the work of established writers in the field.

NEW! WRIT-716  | 4 sessions  | $54.50  | Age 60+ | $59 REG
S02  Th 6:30-9:30 p.m.  | Jordan Oakes  
July 10 – July 1  | Online

In-Depth Editing

For many, the most dreaded part of writing comes after the work is finished and must be edited. During this workshop, you’ll not only review grammar rules, but also participate in line-by-line editing. Comb through stories, essays, and articles for mistakes. Discover opportunities to improve, heighten, and revitalize our language to create a compelling and professional piece. This class acts as a lead-up activity for a workshop. If optimal results, please bring at least one-page of written work that is ready for editing.

NEW! WRIT-706  | 2 sessions  | $37  | Age 60+ | $55 REG
S03  Tu 6-8 p.m.  | Elliot Laurence  
June 15 – June 22  | Online

Remastering The Writing Process

From the beginning of a brainstorm to finding a route to publication, the writing process can seem long, daunting, and nearly impossible. Learn the path to publication while meeting requirements along the way. Discover how to write an outline, edit and revise. Practice getting down to the details of description.

NEW! WRIT-707  | 3 sessions  | $34.50  | Age 60+ | $56 REG
S02  Th 6-8 p.m.  | Elliot Laurence  
June 17 – July 1  | Online

Creative Non-Fiction

Fiction and nonfiction don’t live on separate hemispheres. Learn writing tips to create your own cohesive world of compelling nonfiction. Discover how to throw out the rules while sticking to the truth.

NEW! WRIT-701  | 4 sessions  | $53.50  | Age 60+ | $58 REG
S02  F 6:30-9:30 p.m.  | Jordan Oakes  
June 18 – July 16  | Online
• NOTE: No class July 2.

WordPress® for Writers: Easy Website Design, Online Publishing

Looking for a place to share your poetry, essays, short stories and other creative works with the world? Design your perfect online forum with WordPress. WordPress draws more than 409 million people one of the world’s most popular Web design tools. Learn to develop websites and online magazines. Examine the basics of reporting, writing and selling stories. Learn to identify markets, write query letters, research and interview. Uncover how to write articles that will get you published for profit. Bring recent copies of your favorite publications as well as any original story ideas you would like to see in print.

NEW! WRIT-722  | 1 session  | $37  | Age 60+ | $55 REG
S01  Sa 9:30 a.m.-1 p.m.  | Charlene Oldham  
July 10  | Online

Journaling for Writers

Journals can contain to-do lists, diary entries and much more. For writers, journals often include a section devoted to ideas and inspiration. A writer’s bullet journal may also contain ideas to transform plans into concrete projects. Whatever your goals are as a writer, discover how a bullet journal can kick start your creativity, your career, or both. All you need to get started is any blank notebook, your favorite writing implements and an open mind.

NEW! WRIT-710  | 1 session  | $37  | Age 60+ | $55 REG
S01  Sa 9:30 a.m.-1 p.m.  | Charlene Oldham  
July 17  | Online

Write What You Don’t Know: Including Diversity

A well-rounded story requires a well-rounded cast of characters and a complex setting. How do you properly write what you don’t know? It is safe to write about experiences that differ from yours. Learn how to write about different walks of life, locations, and time settings, as well as how to do so vividly and honestly. During this course, you’ll develop the art of research, creation and growth.

NEW! WRIT-706  | 2 sessions  | $37  | Age 60+ | $55 REG
S01  Tu Th 6-8 p.m.  | Elliot Laurence  
July 6 – July 8  | Online

Boot Camp for Writers

Do you have an idea for a fictional tale, nonfiction story or memoir but are struggling to get started? Are you working on a project but need feedback as you go? With weekly assignments and guided in-class critiques, start writing, stay writing or improve the writing you already do. All genres are welcome. If you have a work-in-progress, bring copies to share for peer review.

NEW! WRIT-704  | 4 sessions  | $53.50  | Age 60+ | $58 REG
S02  W 6:30-9:30 p.m.  | Jordan Oakes  
July 7 – July 28  | Online

Freelancing for Fun and Profit

Get paid for exploring your passion or sharing what you know with others through carefully crafted non-fiction news and feature articles. Learn how to develop ideas into pieces for newspapers, consumer magazines, trade magazines, blogs, and online magazines. Examine the basics of reporting, writing and selling stories. Learn to identify markets, write query letters, research and interview. Uncover how to write articles that will get you published for profit. Bring recent copies of your favorite publications as well as any original story ideas you would like to see in print.

NEW! WRIT-722  | 1 session  | $37  | Age 60+ | $55 REG
S01  Sa 9:30 a.m.-1 p.m.  | Charlene Oldham  
July 10  | Online

Find Writing Jobs Using Online Resources

Online job boards including Upwork™ and ProBlogger™ offer thousands of new writing jobs every day. But, they are only starting points for finding work online. Whether you are already an experienced freelancer or are simply interested in exploring options for earning extra income while working from home, you’ll discover the multiple online job boards designed to help you find enjoyable, paid writing work.

NEW! WRIT-722  | 1 session  | $37  | Age 60+ | $55 REG
S02  Sa 9:30 a.m.-1 p.m.  | Charlene Oldham  
July 17  | Online
HOME IMPROVEMENT AND MAINTENANCE

The Upside of Downsizing
We accumulate things over the years, but eventually the extra stuff needs to go! Whether it's choosing a simpler lifestyle, empty-nesting or entering independent living, downsizing can seem overwhelming first. Which comes first: get rid of clutter or get organized? List the house or find your new home? From paring down the excess to moving to a smaller space, we'll help you explore the upside of downsizing.

REAL-765 | 1 session | $23 AGE 60+ | $29 REG
S01 | Th 7-9 p.m. | June 10
Jill McCoy
Online

DIY Home Inspections
Considering buying or selling a home in the near future? Learn to perform your own unofficial inspections to save money, time and headaches by spotting costly repairs before you get to the contract stage. Discuss the reasons for home inspections, what home inspectors look for, home inspection reports, how to choose a home inspector and the different types of inspections.

HOME-765 | 1 session | $19 AGE 60+ | $25 REG
S02 | W 7-9 p.m. | June 16
Troy Galloway
MC-SO 108

Be Your Own General Contractor
Save money on home renovation projects by serving as your own general contractor. Understand a general contractor's role and responsibilities: how to interview sub-contractors, required permits, insurance for the property owner and sub-contractors, scheduling sub-contractors, setting up a payment schedule, and understanding liens, waivers and contracts.

HOME-765 | 1 session | $19 AGE 60+ | $25 REG
S01 | W 7-9 p.m. | June 30
Troy Galloway
MC-SO 108

HOME BUYING AND SELLING

Home Selling: Your Guide to a Successful Sale
If you’ve never sold a home before—or if it’s been a while—it’s important to know your marketing options. Learn what to expect from the home selling process, ways to add impact and value to your home for top-dollar offers, how to use knowledge of competition in your area to determine a realistic selling price. Understand the pros and cons of “for sale by owner.” Discover how to find the right agent to sell your house. Learn insider tips that can get you the best deal for your home!

REAL-702 | 1 session | $23 AGE 60+ | $29 REG
S01 | Th 7-9 p.m. | June 17
Jill McCoy
Online

We have more! Ready for a career change? Consider becoming a real estate agent. See page 8. For home buying and real estate as an investment, see page 30.

Buying a Home? Top Buying Mistakes to Avoid
“*If only we had known ... “ This is the sad post-purchase statement of too many homebuyers. Purchasing a home is one of the largest investments you'll ever make. Discover how to avoid home-buying mistakes and learn the inside scoop of how to avoid surprises at closing. Understand what you should know before you purchase, what to expect throughout the process, strategies to obtain the best value, the importance of understanding contracts you sign, getting the right inspections before closing the deal, and how to safeguard yourself in any market.

REAL-701 | 1 session | $23 AGE 60+ | $29 REG
S01 | Th 7-9 p.m. | June 24
Jill McCoy
Online

Leveling Up: Buying vs. Renting, Millennial Edition
Are you a renter who has ambitions of buying a home or a current homeowner wondering whether renting makes more sense for your lifestyle? Ready for a change but don’t know where to start? It may be time to evaluate the relative costs, benefits and drawbacks of owning versus renting your home. Join a real estate professional and make a plan for the best option for your living situation.

REAL-765 | 1 session | $23 AGE 60+ | $29 REG
S02 | Th 7-9 p.m. | July 22
Jill McCoy
Online

† Courses offered through St. Louis Community College Continuing Education are for educational purposes only. While this information is believed to be reliable, participants should consult with licensed professional regarding your specific situation.
**MASTER NATURALIST**

The courses listed under Animal Studies, Ecology, Nature, and Landscape and Gardening meet the curriculum requirements for the Master Naturalist program. Classes may be taken for your own personal enrichment or as part of the Master Naturalist program.

### Animal Studies

- **What It Takes To Be a Zookeeper and River's Edge Safari Trip**
  Take a virtual guided trip with educators from the St. Louis Zoo. Learn about how the keepers take care of the animals and what their daily routine is like.
  **ANIM-765** [1 session] $39 | AGE 60+ $39 | REG
  **S01** Sa 10-10:45 a.m. STL Zoo Online

- **Animal Behavior**
  Taught by educators from the St. Louis Zoo, learn about animal behavior and why it is an important area of study. Students will learn about ethograms and do a live behavior study.
  **ANIM-765** [1 session] $39 | AGE 60+ $39 | REG
  **S02** Sa 10-10:45 a.m. July 17 STL Zoo Online

### Ecology

- **Indoor Composting: Making a Bokashi Bucket**
  Don't throw away those scraps! Nearly 20% of household trash can be composted. The quick and convenient Bokashi Bucket system can be used year-round and produces no household odors. Construct an indoor composting system capable of decomposing food and houseplant trimmings for a family of four. In a space-saving Bokashi system, effective microorganisms transform all types of kitchen waste into a nutrient-rich soil amendment. All equipment, materials and handouts provided are included in fee; you will be contacted in regards to supply pickup. Class is offered in partnership with the Missouri Botanical Garden Earthways Center.
  **ECOL-704** [1 session] $59 | AGE 60+ $59 | REG
  **S01** Th 6:30-8 p.m. Maggie McCoy June 17

### Nature

- **Forest Park Owls: Hiding in Plain Sight**
  Join a local award-winning naturalist and speaker for an informative glimpse into the lives of a local mated pair of Great Horned Owls in Forest Park. He has been closely observing and documenting the owls since 2005. Learn how he found the owls, basic facts about the species and various behaviors he observes and documents with photos and videos to illustrate these behaviors.
  **NATR-709** [1 session] $25 | AGE 60+ $25 | REG
  **S01** Th 6:30-8:30 p.m. Mark Glenshaw May 27 Online

- **How to Find an Owl In Your Neighborhood**
  Do you ever see or hear an owl in your neighborhood and want to experience more of these beautiful birds? Discover ways to find owls in your area—whether in subdivisions, city neighborhoods, park areas or large public parks.
  Find out which owls you are most likely to see or hear, what to listen for and the importance of research and collaboration. Also, view photos and videos of the owl behaviors he has observed and documented.
  **NATR-709** [1 session] $25 | AGE 60+ $25 | REG
  **S02** Th 6:30-8:30 p.m. Mark Glenshaw June 24 Online

### NEW! Wetland Wonders Walk

*Beat the heat with an early morning nature walk at Shaw Nature Reserve!* The Wetlands Loop Trail passes several wetland ponds of increasing size and depth, with a variety of plants and animals to be seen along the way. We will hike less than 2 miles total. Meet at the Visitor’s Center to drive to the Boscom House parking lot for the restroom. Then drive about two miles on Loop Road and meet at the Wetlands parking area to begin the hike. Join a local award-winning naturalist and speaker for an informative glimpse into the lives of a local mated pair of Great Horned Owls in Forest Park. He has been closely observing and documenting the owls since 2005. Learn how he found the owls, basic facts about the species and various behaviors he observes and documents with photos and videos to illustrate these behaviors.

- **The Wonders of Weather With Meteorologist John Fuller**
  Join a KPLR-TV meteorologist as he shares his weather knowledge. Explore the basics of weather instruments to their function in making a forecast. Build the weather maps seen on television through exciting labs and understand the technical terminology. Fun experiments will demonstrate how rain, hail and tornadoes develop. Examine tornado case events and the dynamics behind them. Learn internet techniques that will make YOU the weather expert in your family or group of friends in just three hours. If you have ever wondered why the sky is blue, or why the weather changes so quickly, this class is for you.
  **NATR-734** [1 session] $26.50 | AGE 60+ $39 | REG
  **S01** Sa 9 a.m.-noon John Fuller June 19 Online

### Landscape and Gardening

- **Container Gardening**
  No room to plant a large garden? Try container gardening! Join a master gardener and learn to select containers and choose plants. Discover how to start and maintain flowers, veggies and herbs within a contained space. Recommendations for plant combinations will also be discussed. Make the best of the area you have and create visually appealing, functional surroundings.
  **HORT-714** [1 session] $19 | AGE 60+ $25 | REG
  **S01** Th 7:9 p.m. Mike Ochonicky June 3 Online

- **Soil and Composting**
  The first step in successful gardening is working from the ground up. Learn the dirt on gardening with easy-to-understand info on soil types, practical tips on preparation, and composting benefits for your home garden. This is a valuable learning opportunity for both beginning and experienced homeowners.
  **HORT-709** [1 session] $19 | AGE 60+ $25 | REG
  **S01** W 7-9 p.m. Mike Ochonicky June 9 Online
  **S02** Th 7-9 p.m. Mike Ochonicky July 1 Online

- **All About Herbs**
  Now is the time to plan for your summer garden! Get the most from your gardening efforts, whether you are just starting or expanding an herb garden. Hear the best advice from a master gardener on how to plant, maintain and harvest an herb garden. Gain tips on using herbs in and around your home, and discover the best way to freeze and preserve herbs for future use.
  **HORT-701** [2 sessions] $23 | AGE 60+ $35 | REG
  **S01** Tu W 7-9 p.m. Mike Ochonicky June 15 – June 16 Online
  **S02** W 7-9 p.m. Mike Ochonicky June 23 Online

- **Really Green Thumbs**
  Improve your “eco-green” garden materials and your “green thumb” gardening practices. Learn how an organic and sustainable approach can benefit your home or community garden. Join a master gardener, and discover simple ways to incorporate natural techniques to improve your garden soil, plant nutrition and pest control. Make your garden environmentally friendly and improve your gardening skills, your health and the world in which we all live. Bring a notebook and pen to class.
  **HORT-713** [1 session] $19 | AGE 60+ $25 | REG
  **S01** W 7-9 p.m. Mike Ochonicky June 23 Online

**MASTER NATURALIST PROGRAM**

Cultivate your interests and build community connections. Learn more about the program at: [stlcc.edu/MasterNaturalist](http://stlcc.edu/MasterNaturalist)
FINANCE AND INVESTMENTS

Personal Finance

Where Does My Money Go?†
Are you one of 52% of Americans who don’t have a budget? You don’t have to be a CPA to manage your finances and build wealth within the resources that you have. Learn about budgeting, building emergency savings, paying down debt, saving for retirement and a crash course in building wealth through investments. Many of the financial questions you were afraid to ask will be answered in this course that will help you take control of your finances and help build a better future for you and your family.
FINC-735 | 1 session | $27 AGE 60+ | $39 REG
S01 Sa 9 a.m.-1 p.m. Tiffany Smith
July 17

Identity Theft Seminar†
If you use a credit card, checking account, or internet accounts, it’s important to be aware of the latest scams. It can take months and cost more than $1,000 to recover and clean up your identity and credit, but only two hours to learn how to prevent fraud. Learn why people lie, how to detect deception and scams, what to do if you become a victim, and how to find free investigative resources to use at home. Don’t get scammed!
FINC-765 | 1 session | $21 AGE 60+ | $29 REG
S04 Sa 10 a.m.-noon Cheryl Ring
July 31

Identity Theft and More: Pandemic Edition†
Identity thieves are always finding ways to stay ahead of the game. When the pandemic began, the world became their playground. Learn about international scamming, counterfeiting and more. Stay one step ahead of the scammers. The Identity Theft Seminar is a precursor to this class; however, it is not required to join this class.
FINC-765 | 1 session | $21 AGE 60+ | $29 REG
S05 Sa 10 a.m.-noon Cheryl Ring
June 26

Investments

The Good, the Bad, and the Ugly of Annuities†
The word “annuity” has become one of those four-letter words your mother warned you about. However, while there are bad annuities, not all are. Historically, annuities are one of the most misunderstood and broadly defined financial products. Annuities can be powerful when used correctly, yet detrimental if used improperly. This course will untangle the web, teaching you if and when to use the right tool for the job, and how to properly use any annuity you may already have.
FINC-765 | 1 session | $35 AGE 60+ | $35 REG
S01 Th 6-8 p.m. Andrew Hall
July 1

Adaptive Investment: Managing Through an Extended Bear Market†
The wealthy always seem to come out ahead. How can the average person who has done everything right in accumulating assets for retirement, use the same strategies employed by the super-rich? Explore strategies that may be unfamiliar to you by replacing the bond position in your portfolio and managing risk for a more confident future.
FINC-765 | 1 session | $35 AGE 60+ | $35 REG
S06 Tu 6-8 p.m. Jason Ingram
June 8

Defusing Your IRA Timebomb†
View selected clips from “The Power of Zero - The Tax Train is Coming” tax documentary. This documentary is the first to explore the impact of our nation’s looming debt crisis. The film covers how the debt crisis could threaten to disrupt your traditional retirement and the possibility of a sovereign debt crisis. Learn about proactive measures to take now that will help to mitigate the possibility of increasing taxes to pay for ever increasing national debt.
FINC-765 | 2 sessions | $49 AGE 60+ | $49 REG
S07 Tu 6-8 p.m. Jason Ingram
July 13 – July 20

Mitigating Taxes in Retirement†
A clear strategy to address the possibility of income and capital gains tax increases should be an essential part of a successful retirement strategy. Taxes don’t necessarily go down during the retirement years. The possibility of tax increases without a well-thought out and implemented plan can change retirement goals and the face of retirement dramatically. Explore steps to take now to mitigate the impact of possible tax increases.
FINC-736 | 2 sessions | $49 AGE 60+ | $49 REG
S03 Tu 6-8 p.m. Jason Ingram
July 13 – July 20

† Courses offered through St. Louis Community College Continuing Education are for educational purposes only. While this information is believed to be reliable, participants should consult with licensed professional regarding your specific situation.
Innovative Alternatives for Long-Term Care Planning

Extended care, also called long-term care, is something we all hope we will never need. However, the expense, both emotionally and financially, can bankrupt a family. Traditional long-term care solutions are expensive and not tax-efficient. Learn alternatives for extended care that can be structured to offer you flexibility through unlimited care benefits for you and your spouse.

FINC-746 | 1 session | $35 AGE 60+ | $35 REG
S02 | Th 6-8 p.m. | Jason Ingram | June 10 | Online

Mitigating the Long-Term Care Crisis

What is long-term care (LTC) and how do you pay for it? Do you want to go into a facility or stay at home? If you have ever experienced a friend or family member who has needed long-term care, you may understand the costs associated with providing assistance. LTC insurance can be expensive. The question is, “How do you pay for LTC without having to purchase LTC insurance?” Learn about alternative financial programs that can be used to pay for LTC for both you and your loved one.

FINC-746 | 1 session | $35 AGE 60+ | $35 REG
S01 | Th 6-8 p.m. | Andrew Hall | July 29 | Online

Estate Planning: Living Trusts

Everyone wants to do estate planning for control of their assets and for a legacy to loved ones. Learn various ways to plan an estate, avoid probate, avoid guardianships and reduce or eliminate estate taxes. Find out why a living trust may be the best solution. Taught by an attorney.

FINC-710 | 1 session | $33 AGE 60+ | $39 REG
S02 | Tu 7-9 p.m. | Jacquelynn Capriano | June 15 | Online

Estate Planning: What to do When a Loved One Passes Away

When someone passes away, often the responsibilities of settling the estate are placed on the family or trustee that is charged with wrapping up all final affairs. Learn from an estate planning attorney about the legal process from what occurs in probate court to instances where the probate court may not be needed in closing the decedent’s estate. Uncover practical pre-planning tips as well as common mistakes that can cause litigation.

FINC-710 | 1 session | $33 AGE 60+ | $39 REG
S03 | Tu 7-9 p.m. | Paul Gartner | July 13 | Online
No Sweat Public Speaking
Speaking opportunities are business, career and leadership opportunities! Are you making the most of those speaking moments? Overcome your fear of public speaking with help from a local speaker, coach and author. Develop, practice and deliver knock-your-socks-off presentations with no sweat! Learn the components, parts and elements of a presentation. Master the tips to take your presentation from “blah” to “ahh”
COMM-715 | 3 sessions | $31.50 AGE 60+ | $49 REG
S01 Tu 6:30-8:30 p.m. Fred Miller
      May 25 – June 8

Nonverbal Communication: How to Speak and Listen Without Words
Explore the extraordinary amount of information provided through nonverbal communication. Enhance your communication skills, avoid miscommunication and become a better communicator overall. Uncover how a simple movement or facial expression can completely contradict the message you are trying to get across. Understand how to identify, interpret and use basic nonverbal cues to improve your communication skills.
COMM-711 | 2 sessions | $27 AGE 60+ | $39 REG
S01 Tu 6:30-8:30 p.m. Erin De Vore
      June 1 – June 8

Communication Skills for Personal Empowerment
Conflicts are often caused by poor communications. Conversely, successful personal, social and business relationships are built on good communication. Learn a framework (two rules and the three components) of good communications. Discover how to empower yourself through personal responsibility, proper body language, and assertiveness. Bring your biggest communication challenges to class and receive personal attention and help with problem solving them.
COMM-765 | 2 sessions | $75 AGE 60+ | $75 REG
S03 Tu 6:30-8:30 p.m. Jean Walters
      June 1 – June 8

Tackle your problems before they become a crisis! Develop your speaking skills and ease communication with friends, family, and colleagues during this stressful time. Discover what a crises management plan is, what information it typically contains, and how you can create and use your own plan to communicate effectively in the midst of a global pandemic.
COMM-765 | 1 session | $25 AGE 60+ | $35 REG
S01 Sa 10 a.m.-1 p.m. Joyce Nganga
      June 12

Introduction to Voiceover
Have you been told you have a great speaking voice? Learn how to get started in the voiceover acting industry! Learn from a sixteen-year veteran who has worked for NBC, ABC, PBS, HGTV, Nintendo, Saturday Night Live, Walmart and The Wendy Williams Show. He'll share insights on the right voice for success, if making a living in voiceover work is feasible, ways to find work, tips to land an agent, and how to produce a demo. Most importantly, a Q&A session will address any basic questions you may have about how the voiceover industry works.
COMM-765 | 1 session | $49 AGE 60+ | $49 REG
S04 Sa 2-3:30 p.m. Jason Rooney
      June 12

NEW Baby Signs
SIGN-765 | 6 sessions | $58.50 AGE 60+ | $95 REG
S01 W 6:30-7:30 p.m. Cindy Hayes
      June 22 – Aug. 4
      • NOTE: No class July 14.

SIGN LANGUAGE

Getting Started with Sign Language I
Journey into Sign Language! Establish a basic knowledge of Sign Language and learn common vocabulary for numbers, feelings, opposites, colors, and food. Class does not cover ASL sentence structure. No textbook is required.
SIGN-701 | 7 sessions | $66.50 AGE 60+ | $109 REG
S01 Th 6:30-8:30 p.m. Cindy Hayes
      June 17 – July 22
      • NOTE: No class July 15.

NEW Communicating in a Diverse Environment
Our differences can complicate how we communicate with one another casually and professionally. Uncover how gender, sexual orientation, race, religion, organizational culture, and age shape the way we communicate. Discover how to overcome these barriers and improve communication in your personal and professional life.
COMM-765 | 1 session | $25 AGE 60+ | $35 REG
S02 Sa 10 a.m.-1 p.m. Joyce Nganga
      July 17

STLCC.EDU/CE 31
### World Languages

#### Bosnian

**Bosnian-Croatian for Neighbors**
How did St. Louis become home to 70,000 Bosnians, the highest population outside of Europe? What is the difference between Bosniak, Croat and Serb? Learn more about your Bosnian neighbors, with topics ranging from cultural customs to food to religion to history! Explore the ways of the Balkan peninsula and learn to say “hello” to your Bosnian neighbors in their native language. No textbook is required. Bring notebook, pencil and small pocket notebook.

- **FLBO-765** | 1 session | $27 AGE 60+ | $39 REG
- **S01**  | Thu 5:30-7:30 p.m. | Azim Mujakic | Online

#### Bosnian-Croatian: Beginning I
Are you interested in the Bosnian-Croatian language and culture of the region? Learn everyday expressions, simple conversational phrases and insights about the contemporary culture of the Balkan peninsula from a native speaker. No textbook is required. Bring a notebook, pencil and small pocket notebook.

- **FLBO-717** | 8 sessions | $70 AGE 60+ | $109 REG
- **S01**  | Tu 6:30-8:30 p.m. | Azim Mujakic | June 1 – July 20

#### Bosnian-Croatian: Beginning II
Continue studying reading, writing, and grammar, and build stronger communicative competence and vocabulary in a new language. Prerequisite: Bosnian-Croatian Language: Beginning I or equivalent experience. No textbook is required. Bring notebook, pencil and small pocket notebook.

- **FLBO-718** | 8 sessions | $70 AGE 60+ | $109 REG
- **S01**  | W 6:30-8:30 p.m. | Azim Mujakic | May 19 – July 7

#### Chinese (Mandarin)

**Chinese for the Traveler**
Enjoy an easy and practical introduction to the Chinese Mandarin language and traveler etiquette tips. Learn phrases for daily use, including greetings, self-introduction and asking for directions. Although the focus will be on oral conversation, you will also learn how to read simple Chinese characters and recognize public signs. No textbook is required.

- **FLCH-716** | 8 sessions | $70 AGE 60+ | $109 REG
- **S01**  | Sa 10 a.m.-noon | Xiaobo Quan | June 19 – Aug. 7

**Chinese for First-Timers**
Explore an ancient culture and language. You’ll explore pronunciations, greetings, basic sentences and the Pin Yin system. No textbook is required.

- **FLCH-717** | 4 sessions | $58.50 AGE 60+ | $95 REG
- **S01**  | F 6-9 p.m. | John Yeh | May 21 – June 11

#### French

**French for the Traveler**

- **FLFR-716** | 6 sessions | $58.50 AGE 60+ | $95 REG
- **S01**  | M W 4:30-6:30 p.m. | Patricia Adams | June 7 – June 23
- **S02**  | F 10 a.m.-noon | Olivia Mikus | June 25 – July 30

**French: Beginning I**
Learn practical vocabulary, correct pronunciation and the basic sentence structure necessary to understand and begin to formulate conversations. Bring required text to first class: “French Now! Level 1” ISBN 978-1438072791.

- **FLFR-717** | 8 sessions | $70 AGE 60+ | $109 REG
- **S01**  | M W 7-9 p.m. | Patricia Adams | June 7 – June 30
- **S02**  | W 10 a.m.-noon | Olivia Mikus | June 9 – July 28
- **S03**  | F 11:30 a.m.-1:30 p.m. | Olivia Mikus | June 26 – Aug. 14

**French Language: Beginning II**
Deepen your knowledge of French culture and language in a relaxed and informal atmosphere. Continue learning practical vocabulary, correct pronunciation and the basic sentence structure necessary to understand and formulate conversations in French! Prerequisite: French Language: Beginning I or equivalent experience. Bring required text to first class: “French Now! Level 1” ISBN 978-1438072791.

- **FLFR-718** | 8 sessions | $70 AGE 60+ | $109 REG
- **S01**  | Sa 9-11 a.m. | Olivia Mikus | June 12 – July 31
- **S02**  | M Th 7-9 p.m. | July 1 – July 29 | NOTE: No class July 5.

#### German

**German: Beginning III**
Increase your knowledge of the German language. Concentration will be on oral use of the language in everyday situations. Prerequisite: German Language: Beginning II or equivalent experience. Bring required text to first class: “Berliner Platz 1, NEU” ISBN 978-3126060257.

- **FLGE-719** | 8 sessions | $70 AGE 60+ | $109 REG
- **S01**  | Th 6-8 p.m. | Ann Cotter | June 3 – July 22

**German: Intermediate III**
Expand your conversational skills in German, through focus on everyday vocabulary and situations. The focus will be advanced-level grammar and sentence structure. Prerequisite: German Language: Intermediate II. Bring required text to first class: "Berliner Platz 1, NEU" ISBN 978-3126060257.

- **FLGE-720** | 8 sessions | $70 AGE 60+ | $109 REG
- **S01**  | Tu 6-8 p.m. | Ann Cotter | June 1 – July 20

#### Irish (Gaelic)

**Irish for the Traveler**
Enjoy an easy and practical introduction to the Irish language. Learn survival phrases and how to read signs and menus, transportation schedules and more. Explore cultural differences and be prepared to enjoy your adventure abroad!

- **FLIR-716** | 8 sessions | $70 AGE 60+ | $109 REG
- **S01**  | Th 6:30-8:30 p.m. | Matt Morrison | June 10 – July 29

**Irish: Beginning I**
Learn practical vocabulary, correct pronunciation and the basic sentence structure necessary to understand Gaelic conversations.

- **FLIR-717** | 8 sessions | $70 AGE 60+ | $109 REG
- **S01**  | Tu 6:30-8:30 p.m. | Matt Morrison | June 8 – July 27

#### Italian

**Italian for the Traveler**
Enjoy this jump-start course for smart travelers. Learn survival phrases and how to read signs and menus, transportation schedules and more. Explore cultural differences and be prepared to enjoy your adventure! Bring required text to first class: “Berlitz Italian Phrase Book & Dictionary” ISBN 978-1780044866.

- **FLIT-716** | 6 sessions | $58.50 AGE 60+ | $95 REG
- **S01**  | Tu 7-9 p.m. | Michael Cross | June 22 – July 27
- **S02**  | Tu 7-9 p.m. | June 7 – Aug. 10 | Michael Cross | Online | MC-50 108

#### Japanese

**Japanese for the Traveler**
Enjoy this jump-start course for smart travelers. Learn survival phrases and how to read signs and menus, transportation schedules and more. Explore cultural differences and be prepared to enjoy your adventure abroad! No textbook is required.

- **FLJP-716** | 8 sessions | $70 AGE 60+ | $109 REG
- **S01**  | Th 1:30-3:30 p.m. | Yuki Tanaka-McFarlane | June 3 – July 22

**Japanese: Beginning I**

- **FLJP-717** | 8 sessions | $70 AGE 60+ | $109 REG
- **S01**  | W 1:30-3:30 p.m. | Yuki Tanaka-McFarlane | June 2 – July 21

#### Korean

**Korean: Beginning I**

- **FLKO-717** | 8 sessions | $70 AGE 60+ | $109 REG
- **S01**  | Sa 9-11 a.m. | Junghye Park | June 26 – Aug. 14

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**Registration:** Begins May 3
**PERSONAL ENRICHMENT**

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**Portuguese**

**Portuguese: Beginning I**
Acquire basic Brazilian Portuguese conversation and reading skills. While the emphasis is on conversation, class also includes grammar. Bring required text to first class: “Bom Dia, Brasil” ISBN 978-0300116311. Class is taught by a native-fluent speaker.

*FLPG-717* | 8 sessions | $109 <strong>AGE 60+</strong> | $109 REG  
S01  W 6:30-8:30 p.m.  Viva Brasil STL  
June 2 – July 21  Online

**Portuguese: Beginning II**
Explore language structures, vocabulary, communication skills, culture and the geography of Brazil. While the emphasis is on conversation, you’ll also explore grammar. Prerequisite: Portuguese I or equivalent experience. Class is taught by a native-fluent speaker. Bring required text to first class: “Bom Dia, Brasil” ISBN 978-0300116311.

*FLPG-718* | 8 sessions | $109 <strong>AGE 60+</strong> | $109 REG  
S01  W 6:30-8:30 p.m.  Viva Brasil STL  
June 2 – July 21  Online

**Portuguese: Beginning III**
Enhance your knowledge of language structures, vocabulary, conversation skills, culture and everyday vocabulary. This course is for those with basic Portuguese conversational ability. Class is taught by a native-fluent speaker. Prerequisite: Portuguese II or equivalent experience. Bring required text to first class: “Bom Dia, Brasil” ISBN 978-0300116311.

*FLPG-719* | 8 sessions | $109 <strong>AGE 60+</strong> | $109 REG  
S01  W 4:30-6:30 p.m.  Viva Brasil STL  
June 2 – July 21  Online

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**Russian**

**Russian: Beginning II**
Increase your Russian speaking, grammar and vocabulary skills. Concentration will be on oral use of the language in everyday situations. Prerequisite: Russian Language: Beginning I or equivalent experience. Bring required text to first class: “Live from Russia: Volume 1” ISBN 978-0757552014.

*FLRU-718* | 12 sessions | $100.50 <strong>AGE 60+</strong> | $189 REG  
S01  Tu 5-7 p.m.  Valerie Powers  
May 17 – Aug. 3  Online

**Russian: Beginning III**
Increase your Russian speaking, grammar and vocabulary skills. Concentration will be on oral use of the language in everyday situations. Prerequisite: Russian Language: Beginning II or equivalent experience. Bring required text to first class: “Live from Russia: Volume 1” ISBN 978-0757552014. Final class will take place on Friday, August 13, from 4:30-6:30 PM.

*FLRU-719* | 12 sessions | $100.50 <strong>AGE 60+</strong> | $189 REG  
S01  M 7-9 p.m.  Valerie Powers  
May 17 – Aug. 13  Online  
- NOTE: No class May 31, July 5.

**Russian: Intermediate II**

*FLRU-721* | 12 sessions | $100.50 <strong>AGE 60+</strong> | $189 REG  
S01  Th 5-7 p.m.  Valerie Powers  
May 20 – Aug. 5  Online

**Russian: Intermediate III**
Expand your conversational skills through a focus on everyday vocabulary and situations. Examine and review advanced-level grammar and sentence structure. Prerequisite: Russian Language: Intermediate II or equivalent experience. “Live from Russia: Volume 1” ISBN 978-0757552014.

*FLRU-722* | 12 sessions | $100.50 <strong>AGE 60+</strong> | $189 REG  
S01  Tu 7-9 p.m.  Valerie Powers  
May 18 – Aug. 3  Online

**Russian: Advanced I**

*FLRU-724* | 12 sessions | $100.50 <strong>AGE 60+</strong> | $189 REG  
S01  W 7-9 p.m.  Valerie Powers  
May 19 – Aug. 4  Online

**Russian: Advanced Conversation**

*FLRU-724* | 10 sessions | $95.50 <strong>AGE 60+</strong> | $169 REG  
S02  F 2:15-4:15 p.m.  Valerie Powers  
May 28 – July 30  Online

**Russian: Advanced II, Conversational Review**
Strengthen your understanding and gain proficiency in conversational skills through an exploration of travel-, work- and education-related subjects. Bring required text to first class: “Russian As We Speak It” by Serafima Khavronina ISBN 978-5200037530.

*FLRU-724* | 10 sessions | $95.50 <strong>AGE 60+</strong> | $169 REG  
S03  Th 7-9 p.m.  Valerie Powers  
May 20 – July 22  Online

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Spanish: for the Traveler
Enjoy this jump-start course for smart travelers. Learn survival phrases and how to read signs, menus, transportation schedules and more. Explore cultural differences and be prepared to enjoy your adventure! Bring required texts to first class: *Spanish is Fun: Book 1* ISBN 978-1634199285 and *Spanish is Fun: Book 1 Companion Workbook* ISBN 978-1531110633.

**FLSP-716** | 8 sessions | $70 | age 60+ | $109 | REG
---|---|---|---|---|---
S01 | W 4:30-6:30 p.m. | Timothy Neckermann | June 23 – Aug. 11 | Online |

Spanish: Beginning I
Learn practical vocabulary, correct pronunciation and the basic sentence structure necessary to understand and begin to formulate conversations. Focus will be on: how to conjugate regular verbs, how to match them with the proper pronoun, proper pronunciation (stress on the proper syllables of words.) Bring required texts to first class: *Spanish is Fun: Book 1* ISBN 978-1634199285 and *Spanish is Fun: Book 1 Companion Workbook* ISBN 978-1531110633.

**FLSP-717** | 8 sessions | $70 | age 60+ | $109 | REG
---|---|---|---|---|---
S01 | Tu 7-9 p.m. | Ann Rupert | June 22 – Aug. 10 | MC-BA 114 |
S02 | Th 4-6 p.m. | Ann Rupert | June 24 – Aug. 12 | MC-BA 114 |
S04 | Th 2-4 p.m. | Timothy Neckermann | June 24 – Aug. 12 | Online |

Spanish: Beginning II
Increase your speaking, grammar and vocabulary skills. Concentration will be on oral use of the language in everyday situations. Prerequisite: Spanish Language: Beginning I or equivalent experience. Bring required texts to first class: *Spanish is Fun: Book 1* ISBN 978-1634199285 and *Spanish is Fun: Book 1 Companion Workbook* ISBN 978-1531110633.

**FLSP-718** | 8 sessions | $70 | age 60+ | $109 | REG
---|---|---|---|---|---
S03 | Tu 4:30-6:30 p.m. | Maria De la Garza | May 25 – July 13 | Online |
S02 | W 4-6 p.m. | Ann Rupert | June 23 – Aug. 11 | MC-BA 114 |
S01 | Th 4:30-6:30 p.m. | Timothy Neckermann | June 24 – Aug. 12 | Online |

Spanish: Beginning III
Deepen your speaking, grammar and vocabulary skills. Concentration will be on oral use of the language in everyday situations. Prerequisite: Spanish Language: Beginning II or equivalent experience. Bring required texts to first class: *Spanish is Fun: Book 1* ISBN 978-1634199285 and *Spanish is Fun: Book 1 Companion Workbook* ISBN 978-1531110633.

**FLSP-719** | 8 sessions | $70 | age 60+ | $109 | REG
---|---|---|---|---|---
S01 | Th 7-9 p.m. | Timothy Neckermann | June 24 – Aug. 12 | Online |

Spanish: Beginning I, II, III Review
Refresh your verb conjugation, speaking and written skills. Improve your understanding of present tense through writing and speaking; only present tense verbs will be covered. Must have a basic understanding of: how to conjugate regular verbs, how to match them with the proper pronoun, proper pronunciation (stress on the proper syllables of words.) Prerequisite: Spanish Beginning III or equivalent experience. Bring required text to first class: *Primer Libro (Spanish First Year) Workbook* 2nd ed., ISBN 978-0877205197, available online.

**FLSP-720** | 8 sessions | $70 | age 60+ | $109 | REG
---|---|---|---|---|---
S01 | Tu 2-4 p.m. | Timothy Neckermann | June 22 – Aug. 10 | Online |

Spanish: Beginning I, Grammar
Gain an in-depth understanding of present tense conjugation with regular, irregular and stem-changing verbs. Only present tense verbs will be covered. Must have a basic understanding of: how to conjugate regular verbs, how to match them with the proper pronoun, proper pronunciation (stress on the proper syllables of words.) Prerequisite: Spanish Language: Beginning II or equivalent experience. Bring required text to first class: *Primer Libro (Spanish First Year) Workbook* 2nd ed., ISBN 978-0877205197, available online.

**FLSP-717** | 8 sessions | $70 | age 60+ | $109 | REG
---|---|---|---|---|---
S03 | Th 7-9 p.m. | Ann Rupert | June 24 – Aug. 12 | MC-BA 114 |

Spanish: Intermediate I
Review basic grammar and sentence structure, and improve your conversational skills through practice in everyday situations. Aspects of Latino culture will be introduced and highlighted as topics of conversation throughout class. Prerequisite: Spanish Language: Intermediate I or equivalent experience. Bring required text to first class: *Spanish is Fun: Book 2* ISBN 978-1629746708 and *Spanish is Fun: Book 2 Companion Workbook* ISBN 978-1629746654.

**FLSP-721** | 8 sessions | $70 | age 60+ | $109 | REG
---|---|---|---|---|---
S01 | W 4:30-6:30 p.m. | Maria De la Garza | May 26 – July 14 | Online |
S02 | Tu 4:30-6:30 p.m. | Timothy Neckermann | June 22 – Aug. 10 | Online |

Spanish: Intermediate II
Deepen your knowledge of basic grammar and sentence structure, and improve your conversational skills through practice in everyday situations. Aspects of Latino culture will be introduced and highlighted as topics of conversation throughout class. Prerequisite: Spanish Language: Intermediate I or equivalent experience. Bring required text to first class: *Spanish is Fun: Book 2* ISBN 978-1629746708 and *Spanish is Fun: Book 2 Companion Workbook* ISBN 978-1629746654.

**FLSP-722** | 8 sessions | $70 | age 60+ | $109 | REG
---|---|---|---|---|---
S01 | Tu 7-9 p.m. | Timothy Neckermann | June 22 – Aug. 10 | Online |

Spanish: Intermediate I, II, III Review
Deepen your verb conjugation, speaking and written skills. Improve your understanding of present tense through writing and speaking; only present tense verbs will be covered. Must have a basic understanding of: how to conjugate regular verbs, how to match them with the proper pronoun, proper pronunciation (stress on the proper syllables of words.) Prerequisite: Spanish Beginning III or equivalent experience. Bring required text to first class: *Primer Libro (Spanish First Year) Workbook* 2nd ed., ISBN 978-0877205197, available online.

**FLSP-723** | 8 sessions | $70 | age 60+ | $109 | REG
---|---|---|---|---|---
S02 | W 7-9 p.m. | Timothy Neckermann | June 23 – Aug. 11 | Online |

Spanish: Intermediate I, Reading
Enhance your vocabulary and reading skills, and deepen your understanding of Spanish culture. Practice reading for a wholistic language-learning experience! Prerequisite: Spanish Language: Intermediate III or equivalent experience. Bring required text to first class: *Spanish Short Stories for Beginners* ISBN 978-1983806893.

**FLSP-724** | 8 sessions | $70 | age 60+ | $109 | REG
---|---|---|---|---|---
S02 | Th 4:30-6:30 p.m. | Maria De la Garza | May 27 – July 15 | Online |

Swahili
NEW! Swahili: Beginning I
Swahili has a rich and remarkable history and is spoken by 140 million people across the globe. Learn to communicate with individuals near and far through basic conversations, blogs and social media. Discover the basics of speaking and writing Swahili, with a focus on proper pronunciation and basic sentence structure. No textbook required.

**FLSW-717** | 12 sessions | $200 | age 60+ | $159 | REG
---|---|---|---|---|---
S01 | Th 7-9 p.m. | Joyce Nganga | May 27 – Aug. 12 | Online |

STLCC.EDU/CE | 314-984-7777 | REGISTRATION BEGINS MAY 3
CULTURE

A Hodgepodge Literary Review I
Join a small group of book lovers and review hidden treasures of the literary world. This socially interactive gathering will follow the format of a book club. Bring your book, opinions and a snack! This class will cover two books total and will meet every other week with a bonus film shown on the Friday following the last class. The film will cover one of the book themes read and will be announced at the second class. Books Include: "Terry: My Daughter’s Life-and-Death Struggle With Alcoholism" by George McGovern and "Girls Like Us: Fighting for a World Where Girls Are Not for Sale: A Memoir" by Rachel Lloyd.

CLTR-705 | 3 sessions | $31 AGE 60+ | $49 REG
S01 W 6-8:30 p.m. | Blake Hines
May 26 – June 11 Online

A Hodgepodge Literary Review II
Join a small group of book lovers and review hidden treasures of the literary world. This socially interactive gathering will follow the format of a book club. Bring your book, opinions and a snack! This class will cover two books total and will meet every other week with a bonus film shown on the Friday following the last class. The film will cover one of the book themes read and will be announced at the second class. Books Include: "Chameleon" by Dan Dylan and "The Stoning of Soraya M.: A Story of Injustice in Iran" by Freidoune Sahebjam.

CLTR-705 | 3 sessions | $31 AGE 60+ | $49 REG
S02 W 6-8:30 p.m. | Blaire Hines
June 16 – July 2 Online

Exploring Wild Alaska: A Travelogue
Discover the 49th state and its wonders. Explore the arid climate of Fairbanks to the tropical rainforest of Juneau. Learn about its longest and shortest days, the railroad, the races and the animals that make this one of the most sought-after vacation destinations. Hear stories of sled dog teams, musk ox farming, salmon fishing and more.

CLTR-703 | 1 session | $25 AGE 60+ | $25 REG
S01 W 7-9 p.m. | Dea Hoover
June 16 Online

History of Ireland: A Travelogue
Many people in St. Louis have roots connecting them back to the Emerald Isle. Local tour directors will help you learn the history of the Celts, the Claddagh, Clow Bay and more.

CLTR-702 | 1 session | $25 AGE 60+ | $25 REG
S01 Sa 10:30 a.m.-12:30 p.m. | Dea Hoover
July 24 Online

LGBTQIA+ Dialogue
Invite friends, family, allies and anyone looking to engage in healthy conversation to these courses. Please note: All STLCC classes are Safe Space learning environments.

A Transgender Experience: A Comprehensive Discussion
Explore the foundational ideas illuminating the complexity of gender—both in general and for trans people. Explore history, terminology, etiquette and policy advocacy. Through tales of personal experience, film depictions, lecture and discussion, the instructor will debunk myths and provide information about the range of trans identities and experiences. Gain comfort talking about trans issues and explore how these issues are relevant to you and your communities. Leave class with a new understanding and a list of resources.

CLTR-701 | 4 sessions | $34 AGE 60+ | $59 REG
S01 W 6-9 p.m. | Stephanie Thurmer
June 2 – June 23 Online

Understanding Intersexuality
Through stories of personal experience and general discussions, discover some of the debunked myths about what being intersex means. Explore the foundational ideas illuminating the complexity of gender in general and specifically for intersex individuals through terminology, history, and policy advocacy. The additions to the LGBT community have grown in numbers and represent more than those that identify as “gay.” Discuss how you can be an ally in your community and support your friends, neighbors, family and loved ones.

CLTR-703 | 2 sessions | $23 AGE 60+ | $35 REG
S01 W 6-8 p.m. | Jordan Braxton
May 19 – May 26 Online

Diversity and Gender Expansive Terminology
Have you ever wondered what all the letters mean in LGBTQIA? What’s the difference between sexual orientation, gender identity, and gender expression? Why is it important to use a person’s pronouns? Here’s your chance to get the answers to those questions and more. Through presentations, movies and personal narrative you will learn how wonderful humans are within the LGBTQIA Community.

CLTR-703 | 3 sessions | $31 AGE 60+ | $49 REG
S02 W 6-8 p.m. | Jordan Braxton
July 14 – July 28 Online

We have more! Discover how to overcome communication barriers in a diverse environment. See page 31.
**Fish and Ferris Wheel**
Venture to downtown St. Louis and visit the newest Union Station additions: St. Louis Aquarium and St. Louis Ferris Wheel. From the local streams and rivers to the depths of the oceans, explore the hidden treasures of the Missouri and Mississippi waterways. Delight in a ride on the new wheel in fully enclosed, climate-controlled gondolas that each seat up to six adults. Ferris wheel passengers will take three to four rotations high over the St. Louis skyline during a 15-minute ride. Enjoy lunch at Fazzaaz’s on the Hill. Admission, lunch and gratuities included in fee. Pick up for Florissant Valley campus at 7:45 a.m. at the top of circular drive between Administration and Social Sciences Buildings. Pick up for Meramec campus at 8:30 a.m. at Lot E on the NW side of Meramec campus. Please arrive 15 minutes prior to departure time. Withdrawal date for refund is May 21.*

**TRIP-701** | Session | $119 AD, EL, $110 REG
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S01 | Th 7:45 a.m.-2:45 p.m. | AWTY: Dee Hoover
June 3 | FM/VC-OFF Campus

**Hannibal: America’s Hometown**
Ever wondered what it would be like to walk in the shoes of Tom Sawyer or Huck Finn? Grab a friend and travel to the boyhood town of Mark Twain: Hannibal, Missouri. Tour Twain’s home and museum and attend a private museum curator talk: “Is Mark Twain Relevant Today?” Take a midday break to enjoy the sights and lunch at Mark Twain Riverboat dockside. Take a one-hour cruise on the Mark Twain Riverboat. Finish your Hannibal adventure with Tom Sawyer and Huck Finn in Richard Garey’s “Mark Twain Himself” performance at the Planter’s Barn Theater. Tour includes professional tour guide, motorcoach transportation, visit and tour of Mark Twain Boyhood Home & Museum, private curator talk, lunch dockside and one-hour sightseeing cruise, performance at Planter’s Barn Theater. Tour includes professional tour guide, motorcoach transportation, one-way train fare, entrance to Abraham Lincoln Presidential Library and Museum and Lincoln Tomb Historic Site, and lunch at Maldener’s. Tour requires moderate amounts of standing and walking; you must be able to lift leg 12 inches to board Amtrak train. If Amtrak schedule changes, transportation will be by motorcoach. Please arrive 15 minutes prior to departure time. Withdrawal deadline for refund is June 8.*

**TRIP-702** | Session | $129 AD, EL, $129 REG
---|---|---
S01 | F 7:30 a.m.-7 p.m. | AWTY: Dee Hoover
June 18 | MC-OFF Campus

**Close Encounters of the European Kind**
Interested in improving your travel? Learn the ins and outs of European adventures from a seasoned traveler. You’ll laugh as you learn the dos and don’ts and out of European adventures from a seasoned traveler. You’ll laugh as you learn the dos and don’ts and outs of European adventures from a seasoned traveler.

**TRIP-703** | Session | $19 AD, EL, $25 REG
---|---|---
S01 | Th 7-9 p.m. | Mike Ochonicky
June 24 | Online

**Explore the Valley of Coal in Glen Carbon**
Spend a day getting to know the village of Glen Carbon. You’ll start with a visit to the 100-year-old brick school that now houses Heritage Museum and Old City Hall/Fire House. From there, you’ll explore vibrant exhibits and learn how the Madison Coal Corporation impacted the community with its company town approach to mining. After enjoying a catered lunch with Wooden Nickel Pub and Grill, you’ll experience the history and lingering wood smoke smells of Yanda Log Cabin, which served as home to a blacksmith family with 10 children. Delight in a guided driving tour of Glen Carbon including the site of the former Acme schoolhouse, Glen Carbon covered bridge and doughboy statue. Before heading home, we’ll stop at Bobby’s Frozen Custard, home of the famous turtle sundae, to appreciate a refreshing treat. Tour includes professional tour guide, motorcoach, all listed attractions, speakers, experiences, inclusive lunch and all gratuities to driver and guide. Meet tour bus at the Meramec Campus (7:45 a.m.) on Lot E, or at the Florissant Campus (8:30 a.m.) at top of circular drive between Administration and Social Sciences Buildings. Please arrive 15 minutes prior to departure time. Withdrawal deadline for refund June 10.*

**TRIP-702** | Session | $119 AD, EL, $119 REG
---|---|---
S04 | F 7:45 a.m.-4:45 p.m. | AWTY: Dee Hoover
June 25 | MC/VC-OFF Campus

**Land of Lincoln**
Travel to the land of Lincoln and visit the only home he ever owned, now a National Park Service historic site. Discover how a four-block neighborhood rivals an intimate look at Lincoln as husband, father, neighbor and politician. Tour Lincoln’s Tomb and Presidential Museum and see breathtaking monuments and historical significance. Price includes professional tour guide, motorcoach transportation, one-way train fare, entrance to Abraham Lincoln Presidential Library and Museum and Lincoln Tomb Historic Site, and lunch at Maldener’s. Tour requires moderate amounts of standing and walking; you must be able to lift leg 12 inches to board Amtrak train. If Amtrak schedule changes, transportation will be by motorcoach. Please arrive 15 minutes prior to departure time. Meet the tour bus on Lot E on NW side of Meramec campus. Withdrawal deadline for refund is June 8.*

**TRIP-702** | Session | $109 AD, EL, $109 REG
---|---|---
S02 | Tu 8 a.m.-8 p.m. | AWTY: Dee Hoover
June 29 | MC/VC-OFF Campus

**Music and Mill in Cape**
Enjoy lunch at Celebrations while attending a private musical performance by Jerry Ford. A fixture at the Purple Crackle and the Colony Club in East Cape Girardeau, III. for many years, Ford has entertained audiences throughout the Midwest since 1957, providing back-up to Bob Hope, Red Skelton, Ray Stevens, Bobby Vinton, Tex Ritter and others. We’ll next visit Bollinger Mill Historic Site, home of Burfordville Covered Bridge, the oldest of its type in Missouri. Also, learn how the milling process works and, if river levels allow, observe a milling demonstration. Tour includes professional tour guide, motorcoach, all listed attractions, speakers, experiences, inclusive lunch and all gratuities to driver and guide. Meet tour bus on Lot E on NW side of Meramec campus. Please arrive 15 minutes prior to departure time. Withdrawal deadline for refund is June 8.*

**TRIP-702** | Session | $124 AD, EL, $124 REG
---|---|---
S03 | Tu 9:30 a.m.-5:15 p.m. | AWTY: Dee Hoover
July 20 | MC-OFF Campus

* Assumption of Risk, Release and Waiver of Liability must be signed at first class. See page 46 for more details.
Valley Park Buildings: Past and Present
At one time Valley Park, Missouri, had its own sphinx and was a favorite spot for lepidopterists. The city still contains many century homes. Explore major buildings in the city with a local historian and resident of Valley Park. Learn why movie makers considered Valley Park the ideal place to film a movie about uranium-crazed zombies. Find out why Valley Park has been called “the most significant company town in Missouri.”

HIST-708 | 1 session | $19 AGE 60+ | $25 REG.
S05 W 7-8:30 p.m. Douglas Schneider
July 21 Online

NEW! Bosnians in St. Louis: An American Success Story
Discover the horrific circumstances that brought Bosnian war refugees to St. Louis and how they have fared here since their arrival over twenty-five years ago. With pictures, stories and written artifacts, explore what has become one of the greatest success stories of any recent mass settlement in the region.

HIST-708 | 1 session | $19 AGE 60+ | $25 REG.
S08 Tu 6:30-8:30 p.m. Joe DeGregorio
June 15 Online

NEW! The Hill: America’s Last Little Italy
The Hill is the last remaining Little Italy in America. Learn about the explosive growth in new buildings, remodeling, events and demographic shifts during the past ten years. Explore the challenge facing this neighborhood in retaining its Italian cultural identity while maintaining openness to, and acceptance of, new residents of diverse backgrounds and ethnicities.

HIST-708 | 1 session | $19 AGE 60+ | $25 REG.
S09 W 6:30-8:30 p.m. Joe DeGregorio
Aug. 11 Online

NEW! History of Missouri Wines and Wineries
In 1851, Missouri wines won eight of the 12 prize medals at the World’s Fair in Vienna, Austria. In 1869, when the French wine industry was being devastated by an invasive louse, Missouri came to the rescue. Missouri was a wine leader in the United States until Prohibition, and experienced a late-20th Century industry revival. Take a virtual trip through the history of wineries in our state.

HIST-708 | 1 session | $19 AGE 60+ | $25 REG.
S06 W 10-11:30 a.m. Douglas Schneider
Aug. 4 Online

NEW! The Marvel™ Method
Discover the history behind Stan Lee’s “Marvel Method,” which led to the creation of some of the greatest comic book heroes and villains of all time. Gain a deeper understanding of how comics are created and some of the histories behind your favorite characters including Spiderman, the Avengers and the Fantastic Four from a local comic book shop owner. This offering is a great experience for comic book fans and cultural history buffs alike!

HIST-765 | 1 session | $21 AGE 60+ | $29 REG.
S05 Th 7-9 p.m. Martin Casas
July 8 Online

NEW! Baseball’s Hidden Histories
Baseball is widely known as America’s favorite pastime. However, people from all different cultures and backgrounds participate in the sport. Throughout U.S. history, baseball has been a unifier and a catalyst for social change. Explore how race, gender and class movements were built on the baseball field and learn about some of your favorite sport’s hidden figures.

HIST-765 | 1 session | $21 AGE 60+ | $29 REG.
S03 Sa 9:30-11:30 a.m. Victoria Cannon
June 26 Online

Civil War as Modern War
During the Civil War, the nation employed many new kinds of technologies on a massive scale: rifling, ironclads and even canned food. The war was also modern in the way that it was fought. Explore how tactics and strategy evolved from Napoleonic styles to ways of war we recognize now.

HIST-705 | 1 session | $19 AGE 60+ | $25 REG.
S01 W 7-8:30 p.m. John Ketcherside
June 16 MC-BA 120

WWII and the Civil Rights Movement
WWII combat experience was a catalyst for the modern Civil Rights Movement. Learn the connections between these two major historical events. Hear about the experience of well-known WWII units (e.g., 332nd Fighter Squadron, 761st Tank Battalion, 92nd and 93rd infantry divisions.) Discover their stories in combat-created motivations, justifications, and capacities for later activism.

HIST-714 | 1 session | $19 AGE 60+ | $25 REG.
S01 W 7-8:30 p.m. John Ketcherside
June 2 MC-BA 120

Protecting Our Nation’s Secrecy
Join us for a discussion of the past and current issues affecting our country’s national security. Hear the narrative of the instructor’s thirty years of experience as a Federal Agent in Counter-Intelligence and his role in protecting our nation’s secrets.

HIST-703 | 1 session | $19 AGE 60+ | $25 REG.
S02 Tu 6:30-8:30 p.m. Joe DeGregorio
Aug. 3 Online

The Life and Legacy of George H.W. Bush
Our country recently said farewell to George H. W. and Barbara Bush. Spend an evening reflecting on the life of this Navy hero, Yale Bulldog, businessman, congressman, ambassador, vice president and president. Learn how he and Barbara became the linchpins of a political dynasty.

HIST-703 | 1 session | $21 AGE 60+ | $29 REG.
S01 Th 7-9 p.m. James Gallen
Aug. 5 MC-Student Center 123E

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HIST-703 | 1 session | $21 AGE 60+ | $29 REG.
S01 Th 7-9 p.m. James Gallen
Aug. 5 MC-Student Center 123E
The Mediterranean Theater of Operations, focus of military effort until June of 1944, is often eclipsed in popular memory by D-Day and the Western Europe campaign. Discover the rationale for the invasion of Italy, explore principal battles, and hear about personal experiences.

**HIST-714** | 1 session | $21.50 AGE 60+ | $29 REG
**S02** W 7:30 p.m. | John Ketcherside | MC-BA 116

**Afghanistan I: Before the Soviet Invasion**

Afghanistan, where the Taliban seized control in 1996, was a failed state. While the decade-long conflict with the Soviet Union contributed to its demise, other long- and intermediate-range factors exacerbated the state’s collapse. Discover the history of Afghanistan that preceded and precipitated the 1979 Soviet invasion. Examine the domestic political, economic, and social old conditions, and the role of foreign intruders that shaped contemporary Afghan perspectives and existence. Unravel the story of how this profoundly traditional, historically-rooted society found itself at the juncture of left-wing radicalism and conservative Islam that provoked protracted wars with one, then another, global superpower.

**HIST-727** | 1 session | $21 AGE 60+ | $29 REG
**S01** Th 7-9 p.m. | Katie Young | MC-SO 205

**Afghanistan II: The Soviet Invasion and its Consequences**

Afghanistan attempted to subjugate and firmly install its brand of communism in the nation during a period often referred to as the “Soviet Union’s Vietnam.” Examine the decade-long struggle, unpack the role of key players—including the United States, Pakistan and the Soviets—and the American-backed mujahedeen, who ultimately defeated and hastened the demise of a superpower. Explore the Soviet invasion in the context of Afghanistan’s complex geography, tribalism, Muslim identity, and alliances. Understand the Afghanistan that remained as the Soviets departed, and connect the story of how Afghanistan became the haven for terrorism and extremism that provoked another superpower invasion a decade after the Soviet withdrawal.

**HIST-727** | 1 session | $21 AGE 60+ | $29 REG
**S02** Th 7-9 p.m. | Katie Young | MC-SO 205

**Afghanistan III: The Taliban and the Modern State**

When the Soviets left Afghanistan in 1989, the CIA withdrew most of its funding and influence. What remained was a power vacuum, in which old tribal rivalries resumed, now powered by radical Islam, American-provided Kalashnikovs and well-organized militias armed with the confidence of having just defeated the Soviet giant. Chronicle post-Soviet Afghanistan, from its struggles to install a government, to the rise of the Taliban, to its quest to retain a viable state among a people whose tribal history conflicts with the very concept of central government. The Afghanistan we know is marred by official corruption, terrorism, scarce resources, and a portion of the population that resists entry into the 21st century.

**HIST-727** | 1 session | $21 AGE 60+ | $29 REG
**S03** Th 7-9 p.m. | Katie Young | MC-SO 205

**NEW! Exploring the Olympics™: Mexico, 1968**

Are you watching the Summer Olympics this year? With the challenges of the COVID-19 pandemic, the road to the Olympics XXII has been difficult to navigate in 2021. But this is certainly not the first time that the Olympic games have been troubled with worldwide concerns. Come explore the Olympics XIX, held in Mexico City in 1968. These Games of the Olympiad were the first held in Latin America, but they were fraught with political tensions including a student-protest-turned-massacre and a powerful protest that became a long-standing symbol of the Black Power Movement.

**HIST-765** | 1 session | $21 AGE 60+ | $29 REG
**S04** Sa 9:30-11:30 a.m. | Victoria Cannon | July 24 | Online

**NEW! 9/11, 20 years Later: Unpacking the Terror**

Twenty years have passed since the deadliest terror attack on American soil. In addition to overwhelming grief and fear, Americans also suffered a profound lack of understanding: We, quite literally, didn’t know what hit us. Learn about the individuals and organizations that devastated our country and uncover some of the answers to lingering questions. Unpack the history, ideology, objectives, and methods of those who perpetrated the atrocities inflicted on America and its people on 9/11. Piece together the roles of Afghan history, the Soviet Union, the Taliban, the Sa’udis, and radical Islamist terrorism, in making Osama bin Laden’s vision of horror a momentary reality.

**HIST-765** | 1 session | $21 AGE 60+ | $29 REG
**S01** Th 7-9 p.m. | Katie Young | Aug. 5 | MC-SO 205

**NEW! America’s Response: The War on Terror**

In the immediate aftermath of the horror inflicted on the United States on 9/11, it was the task of the George W. Bush Administration to craft a response. Exactly a week later, under intense pressure to “do something”, the president signed into law a joint resolution authorizing the use of force against the perpetrators. This resolution would go on to justify a host of policy decisions: the invasions of Afghanistan and Iraq, holding prisoners at Guantanamo Bay and a broad-ranging domestic surveillance program, to name a few. This course will examine the difficulties associated with retaliating against a non-state actor, review specific operations associated with the “War on Terror”, and assess the extent to America’s post-9/11 focus has produced its desired results.

**HIST-765** | 1 session | $21 AGE 60+ | $29 REG
**S02** Th 7-9 p.m. | Katie Young | Aug. 12 | MC-SO 205

**NEW! Foreign Policy of Revolutionary Iran**

The most effective militias confronting ISIS in Iraq and Syria have been Iranian: Human waves, the Iranian Revolutionary Guard Corps, threats against Israel, Hizballah, Yemen and the nuclear program. This second installment of our Iran investigation will focus on its foreign policy, from the ascendency of the Ayatollah through the death of Qassem Soleimani. Examine the (mostly regional) foreign policy actions and objectives of Revolutionary Iran that will outline its friends, foes, capabilities, and limitations.

**HIST-727** | 1 session | $21 AGE 60+ | $29 REG
**S05** Th 7-9 p.m. | Katie Young | July 22 | MC-SO 205

**NEW! Nuclear Weapons: Britain and the Testing of H Bomb**

The Mediterranean Theater of Operations, focus of military effort until June of 1944, is often eclipsed in popular memory by D-Day and the Western Europe campaign. Discover the rationale for the invasion of Italy, explore principal battles, and hear about personal experiences.

**HIST-714** | 1 session | $21.50 AGE 60+ | $29 REG
**S02** W 7:30 p.m. | John Ketcherside | MC-BA 116

**NEW! The Work of Her Hands: Catholic Women Religious in St. Louis History**

In 2016, billboards appeared around the St. Louis area with a simple message, “We have faith in you, St. Louis,” signed “St. Louis Catholic Sisters.” The billboards were the latest legacy of a diverse group of women religious whose lives and work have shaped the city’s physical, social, emotional, and religious landscapes for more than three centuries. This course reveals how these women lived their faith in a changing St. Louis. It also invites us to consider how their lives, deeds, and way of living intersected with their religion, as well as larger issues of race, gender, class, and power in tense moments of reckoning and conflict in the St. Louis area and beyond.

**RELG-765** | 1 session | $21.50 AGE 60+ | $29 REG
**S01** Sa 9-11 a.m. | Amelia Flood | June 5 | Online
## Motorcycle

### Motorcycle Basic Rider Course

Basic Rider Course (MSF-BRC) is geared toward the novice motorcyclist or scooter operator and also provides an excellent skills update for returning riders or those with experience but no previous formal training. The course consists of classroom and on-bike instruction with furnished motorcycles or scooters. (Loaner scooters are limited; please check availability before registering. Personal scooters are also permitted.) Upon successful completion of the course, you will be issued a completion card from the Missouri Motorcycle Safety Program that serves as a waiver for the road test portion of the Missouri license endorsement. You must be at least 15½ and a half years of age and able to ride a bicycle. Those under 18 years of age must have a release form signed by a legal guardian or parent. You must bring a three-quarter or full helmet that meets Department of Transportation standards (loaner helmets available), over ankle boots with two-inch or lower heels, full finger gloves, long-sleeved jacket or heavy shirt, eye protection, sturdy pants and a photo ID. At the discretion of the instructors, students who are unable to safely operate the motorcycles will be dismissed from class for their own protection and the safety of the group. No refunds will be given if you are unable to complete the class for any reason. Class held rain or shine. You must arrive on time for class; late arrivals will not be admitted. Visit stlcc.edu/motorcycle for detailed information. To view a five-minute video of Basic Rider Course highlights, visit msf-usa.org.*

<table>
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<tr>
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<th>Sessions</th>
<th>Fee</th>
<th>Age 60+ Fee</th>
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* Assumption of Risk, Release and Waiver of Liability must be signed at first class. See page 46 for more details.

### Basic Bike Bonding Course

Bike bonding refers to the connection and interaction between a rider and motorcycle. Good bike bonding helps riders automate their physical skills so they can devote more attention to road and traffic conditions (searching and evaluating.) The objective of the Basic Bike Bonding Course is to develop and practice basic skills beyond those acquired in the Basic Rider Course. The course is designed to provide sufficient control skills to handle a motorcycle in more challenging street situations in a low risk, effective and enjoyable training environment. This is an excellent refresher course for those who may not have ridden for a period of time since their Basic Rider Course or who desire additional practice time. You must have a motorcycle endorsement or motorcycle permit. There is no classroom portion to this course. Training motorcycles are provided. The BRC is a recommended prerequisite for the novice rider, but it is not required; you must have sufficient riding skills and experience to operate a motorcycle with basic proficiency. You must have motorcycle permit or M-endorsement on driver’s license and be 18 years of age or older. Those under 18 years of age must have a release form signed by a legal guardian or parent. Required items include: DOT-approved three-quarter or full helmet (loaner helmets available), over ankle boots with two-inch or lower heels, full fingered gloves, long-sleeved jacket or heavy shirt, eye protection, sturdy pants and a photo ID. Loaner motorcycles are provided. This is not a MO State waiver class.*

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<td>MOTR-703</td>
<td>1 session</td>
<td>$66.50</td>
<td>$99</td>
<td>REG</td>
</tr>
<tr>
<td>S01</td>
<td>Sa 7 a.m.-5 p.m.</td>
<td>Jeff Pittenger</td>
<td>To be determined</td>
<td></td>
</tr>
</tbody>
</table>

* Assumption of Risk, Release and Waiver of Liability must be signed at first class. See page 46 for more details.
**Chess for Beginners**

Have you always wanted to learn the world’s greatest game? Start at square one and go from pawn to tournament-ready chess player! Spark cognitive development, increase memory and develop critical-thinking skills that translate to every part of life. You must create a free account on Lichess.org, share username with instructor prior to first class, and bring a notebook and pen to class.

**GAME-720 | 8 sessions | $45.50 AGE 60+ | $69 REG**

S02  Tu 6-7 p.m.
     June 1 – July 20
Kyle Weber

S01  Th 6-7 p.m.
     June 3 – July 22
Kyle Weber

**Chess Tactics**

Dive into chess’ tactical motifs and complex checkmate patterns. Analyze high-level grandmaster games, middlegame and endgame strategies. This class is for intermediate chess players who know how to play, but have not yet learned the more challenging concepts. Prerequisite: Ability to implement opening principles and knowledge of all advanced rules of chess. You must create a free account on Lichess.org, share username with instructor prior to first class, and bring a notebook and pen to class.

**GAME-720 | 8 sessions | $45.50 AGE 60+ | $69 REG**

S03  W 6-7 p.m.
     June 2 – July 1
Kyle Weber

**Beginning Bridge**

Learn Standard American (SAYC) bidding, game instruction, defense techniques and general etiquette used during contract bridge.

**GAME-701 | 8 sessions | $47.50 AGE 60+ | $75 REG**

S01  Tu 6:30-8:30 p.m.
     June 22 – Aug. 10  FV-Student Center Private Dining Room A
Aaron Krieger

**Golf: Beginning I**

Start from the beginning and learn the basic fundamentals of golf: grip, set up, mini-swing, full swing, putting and chipping. Perfect introductory class for new players and a great way for experienced golfers to sharpen rudimentary golf skills. Extra fee for balls.*

**PEDU-730 | 4 sessions | $49 AGE 60+ | $49 REG**

S02  Sa 9-10 a.m.
     May 29 – June 19  Golfport of Maryland Hts
S03  Th 7-8 p.m.
     July 8 – July 29  Golfport of Maryland Hts

**PEDU-730 | 6 sessions | $52 AGE 60+ | $65 REG**

S05  W 6-7 p.m.
     May 26 – June 30  First Tee Driving Range
Scott Neibert

S06  M 7-8 p.m.
     June 14 – July 26  First Tee Driving Range
Scott Neibert

**Golf: Beginning I for Women**

Start from the beginning and learn the basic fundamentals of golf: grip, set up, mini-swing, full swing, putting and chipping. Perfect introductory class for new players and a great way for experienced golfers to sharpen rudimentary golf skills. Extra fee for balls.*

**PEDU-730 | 4 sessions | $49 AGE 60+ | $49 REG**

S01  Th 6-7 p.m.
     May 27 – June 17  Golfport of Maryland Hts
S04  Tu 10-11 a.m.
     July 13 – Aug. 3  Golfport of Maryland Hts

**Golf: Beginning II**

Review, practice and expand on fundamentals presented in Golf: Beginning I class. With emphasis on correcting individual swing faults, this is the perfect class for beginning golfers with previous instruction. Extra fee for balls.*

**PEDU-731 | 4 sessions | $49 AGE 60+ | $49 REG**

S01  Sa 9-10 a.m.
     July 10 – July 31  Golfport of Maryland Hts
S03  W 7-8 p.m.
     May 26 – June 30  First Tee Driving Range
Scott Neibert

S02  M 7-8 p.m.
     June 14 – July 26  First Tee Driving Range
Scott Neibert

**Golf: The Swing of Things**

Get into the swing of things! This fun class is essential for every golfer! Perfecting your swing is not all about hitting the ball, it’s learning and understanding how to use your body motion to create your perfect swing. Extra fee for balls.*

**PEDU-765 | 4 sessions | $49 AGE 60+ | $49 REG**

S02  Sa 10-11 a.m.
     May 29 – June 19  Golfport of Maryland Hts

**Golf Basics and Beyond**

Learning to play golf correctly is key to a great game. If you’re a new golfer, this course will help you started on the right track. For more experienced golfers, get back to basics and unlearn any bad habits. Class covers putting, chipping, pitching, rules, etiquette, and full swing with iron and with wood. A great mix for beginning students just learning to play and experienced golfers brushing up on skills and rules of play as a refresher course. Extra fee for balls.*

**PEDU-730 | 5 sessions | $79 AGE 60+ | $79 REG**

S05  Sa 10-11:30 a.m.
     May 29 – June 26  Eagle Springs Golf Course
S08  M 5:30-7 p.m.
     July 12 – Aug. 9  Eagle Springs Golf Course

**Golf: Tee for Two**

Want to enjoy the game of golf with your significant other? Whether you’ve played for years or have never picked up a club, couples can enjoy time together while learning and improving golf skills. This course is open to all levels of player. Each participant must register. Clubs are available for use at the range.*

**PEDU-765 | 4 sessions | $49 AGE 60+ | $49 REG**

S01  Sa 11 a.m.-noon
     May 29 – June 19  Golfport of Maryland Hts

**Golf for Seniors**

Learn the basic fundamentals of golf: grip, set-up, mini-swing, full swing, putting and chipping. Class will move at a slower pace. Extra fee for balls.*

**PEDU-765 | 4 sessions | $49 AGE 60+ | $49 REG**

S03  Sa 10-11 a.m.
     June 5 – July 17  Golfport of Maryland Hts

• NOTE: No class July 3.

**Golf Playing Lesson**

Enjoy this unique opportunity to play nine holes of golf with an experienced instructor. If you’re a golfer who has received prior instruction, but have had difficulty taking your game to the next level, this opportunity is for you. Be prepared to pay Eagle Springs approximately $15 to play some holes on the course (includes riding cart). Meet your instructor at Eagle Springs Clubhouse. Tee time is at the class start time, so be sure to arrive a few minutes early.*

**PEDU-765 | 1 session | $39 AGE 60+ | $39 REG**

S04  M 5-7 p.m.
     June 14  Eagle Springs Golf Course

**Golf: The FUNdamentals**

This class prepares you to acquire an open mind in your golf game by learning the basics, or FUNdamentals. Learn skills required to ensure a sound golf experience and have fun doing so. Extra fee for balls.*

**PEDU-730 | 4 sessions | $49 AGE 60+ | $49 REG**

S07  Th 5-6 p.m.
     June 10 – July 1  Golfport of Maryland Hts

* Assumption of Risk, Release and Waiver of Liability must be signed at first class. See page 46 for more details.
Boot Camp With Shark Fitness
Experience no-nonsense training to gain optimal results through hard work, honest talk and accountability. Build strength and endurance using a variety of elastic fitness tubing (equipment will be available for purchase.) Challenge yourself through resistance training, calisthenics, short runs, and drills during 60-minute sessions designed to work every major muscle group. Bring a towel or mat and water. Weather permitting, class will be held outside; dress appropriately. Participants must be able to jog 50 meters. Meet at the entrance to the PE building on O parking lot.*

PEDU-755 | 12 sessions | $159 AGE 60+ | $159 REG
S01 Tu Th 9:45-6:45 a.m. May 18 – June 24 MC-PE
S03 Tu Th 9:30-10:30 a.m. May 18 – June 24 MC-PE
S04 M W F 5:45-6:45 a.m. June 28 – July 26 • NOTE: No class July 5.
S06 Tu Th 5:45-6:45 a.m. June 29 – Aug. 5 MC-PE
S05 Tu Th 9:30-10:30 a.m. June 29 – Aug. 5 MC-PE

NEW! Body Reset Training Program
Getting fit is one measurement of health, but understanding why that is not happening is another. Injuries, incorrect posture, and other elements may be keeping you from being at your best in all of your movements, ranging from everyday motion to athletic performance. Restore your body and regain amazing balance and flexibility from this core workout, designed to strengthen and align you back to full motion.*

PEDU-747 | 8 sessions | $79 AGE 60+ | $79 REG
S01 W 6-7 p.m. Almas Del Ritmo Dance
May 19 – July 7 Online

Barre Cardio and Tone
Sequence of upper body exercises using light free weights to target bicep, tricep, shoulder, chest and back muscles. Move to a series of ballet barre and floor exercises that focus on the thighs while working core and posture. Every exercise includes active stretching to elongate the targeted muscles.*

PEDU-754 | 13 sessions | $99 AGE 60+ | $99 REG
S01 Th 5:30-6:30 p.m. May 20 – Aug. 12 Z Total Body
Balance Barre
Explore a fun, effective way to develop better balance, posture, coordination, flexibility and strength. Enjoy beautiful music while stretching and strengthening your body and working the mind-body connection for this unique balance class. Focus on fall prevention and proper alignment to keep you agile, mobile and strong. Participate while standing or seated using the “barre” for balance. This unique program has been featured on St. Louis Public Radio and in the Ladue News. Come try this one-of-a-kind program for yourself! This course is ideal for individuals age 55 and older, and those of all abilities.*

PEDU-754 | 8 sessions | $79 AGE 60+ | $79 REG
S06 Tu 2-2:45 p.m. Vitality in Motion June 1 – July 20 Online

NEW Mat Pilates
Build core strength with floor exercises that will help increase strength, flexibility & agility. Every muscle will be stretched by the end of class, leaving you feeling lean, long and relaxed.*

PEDU-756 | 8 sessions | $79 AGE 60+ | $79 REG
S02 M W F 5:45-6:45 a.m. May 17 – June 21 MC-PE

Yoga Basics
New to yoga or desire a slow, gentle pace? Learn standard yoga postures, flexibility and correct breathing techniques. Bring a towel and mat.*

PEDU-756 | 7 sessions | $75 AGE 60+ | $75 REG
S01 Th 5:30-6:30 p.m. June 7 – Aug. 12 Denise Motta

Yoga: Continuing
Continue to build your yoga skills while learning to relax, calm your mind and experience vibrant healing energy. Learn to use breathing, stretching and relaxation techniques to bring a total sense of well-being and integration of mind and body. Bring a towel and mat.*

PEDU-761 | 10 sessions | $119 AGE 60+ | $119 REG
S02 M 12:15-1:15 p.m. Kelly Kauffmann June 7 – Aug. 23 Affton Comm Cntr A

ACE® Personal Trainer Certification Prep
Turn your passion for health and fitness into a career as a personal trainer.

• Ten-session, non-credit training program

• Learn to design individualized fitness programs based on clients’ health, fitness and goals

• Study physiology, nutrition, teaching techniques and more

• Prepare for the American Council on Exercise (ACE) Personal Trainer Certification Exam

Learn more and register at stlcc.edu/Accelerated
Wellness and Personal Development

Wellness

Nutrition 101
What types of nutrients are found in different foods? How much should you eat? When and how often? Learn from a licensed and registered dietitian about truly balanced eating, macronutrients and portion control. Explore the upcoming changes with nutrition facts labels and the importance of knowing what is on your ingredient list. Break down fat diets, understand why they are considered fads, and discover how to establish eating practices which can lead to sustainable habits for the long haul.

PERD-747 | 1 session | $39 AGED 60+ | $59 REG
S01 M 6-7:30 p.m. Allison Lesko
June 7

Natural Wellness: Alternative Healthcare
Modern scientific research has shown how complementary and alternative medicine can help in treating systematic and chronic diseases. Understand how the mechanism of acupuncture and other forms of treatment in traditional Chinese medicine (TCM) provide alternative options for common, but difficult-to-treat diseases such as Alzheimer’s, stroke, cancer and Parkinson’s disease. Learn from the experience of a licensed acupuncturist and herbalist with a doctorate in Traditional Chinese Medicine.

HEAL-701 | 1 session | $29 AGED 60+ | $29 REG
S04 M 6-8:30 p.m. Alex Chen
June 21

Natural Wellness: Killing Pain Without Painkillers
Examine where pain comes from, what it means and how to alleviate it using various methods of traditional Chinese medicine (TCM). This class introduces options for pain management and is not a substitute for professional diagnosis and treatment. Learn from the experience of a licensed acupuncturist and herbalist with a doctorate in Traditional Chinese Medicine.

HEAL-701 | 1 session | $29 AGED 60+ | $29 REG
S01 M 6-8:30 p.m. Alex Chen
June 28

Natural Wellness: Overview of Chinese Medicine
Explore the fundamental concepts of traditional Chinese medicine that have steered this form of care for more than 2,500 years! Discover basic principles you can apply in your daily life to enhance health and wellness. Learn from the experience of a licensed acupuncturist and herbalist with a doctorate in Traditional Chinese Medicine.

HEAL-701 | 1 session | $29 AGED 60+ | $29 REG
S02 M 6-8:30 p.m. Alex Chen
July 19

Eastern Philosophy for Wellness
Explore the concepts of eastern philosophy to guide you through the ebb and flow of chronic diseases and lead you to a healthy life. This class will inspire your lifestyle and anchor your anxious mind by offering different perspectives to your life.

HEAL-701 | 1 session | $29 AGED 60+ | $29 REG
S03 M 6-8:30 p.m. Alex Chen
July 26

Personal Insights

Ten Clues to Your Past Lives
Ever wonder if you’ve lived before? Learn how past lives might influence your life now. Find clues in your talents and gifts, fears and phobias, relationships and tips on how to explore basic theories (and myths) of reincarnation and learn ways to create karmic healing and balance. Gain practical insights for your present life and purpose by diving deep into your past lives.

PERD-735 | 2 sessions | $24 AGED 60+ | $39 REG
S01 Tu 6:30-8:30 p.m. Rhonda Leihheit
May 25 – June 1 Online

Overcoming Procrastination
Do you have a few projects that you never seem to finish? Do you meet deadlines at the last possible minute? Are you too much of a perfectionist to finish projects? Explore the type of procrastinator you are and learn strategies for overcoming your particular procrastination style. Set goals and share your successes with the class.

PERD-709 | 3 sessions | $49 AGED 60+ | $59 REG
S01 Tu 6-8:30 p.m. Barbara Fischer
June 1 – June 15 Online

Zen Living
Do you want more peace and calm in your life? Do you feel stressed? Do you find yourself having a negative outlook? Learn practical ways to nurture Zen in your surroundings, relationships and personal philosophy. Explore open discussions on how Zen influences personal finances, physical ailments, sleeping habits, personal environment, self confidence, happiness, forgiveness, spirituality and love.

HEAL-702 | 2 sessions | $24 AGED 60+ | $29 REG
S01 Tu 6-8:30 p.m. Johnny Sprang
June 1 – June 8 MC-BA 118

Courage, Risks and Rewards: Taking Chances to Change Your Life
Life is all about choices. The decision to leap into something new or different can be both terrifying and thrilling, but taking chances can also offer significant rewards. Explore the concept of risk and learn how to change your mindset. Learn five powerful perspectives on risk-taking that will empower you to take more chances and create opportunities for happiness and fulfillment.

PERD-709 | 2 sessions | $24 AGED 60+ | $39 REG
S05 Sa 9:30-11 a.m. Carol Watkins
June 5 – June 12 MC-BA 120

NEW! Karmic Connections: Past Lives and Present Relationships
Karmic connections are soul connections. The intensity of emotions (pleasant or unpleasant) is often our first clue that we have been with these souls in past lives. Significant relationships (family, romantic or friendships) offer us profound spiritual insights if and when we are willing to learn.

PERD-709 | 2 sessions | $24 AGED 60+ | $39 REG
S06 Tu 6-8:30 p.m. Rhonda Leihheit
June 8 – June 15 Online

CAREGIVING

Caregiving Resources for Older Adults
Of the nearly 44 million family caregivers in the United States, many are often over-burdened and under-informed. Both the caregiver and care- receiver will benefit from having access to quality resources that support them in their respective roles. Learn valuable information about the basics of caregiving and receive helpful resources and tips for navigating your role as a family caregiver.

AHCE-701 | 1 session | $25 AGED 60+ | $25 REG
S01 Tu 6-8 p.m. Chien Hung
June 22

Loss as a Senior: Coping With Loneliness
Loss as a senior can present unique challenges to those who experience it. Isolation, depression and persistent feelings of sadness can be outcomes of losing a loved one. Loss can be especially difficult to cope with as an older adult. Learn coping methods and resources to help you or a loved one work through these emotions.

AHCE-701 | 1 session | $25 AGED 60+ | $25 REG
S02 W 6-8 p.m. Chien Hung
July 21

Chair Yoga
Enjoy a flowing fusion of yoga and classical movement set entirely to beautiful music, done from the comfort of your chair. Focus on breath, posture, meditation, flexibility, mobility and stress relief. Start your day feeling positive, refreshed and energized. This one-of-a-kind adaptive yoga class has been featured on St. Louis Public Radio and in the Ladue News.*

PERD-761 | 8 sessions | $25 AGED 60+ | $79 REG
F 10-10:45 a.m. Vitality in Motion
June 4 – July 23 Online

Senior Chair Yoga
Heal the body, mind and spirit along with building balance, strength, mobility and flexibility through standing or seated yoga poses with the aid of a chair. Designed for participants age 55 and older, but all are welcome.

PERD-761 | 7 sessions | $75 AGED 60+ | $75 REG
S01 W 11:15 a.m.-12:15 p.m. Denise Motta
June 30 – Aug. 11 Affton Comm Ctr A

* Assumption of Risk, Release and Waiver of Liability must be signed at first class. See page 46 for more details.
NEW! Challenge of Choice:
Effective Decision Making
Every action we take in life requires us to make decisions. Yet, many struggle each day with this process. Explore the core barriers behind decision making, define a streamlined process, and gain tips on how to deal with the positive and negative consequences that come with decision making.
PERD-709 | 1 session | $45 AGE 60+ | $45 REG
S02 Sa 11 a.m.-12:30 p.m. Candace Anthony June 12 Online

Assertiveness for the Sensitive Person
Have you ever been told that you are “too nice” and need to be more assertive? Sensitive people tend to place a higher value on the needs and opinions of others than their own. This can result in an individual feeling powerless and unheard. Learn how powerful you really are and develop confidence to be more comfortably assertive.
PERD-744 | 2 sessions | $24 AGE 60+ | $39 REG
S01 Tu 7-9 p.m. Nancy Cohen June 15 – June 22 Online

How to Find More Peace and Happiness
We all want to feel peace and joy, but the challenges we face often make that seem difficult. Discover how simple changes in your everyday thoughts, behaviors, and routines can make a remarkable difference in your life. Explore how understanding and practice can help you move toward the state of peacefulness more easily.
PERD-743 | 2 sessions | $24 AGE 60+ | $39 REG
S01 Th 7-9 p.m. Nancy Cohen June 17 – June 24 Online

Karma
Explore what karma is and how it is connected to your past lives. Learn how it operates, how to recognize when it is occurring, and how you can resolve karma in the most effective way. Acquire skills necessary to identify karmic lessons and move forward in life.
PERD-709 | 1 session | $19 AGE 60+ | $29 REG
S08 Th 6:30-8:30 p.m. William Duffin June 24 Online

NEW! Enhancing Your Emotional Intelligence Skill
You may have heard of Emotional Intelligence (EI). But do you understand what it is or how it applies to you? Knowing EI and at what level you are displaying the skills that fall under this concept can benefit you through increased motivation and improved social interactions. Discover the five aspects of Emotional Intelligence and increase your awareness with the goal of meeting your interpersonal and intrapersonal goals.
PERD-708 | 1 session | $45 AGE 60+ | $45 REG
S01 Sa 11 a.m.-12:30 p.m. Candace Anthony June 26 Online

Transitions and Transformations: Thriving in the Midst of Change
Transitions can be hard, but they hold a positive side, too. Transitions offer the opportunity to rethink the direction of our lives. In the second and third chapters of our lives, we may discover similarities to seasonal patterns of endings and beginnings. Summer brings its own unique set of challenges and opportunities. You may lose a loved one, experience divorce or illness, or have an empty nest. Maybe you become a new grandparent, embark on a new journey or move to a new city. Whether the transition is positive or negative, learn practical strategies to empower you in making future changes with increased confidence, less stress, and the greater potential to thrive. Class is recommended for individuals 50 and older.
PERD-709 | $24 AGE 60+ | $19 REG
S04 Sa 9:30-11 a.m. Carol Watkins July 10 – July 17 MC-BA 118

NEW! Effective Goal Planning for Personal Development
Have you ever struggled to meet a goal you’ve set for yourself? Wonder what would increase your motivation? Explore what contributes to your motivation, discover the difference between a goal and an objective, and leave with a plan to achieve personal and professional goals.
PERD-709 | 1 session | $45 AGE 60+ | $45 REG
S03 Sa 11 a.m.-12:30 p.m. Candace Anthony July 10 Online

Mastering Mindfulness
Are you easily affected by thoughts, feelings and sounds around you? Do you find meditation difficult because your mind is too busy? During this course, we’ll explore mindfulness as a method to improve your memory and find a clearer understanding of your purpose in life. Begin engaging the world with your entire mind instead of a fleeting, uncontrolled thought. Learn tools to stretch your mind in amazing ways.
PERD-709 | 1 session | $19 AGE 60+ | $29 REG
S10 Th 6:30-8:30 p.m. William Duffin July 22 Online

NEW! The Afterlife
What happens when we die? Will we meet our loved ones who have passed before us? Is there a heaven? A hell? Do souls really get “stuck” between worlds? Am I still “me” when my body dies? Gain a greater understanding of the afterlife and the journey of the soul thereto. Students should come to class with an open mind. This class is based on empirical and anecdotal fact and not a forum to debate individual religious views.
PERD-709 | 1 session | $19 AGE 60+ | $29 REG
S07 Sa 10 a.m.-noon William Duffin July 24 Online
COLLEGE FOR KIDS

Enjoy engaging classes in a week of exploration and summer fun!

July 26-30 | Online classes
August 2-6 | In-person classes at STLCC-Meramec

• For youth who’ve completed grades K-8
• Custom campus experience based on your child’s interests in science, technology, engineering, arts and math
• Accelerated options available
• In-person classes available 8 a.m.-5 p.m.
  with morning, afternoon or full-day options
• Online classes starting at $65/week
  In-person, half-day sessions starting at $149/week
• Online registration opens April 5

Questions? Give us a call at 314-984-7777.

Join our email list for updates and highlights:

stlcc.edu/CFK
Great care has been taken to provide accurate information about the courses in this schedule. Occasionally, an error may occur. Information is subject to change and/or correction. For more information on Continuing Education programs and to view complete, up-to-date course information, visit St. Louis Community College at stlcc.edu/CE.

Enrollment in Continuing Education classes and programs is limited to persons 16 years and older except for youth section classes and where otherwise noted.

Registration for classes closes three business days before class start date unless otherwise noted in course description.

Location Index

Affton White-Rodgers Community Center
9810 Mackenzie Rd., 63123

City Sewing Room
6700 Arsenal Ave., 63139

Craft Central
8145 Delmar, 63130

Culinary Arts House
3137 Hampton Ave., 63139

Eagle Springs Golf Course
2575 Redman Rd., 63136

First Tee Driving Range
(South County)
6286 Lemay Ferry Rd., 63129

GolfPort of Maryland Heights
1 GolfPort Dr., 63146

Mueller Industries
12995 Maurer Ind. Dr., 63127

Painted Zebra (Kirkwood)
10907 Manchester Rd., 63122

Perennial
3762 S. Broadway, 63118

Shaw Nature Reserve
307 Pinetum Loop Rd.
Gray Summit, 63039

Sunset Hills Community Center
3915 S. Linebergh, 63127

Z Total Body (Fenton)
830 Horan Dr., 63026

For more information, visit stlcc.edu/CE

Campus Legend

FLORISSANT VALLEY = FV
A............... ADMINISTRATION
B............... BUSINESS
CD.............. CHILD DEVELOPMENT CENTER
C............... COMMUNICATIONS
EC............... EMERSON CENTER
E............... ENGINEERING
H............... HUMANITIES
IR............... INSTRUCTIONAL RESOURCES
PE............... PHYSICAL EDUCATION
S............... SERVICE BUILDING
SM............... SCIENCE-MATHEMATICS
SS............... SOCIAL SCIENCES
Student Ctr....... STUDENT CENTER
T............... THEATER
TC............... TRAINING CENTER
CWI............. CTR FOR WORKFORCE INNOVATION

FOREST PARK = FP
A............... A-TOWER
B............... B-TOWER
C............... C-TOWER
D............... D-TOWER
F............... F-TOWER
G............... G-TOWER
HealthSci.... CTR NURSING & HEALTH SCIENCES
HSP............. HOSPITALITY
LB............... LIBRARY
PE............... PHYSICAL EDUCATION
Student Ctr...... STUDENT CENTER
T............... THEATRE
AA............... ART ANNEX

MERAMEC = MC
AC............. ASSESSMENT CENTER
AD............... ADMINISTRATION/CLARK HALL
AS............. APPLIED SCIENCE
BA............... BUSINESS ADMINISTRATION
CE............... CONTINUING ED. BLDG.
CP............... CAMPUS POLICE
CN.............. COMMUNICATIONS NORTH
CS............... COMMUNICATIONS SOUTH
GH............... GREENHOUSE
HE............... HUMANITIES EAST
HW............... HUMANITIES WEST
LH............... LECTURE HALLS
L............... LIBRARY
PE............... PHYSICAL EDUCATION
Student Ctr...... STUDENT CENTER
SO............... SOCIAL SCIENCE
SS............... SCIENCE SOUTH
SW............... SCIENCE WEST
T............... THEATER

WILDWOOD = WW

EXTENSION CAMPUS
STLCC Corporate College = STLCC-Corp
STLCC South County = STLCC-South Cty
William J. Harrison Education Center = STLCC-Harrison
Online Classes
Students registering for online classes must have a valid email address and reliable internet connection. A link to your online class will be emailed to you two business days before the class start date. If you do not receive this, please call 314-984-7777 during business hours. More information on our online classes can be found at stlcc.edu/CE. To go “Support for Online Classes.” Registration closes three business days prior to class start date unless otherwise specified in the course description.

Students’ Rights and Responsibilities
All students are responsible for adhering to College policies and procedures. Please refer to stlcc.edu/need2know.

Class Changes/Postponement/Cancellation
Any course changes in dates, times or locations will be emailed to students using the email address provided during course enrollment. Because Continuing Education (non-credit) courses are self-supporting, the decision to run a class is based on the number of students enrolled. The College reserves the right to cancel if sufficient enrollment is not achieved. For changes and cancellations due to low enrollment, students will be notified by email. Full refunds will be issued for classes canceled by the College unless noted otherwise in the catalog. Please call 314-984-7777 with any questions.

Inclement Weather
Occasionally, Continuing Education classes are canceled due to inclement weather. Cancellations will be broadcast on KMOV-TV, KSDK-TV and KTVI/Fox 2. Also, all location closings will be posted at stlcc.edu. To sign up for automated SMS notifications of STLCC campus closures or emergencies, visit stlcc.edu/alerts. When St. Louis Community College cancels classes, online and off-campus classes are also canceled. In addition, when a particular host school district or institution closes, the Continuing Education classes at that location will not meet.

COVID-19 Guidelines
Classes offered in-person may be rescheduled, canceled or transitioned to an online format based on COVID-19 guidelines. Students are required to follow COVID-19 guidelines for classroom participation, which includes, but is not limited to, use of masks and social distancing requirements.

Refund of Fees
If you wish to withdraw from a class, you will receive a full refund for most classes if the class is dropped three business days before the first meeting. See the course schedule for classes (such as day trips) that require notice of more than three business days for cancellation and eligibility for a refund.

Requests for withdrawals must be submitted in writing to a Continuing Education office by email at CEdropbox@stlcc.edu or via mail to: 3221 McKelvey Road, Suite 250, Bridgeton, MO 63044. Calculation of refunds will be based on the date the request is received via email or postmarked date.

Time of Withdrawal | Percentage Refund
--- | ---
Three business days prior to the first class meeting | 100%
Two business days prior to the first class meeting or after the class has begun | None

FOR SOME SPECIAL PROGRAMS AND CLASSES, AN EARLIER WITHDRAWAL DEADLINE MAY APPLY. THIS DEADLINE WILL BE PRINTED IN THE COURSE DESCRIPTION.

A student may receive either a full or partial refund for exceptional circumstances. For exceptional circumstances, refunds must be submitted in writing (email or mail) within 10 business days after the class start date to be considered. Supporting documentation may be required.

Fee Reduction for Individuals Age 60 and Older
At the time of registration, individuals age 60 and older may enroll in select courses for a reduced fee. Class costs are provided in each catalog course listing and online course description. Contact the CE office for questions regarding the reduced rate. Reduction will be calculated at check-out.

Senior Citizen Scholarship
For information, please visit stlcc.edu/CE or call 314-984-7777.

Unattended Children
Students are not permitted to bring children to class, nor should children be left unattended in the halls, offices, library or common areas. The College reserves the right to protect the safety and welfare of unattended children. If students leave children unattended, College will institute disciplinary action.

Textbooks
Textbooks can be purchased at the campus bookstores or online through the STLCC bookstore website unless otherwise noted in the course description. Books ordered through the website will be shipped to you free of charge. Please go to st louisccbookstore.com for additional information. CE students must select the term, department, course, and section to show a full list of what is required or optional for that specific class. Enter ‘CE’ or ‘Continuing Education’ on the website when prompted for a student number to complete the order.

Safety and Program Guidelines for Youth Classes
All children under the age of 16 who are enrolled in programs through the St. Louis Community College Office of Continuing Education must be accompanied and signed-in by a responsible party at the beginning of each program session. In addition, a responsible party must also meet the participant at the end of the session and sign them out. Appropriate behavior is expected. Students may be dismissed for misbehavior.

Firearms on College Property
No person (except for licensed police officers) shall possess or carry any firearm, visible or concealed, on college property (including college buildings and grounds – leased or owned by the college – college athletic fields and parking lots) or in any college vehicle or at college sponsored events on or off college property.

Non-Discrimination
St. Louis Community College is committed to creating inclusive, welcoming, and respectful learning and working environments focused on the needs of our diverse communities. The College does not discriminate on the basis of race, color, national origin, ancestry, religion, sex, pregnancy, sexual orientation, gender identity, gender expression, age, disability, protected veteran status, and any other status protected by applicable state or federal law. The College’s nondiscrimination policies apply to any phase of its employment process, any phase of its admission, or financial aid programs, and all of its educational programs or activities. For information or concerns related to discrimination or sexual harassment, contact Mary Zabriskie, J.D. at 314-539-5345.

Protection of Intellectual Property
The content of each course consists of intellectual property of the College and the faculty member. Recording of course lectures, discussions and materials, or distribution/transportation of the course content, is prohibited. The reason for this policy is to protect the intellectual property of the College and faculty member, to protect the copyright interests in course materials and to protect the privacy interests of students participating in this course. Public distribution or transmission to publicly accessible web environments may constitute copyright infringement and may subject the student to disciplinary action under applicable College policies.

Accommodations
If you are a person with a disability who requires an accommodation in order to participate in any program or activity, please contact the Continuing Education Access Office at 314-984-7704 as soon as possible in advance of the program for consideration of your accommodations request.

It is helpful to receive accommodations requests at least 10 days in advance of a program. For trips and tours, advance notice of up to one month is requested. With less advance notice, it may be difficult to meet needs of interested members. Learn more about STLCC disAbility Support Services at stlcc.edu/disability.

Environmental Health and Safety
Some Continuing Education courses involve work with materials and products that require special handling. Please refer to STLCC’s Environmental Health and Safety page (www.stlcc.edu/departments/environmental-health-and-safety) for additional information.

Assumption of Risk, Release and Waiver of Liability
* Assumption of Risk, Release and Waiver of Liability must be signed at first class.

St. Louis Community College assumes no liability for accidents or injuries that may occur while participating in Continuing Education classes and programs and provides no funds to cover medical costs or expenses. Students are reminded that participation is voluntary. A signed waiver is required for participation in select courses and participants must be age 18 or older. It is strongly recommended that all students have their own health insurance. St. Louis Community College Continuing Education seeks to provide courses that are academically interesting and create opportunities for members to broaden their scope and interests. The material presented in these courses is for informational purposes only, and the views and opinions expressed in class are strictly those of the instructor.
Online

www.stlcc.edu/CE

Email address required for online registration. Payment via credit/debit card is due at time of registration.

Please note: A 2.75% fee will be added for class registrations made via debit or credit card. Payment may alternatively be made via check.

Mail

STLCC Continuing Education
3221 McKelvey Rd, Ste 250
Bridgeton, MO 63044

Complete the enrollment form and include check or money order for payment.

Students who register by mail will receive confirmation of enrollment by email.

STLCC is committed to keeping your information safe. We can only accept debit and credit card payments through our online system. You can register and pay online at stlcc.edu/CE. We will also accept registration and payment via check by mail. All payment for classes must be received by the class registration deadline (three business days prior to class start unless otherwise noted in catalog and/or in the course description at stlcc.edu/CE.)

Please contact our Call Center with any questions you may have at 314-984-7777.

Extended hours from May 3-6
- M-Th 8:30 a.m.-5:30 p.m.
- F (not extended) 8:30 a.m.-4 p.m.

Regular hours
- M-Th 8:30 a.m.-4:30 p.m.
- F 8:30 a.m.-4 p.m.

Enrollment in classes within this brochure is limited to persons 16 years or older except for youth classes or where otherwise noted. Students must be 18 years or older to sign print waivers or acknowledge online waivers.

Registration Deadline: All non-credit courses are limited in enrollment. Advanced registration is required prior to first class meeting. Registration closes three business days prior to class start date, except as otherwise noted in course description. Some classes have additional registration deadline requirements. Please check course descriptions.

Confirmations and Cancellations: Registration confirmations, course updates and cancellation notices will be delivered to the email address provided at registration. Please see Class Changes/Postponement/Cancellation section of General Information for further information.

Please register me for the following courses:

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Total:

Name
LAST _______________________________ FIRST __________________ MIDDLE INITIAL ________

Address
STREET OR POST OFFICE BOX __________________________________________________________

CITY __________________________ STATE __________ COUNTY __________ ZIP CODE __________

Email ____________________________

Birth Date __________________________ Student # (optional) ____________________ Yes, I am age 60+

Primary Phone ______________________ Alternate Phone __________________________

PAYMENT: Please include check or money order made payable to St. Louis Community College.
To pay by credit/debit card, please register online at stlcc.edu/CE.
ST. LOUIS COMMUNITY COLLEGE…

Since 1962, more than 1.2 million people have passed through our doors to take a class, earn a degree, upgrade their career skills or enrich their lives. Each year, more than 80,000 students enroll in:

- College transfer and career programs leading to associate degrees
- Job skill and personal development classes
- College preparatory courses
- Specialized performance programs sponsored by local employers
- Associate degrees in Arts, Science, Fine Arts, Applied Science and Teaching are offered as well as Certificates of Proficiency and Specialization. The college’s Workforce Solutions Group also serves the local business community through assessment, counseling, consulting and training services.

Learning is convenient via:
- Five campuses—Florissant Valley, Forest Park, Meramec, Wildwood and Corporate
- Three education centers—south and north St. Louis County and north St. Louis City
- Numerous business, industrial and neighborhood sites throughout the metro area
- Online instruction

Governed by a board of seven elected trustees and supported by local taxes, state funds and student fees, the college has an annual budget of more than $200 million. The college is accredited by the Higher Learning Commission of the North Central Association of Colleges and Schools. St. Louis Community College focuses its resources on helping students find the right academic and career pathways. Through its alumni and community partnerships, the college is helping St. Louis become the best place to live and work in the 21st century.