INQUIRING MINDS
for the win.

Summer/Fall 2022
Continuing Education Courses

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If you are a person with a disability who requires an accommodation in order to participate in any program or activity, please contact the Access Office at stlcc.edu/disability as soon as possible in advance of the program for consideration of your accommodations request. A student may submit this application at any time during their enrollment, but the College recommends submitting the application as early as possible to make any necessary arrangements.

St. Louis Community College expanding minds and changing lives every day by offering high-quality educational experiences leading to degrees, certificates, employment, university transfer and life-long learning.

St. Louis Community College Board of Trustees: Kevin M. Martin, Ed.D., Chair; Craig H. Larson, Ed.D., Vice Chair; Rodney Gee; Doris A. Graham, Ph.D.; Mary Luebbe; Ann Adams Marshall; Pam Ross

BE CURIOUS.

Register at: stlcc.edu/CE

Call Center
Phone: 314-984-7777
Email: CEdropbox@stlcc.edu

Hours
- M-Th 8:30 a.m.-4:30 p.m.
- F 8:30 a.m.-4 p.m.
ADVANCING EMPLOYERS: BUSINESS SERVICES

Business Services offers customized and comprehensive solutions for dynamic workforces. As one of the largest providers of training and consulting services in the St. Louis metro area, this WSG unit helps advance more than 30,000 employees annually, representing more than one million individuals. Business Services’ flagship Center for Workforce Innovation provides advanced training in aerospace, manufacturing, automated controls and industrial maintenance technology in its 32,000 square-foot, high-tech facility.

The unit also offers enterprise-wide solutions for organizations with national and international footprints. Business Services coordinates on-site services at Corporate College through its Testing and Assessment Center, Workforce Solutions Center and Meeting and Event Services.

ADVANCING COMMUNITIES: COMMUNITY SERVICES

Community Services partners with employers, community organizations, schools, educators and government to create job training opportunities for residents and a talent pipeline for employers. Community Services helps job seekers develop marketable skills through accelerated training programs, usually with a duration of less than one semester, and specializes in strengthening underserved communities throughout the St. Louis region.

Workforce Solutions Group provides regional labor insights via its annual State of the St. Louis Workforce report.
Gain valuable information from The Invent-ED Network Connection (The I.N.C.) about the inventing process and starting a business. The series will provide immediate actionable tips to help launch your product idea and new business and enter into the world of inventorship and entrepreneurship fast.

Inventing 101: The Inventing Process
Have a great idea for a product, app or other invention? Don’t know where to start? Explore the inventing process and methods to bring your idea to market. Examine how to properly protect your invention in this one session.

How to Manufacture Your First Product in the U.S. and Abroad
Learn the ‘S’s’ and ‘G’s’ of manufacturing and how to select the best manufacturer based upon your product type. Examine the manufacturing process in the U.S. and internationally. Learn how to obtain a product sample and make initial orders. Discover ways to address the inherent risks, including how to avoid paying for prototypes and using averages in average production runs, and expenses involved in developing your product. Uncover tips about how to avoid costly manufacturing mistakes during production and planning your business and international companies that provide clients with product sourcing, translation services and fulfillment of offshore manufacturing.

How to License Your Product or Idea Yourself
Learn the pros and cons of licensing versus the self-production of a new product. Examine how to secure a licensing deal and tips to approach potential retailers, major brands, large companies and investors. Learn how to structure and submit a video or one-page sales piece directly to targeted buyers to gain their interest and secure a licensing deal.

Explore the USPTO Website to Quickly Find Patent Resources
Researching and collecting general data about your invention is daunting enough. You need to know more (e.g., how and when to protect your idea with some form intellectual property rights (IP)). Learn how to quickly gather inventor information, forms and videos from the U.S. Patent and Trademark Office (USPTO) website. Discover how to extract the valuable content, information, videos, and/or forms that you need to gain a better understanding of the different forms of IP. Explore the various forms of IP (e.g., patent, trademark, trade secret and copyright), as well as the costs and filing processes (with or without an attorney).

Crowdfunding: Kickstarter®, Indiegogo® and GoFundMe®
Crowdfunding campaigns can help you raise funds for your new product or idea, launch your business, assist nonprofit organizations or support a personal project or community cause. Learn about three of the most popular platforms: Kickstarter®, Indiegogo® and GoFundMe®. Explore the differences, requirements, advantages, disadvantages and risks associated. See samples of the most successful and failed campaigns launched in St. Louis. Examine the many factors to consider before launching a campaign.

Business Start-Up 101: Become an Entrepreneur
Want to start a business but don’t know how? As part of our series, you’ll learn plans to become an entrepreneur by launching or selling your own product or business. This is a great opportunity to learn about the many different types of entrepreneurship. For instance, you can become an entrepreneur by starting a product, service or franchise; by launching a social business (a “socialpreneur”), as well as by starting a “small business” (a “socialpreneur”) engaged in social good (a “socialbusiness”). Uncover the different types and ways to start an entrepreneurship with knowledge and resources to help you launch your enterprise.

Small BUSINESS ESSENTIALS
Inventors’ Start-Up Series:
Learn, Develop and Launch!

How to Research, Read and Understand Patents
The language and legalese of patents can be daunting. But, as an inventor, being able to conduct basic patent research to determine if your idea already exists (e.g., under another name or category) and is patentable is critical. Discover how to develop a patent strategy and how to use what you learn from other patents to aid in the development of your own.

Using Cut and Sew Factories to Manufacture Products and Fashion Designs
Need help developing, constructing or launching a product or clothing collection? Learn how cut and sew factories can help you through the entire process—from idea to design to products to distribution. Gain an understanding about how small fashion factories can convert your ideas into sketches through finished products through design development and pattern digitizing, assembly, packaging and manufacturing. Discover how you could bring your product or idea to market in as few as 48 hours.

Launch Your Product(s) or Home-based Business Immediately
Have a finished product, artwork, literature or a social campaign. These are many factors you need to know. Without this knowledge, you could put your invention at risk in many more ways than one. Explore several crowdfunding websites, review past and present projects launched by inventors, and discover factors to consider prior to launch. Find the best crowdfunding fit for your new idea. Learn about the risks with crowdfunding pages (with or without a patent) and the many component involved in setting up and managing a new or launched page. Examine what happens if your campaign succeeds or fails.

Boeing Assembly Pre-Employment Training Program
More than 1,000 graduates have been hired via the St. Louis Community College Boeing Pre-Employment Training Program. Learn more and apply at stlcc.edu/boeing.

Ready to build something amazing?
**PROFESSIONAL DEVELOPMENT**

**Starting and Managing a Small Business**
Are you thinking about starting and managing a small business in Missouri? Designed for individuals who are considering starting a business or have made the decision to start or who have been in business for less than two years, you’ll explore the basics of business ownership, planning for success, organizational forms of business, legal and regulatory environment, record keeping and information management, marketing, and financing. This resources is offered in partnership with the Small Business and Technology Development Center.

**Accounting**

**Accounting Boot Camp: Beginning I**
Designed for individuals and entrepreneurs who want to learn and master basic accounting, this rigorous, fast-paced boot camp introduces basic accounting terminology, principles, the accounting cycle and the preparation of financial statements. This rigorous, fast-paced boot camp introduces basic accounting terminology, principles, the accounting cycle and the preparation of financial statements. This rigorous, fast-paced boot camp introduces basic accounting terminology, principles, the accounting cycle and the preparation of financial statements. This rigorous, fast-paced boot camp introduces basic accounting terminology, principles, the accounting cycle and the preparation of financial statements. This rigorous, fast-paced boot camp introduces basic accounting terminology, principles, the accounting cycle and the preparation of financial statements.

**Accounting Boot Camp: Beginning II**
Build on Accounting Boot Camp: Beginning I business terminology and accounting principles and explore more information about the accounting cycle and preparation of financial statements. This rigorous, fast-paced boot camp is designed for individuals and entrepreneurs who desire to learn and master basic accounting. Work through hands-on case studies for practical application with guidance from a tenured accounting professor. Bring pencils, calculator, notebook and sack lunch.

**Computer and Technology**

**PCs and Technology in A Day**
Does your technology need an update? Then this class is for you! Build a strong foundation for understanding how to use today’s popular computers and other digital technologies. Through hands-on experience using PCs, you’ll discover essential concepts and commands and develop confidence. Basic terms regarding computer hardware, software, and current technology are covered, as are basics such as the use of computers, printers, and other devices.

**Pcs and Technology Introduction I**
Build foundational computer skills and get familiar with other digital technologies. Through hands-on experience on a PC, learn essential concepts, understand commands and develop confidence. Basic terminology and functionality of computer hardware, software, and printers and drives will be explored. This class is ideal for users with few or no computer skills.

**Internet Research and Investigations: Politics and Law**
Who donated to political campaigns and when? What initiatives are on the upcoming ballot? Which organizations summarize candidate platforms, bills, descriptions and politician voting records? What are the campaign finance laws? Who donated to political campaigns and when? What initiatives are on the upcoming ballot? Which organizations summarize candidate platforms, bills, descriptions and politician voting records? What are the campaign finance laws?

**Internet Research and Investigations: Public Records**
Everyone uses the internet to find information. From home technology requires Wi-Fi in the home, smart phone or tablet, and knowledge of how to download apps. This class will cover concepts and functionality, but will not focus on specific product brands.

**Internet Research and Investigations: Consumer Information**
Does my device have a high malprupation rate? What is my neighborhood’s crime rate? Does my contractor have a lengthy list of lawsuits? Does my vehicle have a crash test rating? What happens if something goes wrong with an online transaction? If you are curious about these questions, this class is for you. Prerequisite: Windows® Introduction class or equivalent experience. Some internet experience helpful.

**Suining for Robo Calls**
Is your time consistently wasted answering robo calls to your cell phone or landline? Learn how to defend yourself from these annoying invasions and gain information on how to sue in the state of Missouri for financial compensation.

**Online Personal Security**
Learn how to ensure your terminal and digital footprints are secure. Gain security best practices to protect your personal information, help prevent identity theft and preserve data integrity. Shield your confidentiality from those who may seek access to your personal information. This class covers issues related to Internet and social media usage, as well as the risks associated with public records.

**Introduction to Smart Home Technology**
A smart home system can help you reduce energy consumption, create a more comfortable family living environment and help protect your home against intruders. Enhance your lifestyle with simple yet sophisticated control of music, video, security and automation. A guided tour of the hub system technology requires Wi-Fi in the home, smart phone or tablet, and knowledge of how to download apps. This class will cover concepts and functionality, but will not focus on specific product brands.
**GOOGLE TOOLS**

Google: Goods You Should Know and Use

Want to be a Google Guru? Begin by gaining an underlaid of the most important Google tools for your daily life. Explore the intricate details of Google Calendar™, Gmail™, Drive™, Search™, Maps™, Add-ons™ and Extensions.

**COMP-724**

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<thead>
<tr>
<th>4 sessions</th>
<th>$156.50  AGE 60+</th>
<th>$139.99</th>
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<tbody>
<tr>
<td>Th 9 a.m.-4 p.m.</td>
<td>Oct 12 - Oct 26</td>
<td>Online</td>
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Getting to Know Google Tools

Google! Can you search effectively? Are you using Gmail™, Calendar™, Keep™, YouTube™, Gmail™, Meet™ and all of the effective extensions? Come learn all about each app, one app per week from Missouri’s FAST Google Certified Innovators.

**COMP-742**

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<th>4 sessions</th>
<th>$155.50  AGE 60+</th>
<th>$139.99</th>
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<td>Th 9 a.m.-4 p.m.</td>
<td>Oct 16 - Apr 24</td>
<td>Online</td>
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**PROGRAMMING AND DATA ANALYTICS**

**Introduction To Tableau**

Tableau is one of the fastest evolving business intelligence (BI) and data visualization tools. Learn the foundation of Tableau and how to navigate its interface, report data, and create your first dashboard. Topics include data preparation, calculations, parameters, dynamic filters, and layout containers to name a few. You will walk out of this course feeling confident to start building robust dashboards.

**COMP-725**

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<th>4 sessions</th>
<th>$156.50  AGE 60+</th>
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<td>Th 9 a.m.-4 p.m.</td>
<td>Oct 27 - Jul 24</td>
<td>Online</td>
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**Intermediate SQL**

Learn how to properly design a relational database and structure tables within the database. Create primary and foreign keys and understand their importance. Make tables join, discover the power of views, and measures. Manage relationships between Power Pivot tables and charts. Explore calculated columns, calculated fields (umeasures) and tables. Analyze data within databases. Prerequisite: Microsoft Excel 2016 for Business Part II or equivalent experience with creating simple source pivot tables. Participants are encouraged to bring a flash drive.

**COMP-744**

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<th>4 sessions</th>
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<td>Th 9 a.m.-4 p.m.</td>
<td>Oct 28 - Jul 27</td>
<td>Online</td>
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**SQL Programming Using SQL Server**

Learn the basics of using SQL server and data transformation services (DTS) in SQL Server database. Learn how to identify and referenece variables and parameters in stored procedures. Explore how to execute stored procedures, query the database, and manipulate the data output when working with stored procedures. This course uses Microsoft SQL Server.

**COMP-755**

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<th>14 sessions</th>
<th>$156.50  AGE 60+</th>
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<tr>
<td>W 6-9 p.m.</td>
<td>Aug 31 - Nov 30</td>
<td>Online</td>
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**Java: OOP for the Beginner**

Learn to write applications using Java syntax, working with variables, scopes, and loops. Explore the general concepts of object-oriented programming languages. Prerequisite: Java programming experience or equivalent. Participants are encouraged to bring their own laptop with Java installed.

**COMP-763**

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<th>4 sessions</th>
<th>$156.50  AGE 60+</th>
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<tr>
<td>W 6-9 p.m.</td>
<td>Jul 20 - Sep 12</td>
<td>Online</td>
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<td>Course Code</td>
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<tr>
<td>CVTW-701</td>
<td>Adobe® Lightroom® Classic: Introduction</td>
<td>Charles LaGarce</td>
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<tr>
<td>CVTW-702</td>
<td>Adobe® Lightroom® Classic: Advanced Techniques</td>
<td>Charles LaGarce</td>
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<tr>
<td>CVTW-703</td>
<td>Adobe® InDesign® Creative Cloud: The First Step</td>
<td>Charles LaGarce</td>
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<tr>
<td>CVTW-704</td>
<td>Adobe® InDesign® Creative Cloud: The Second Step</td>
<td>Charles LaGarce</td>
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<tr>
<td>PHOT-765</td>
<td>Adobe® Photoshop®: Intermediate</td>
<td>Zak Zych</td>
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<tr>
<td>PHOT-766</td>
<td>Adobe® Photoshop®: Advanced</td>
<td>Zak Zych</td>
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<tr>
<td>COMP-765</td>
<td>Digital Devices: Introduction</td>
<td>Zak Zych</td>
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**Professional Development**

Adobe® Lightroom® Classic: Introduction
Learn the basics of Lightroom Classic, a desktop-focused software with powerful and comprehensive digital photography tools. Mastering Lightroom will help you to organize and bring out the best in your images. Lightroom is designed as an end-to-end photographic workflow for both amateur and professional photographers.

Adobe® InDesign® Creative Cloud: The First Step
Enhance your graphic design skills and productivity with InDesign. Learn how to import illustrations and photos, set type correctly for flyers and brochures, and master other basic applications. Learn core tools and use them to create a basic InDesign document. Explore key commands, and discover other great tips that make easy work of complicated designs.

Adobe® InDesign® Creative Cloud: The Second Step
Discover the best way to set up your brochure or multi-page document. Learn how to optimize your page setup for better productivity. Modern typesetting techniques, including examples from the top magazines, will showcase how to elevate your document. This introduction to style sheets will have your work looking consistent and professional.

Adobe® Photoshop®: Intermediate
Pick up where the introductory class left off and enhance your techniques. Dive into the histogram, exposure adjustment tools, white balance, brightness tools, image and canvas size changes, crop tool use, and blending modes. Use hands-on with a variety of images. Prerequisite: Adobe® Photoshop®: Advanced.

Adobe® Photoshop®: Advanced
Build on skills learned during the beginning- and intermediate-level classes. Examine adjustment layers with layer masks, encounter smart objects, and work with cloning, sharpening, and workflow. Prerequisite: Adobe® Photoshop® Intermediate class.

Adobe® InDesign® Creative Cloud: Blending Modes Workshop
Discover efficient and powerful ways to use layers and blending modes to colorize black and white photos. Learn how to brighten, darken and add contrast. Explore how to transform an otherwise flat image into a dramatic, artistic, or surreal one. Prerequisite: Intermediate class.

Adobe® Photoshop® Creative Cloud: Masking Workshop
This one-day workshop builds upon techniques learned in Adobe Photoshop CC, with focus on refining selections, quick mask, layer masks and channels. Learn to non-destructively conceal a portion of an image and blend multiple photos into a single composition.

Adobe® Photoshop® Creative Cloud: Image Size Workshop
When you download an image from your camera or the internet, is it good enough? Is what size can you print it? How would it appear if uploaded to a social media site? Learn the ins and outs of image and canvas size, all the cool things the crop tool can do, and how to control the size of a photo via the "save for the web" command.

Adobe® Photoshop® Creative Cloud: Image Size Workshop
Explore the basics of Photoshop in a single, hands-on session. Manipulate digital images from digital camera, previously scanned images, digital paintings, or Internet images. Use layers, history, layer masks, layer effects, and filters to non-destructively enhance an image.

Adobe® Photoshop® Creative Cloud: Image Size Workshop
Gain a greater understanding of transformations and the difference between destructive and non-destructive editing. Prerequisite: Windows® or Macintosh® Introduction class or equivalent experience.

Adobe® Photoshop® Creative Cloud: The First Step Workshop
Learn practical techniques for everyday use. Gain hands-on experience in layers, making selections, masking, basic color, type tool, extraction filter, image resolution, and conversion from RGB to grayscale images. Images with the healing patch and clone stamp will be explored. Create unique fictional images without a camera or scanner. Experience guided demonstrations by a Photoshop expert, encouraging class participation in an atmosphere of mutual support.

Adobe® Photoshop® Creative Cloud: The Next Step Workshop
Build on skills learned during the beginning- and intermediate-level classes. Examine adjustment layers with layer masks, encounter smart objects, and work with cloning, sharpening, and workflow. Prerequisite: Adobe® Photoshop® Intermediate class.

Adobe® Photoshop® Creative Cloud: Blending Modes Workshop
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Animal Welfare Advocate

CAREER STUDIES

Animal Welfare Advocate

Classes may be taken for your personal enrichment or as part of the Animal Welfare Advocate program. Curriculum is developed by the Humane Society of Missouri, Animal Protective Association of Missouri, and St. Louis County Animal Care and Control.

Career and Volunteer Opportunities in Animal Welfare

If you’ve considered the possibility of a career or volunteer position in animal welfare but aren’t sure where you fit into the picture, discover the possibilities. Learn about the challenges and benefits of working directly with animals as well as things you can do indirectly (and locally) for their benefit. This class can be taken by itself or as part of the Animal Welfare Advocate Program for initial training and/or preparation for work in a range of public and private animal welfare agencies and organizations.

ANIM-741 | 1 session | $31.00 | REG
F01 Tu 6-8:30 p.m. | Oct 25 | MCC-105

Animal Welfare and the Humane Movement

There are different facets of animal welfare. And, the work of the many St. Louis area animal welfare agencies are built on varying viewpoints. Gain insights into the history of the animal welfare/humane movement. Explore community animal welfare needs and possible solutions. This class can be taken by itself or as part of the Animal Welfare Advocate Program as initial training and/or preparation for work in a range of public and private animal welfare agencies and organizations.

Curriculum developed by the Humane Society of Missouri, Animal Protective Association of Missouri, and St. Louis County Animal Care and Control.

ANIM-741 | 1 session | $31.00 | REG
F01 Tu 6-8:30 p.m. | Oct 25 | MCC-105

Getting to Know Us: St. Louis Animal Welfare Organizations

St. Louis hosts various organizations of all types and sizes dedicated to animal welfare. In this class, learn about the work of St. Louis animal welfare agencies and how they work together as a community. Students will visit an emergency and investigation teams, clinics, and additional sites to see a unique role, approach, and way of operating, but it takes the full community to meet the needs of our animals and others. This class can be taken by itself, or as part of the Animal Welfare Advocate Program as initial training and/or preparation for work in a range of public and private animal welfare organizations.

ANIM-741 | 1 session | $31.00 | REG
F01 Tu 6-8:30 p.m. | Nov 20 | MCC-105

Truck Driving

CDL-A Training

Prepare for a well-paying career in commercial truck driving, one of the fastest growing opportunities in the United States today.

Gain the knowledge and skills sought by employers to become an over-the-road or local commercial truck driver.

• Five-week, 200-hour non-credit training program, including CDL-A testing
• Classroom and lab instruction emphasizing safety, DOT regulations, trip planning, pre-trip inspections and more
• Several hours mastering skilled backing maneuvers, as well as urban, rural and highway driving
• Thorough curriculum exceeds the Department of Transportation – Federal Motor Carrier Safety Administration’s “entry level driver training” standards and will prepare you for the CDL-A exam

Health Care Careers

BLS for Healthcare Providers1

Participate in simulated clinical scenarios and learning stations during this American Heart Association Life Skills (AHA BLS) Instructor led course. Coursework includes skills practice, skills testing and a written exam. Upon successful completion, you will receive an electronic BLS completion card (within 20 business days of the class). This course meets the STLCC nursing department admission requirements. Due to the nature of the course, you must arrive on time.

CPRR-701 | 1 session | $87.50 | AGE 60+ | REG
W 8 a.m.-3 p.m. | Aug 29 | MCC-105
W 8 a.m.-3 p.m. | Oct 25 | MCC-105
Tu 9 a.m.-3 p.m. | Sep 24 | MCC-105
F 9 a.m.-3 p.m. | Oct 22 | MCC-105
W 8 a.m.-3 p.m. | Nov 19 | MCC-105
Tu 9 a.m.-3 p.m. | Dec 13 | MCC-105

Health Care Careers

BLS Instructor Essentials Course1

Prepares you for the American Heart Association’s Basic Life Support (BLS) Instructor course. Successfully complete this course to earn a BLS Instructor card. Course includes skills practice, skills testing and a written exam. Course terminates with successful completion and you will receive a BLS Instructor Completion Card.

REG 109 | 1 session | $319.00 | AGE 60+ | REG
W 8 a.m.-3 p.m. | Nov 10 | MCC-105

CPRR-708 | 1 session | $298.00 | AGE 60+ | REG
W 8 a.m.-5 p.m. | Sep 24 | MCC-105
W 8 a.m.-5 p.m. | Oct 12 | MCC-105

Patient Care Technician

Prepare for an entry-level position working with patients and other healthcare professionals to provide direct patient care in a hospital setting.

11 weeks | stlcc.edu/PCT

Medical Assistant

Understand how medical offices operate and learn the medical assisting skills necessary to perform both administrative and clinical duties.

28 weeks | stlcc.edu/MA

Community Health Worker

Prepare to become a trusted community member who assists individuals and communities in adopting healthy behaviors.

16 weeks | stlcc.edu/CHW

Central Sterile Processing Technician

Prepare for a position in the central sterile processing department of a hospital as you learn to clean, decontaminate, sterilize and distribute medical and surgical instruments.

24 weeks | stlcc.edu/CSPT

Start your health care career pathway.

Become job ready through our hands-on, non-credit health care training programs. Prepare for an entry-level position and build an impactful career as you fill the need for health care workers here in St. Louis.

St. Louis Community College serves as a Community Training Center for the American Heart Association whose mission is to reduce disability and deaths from cardiovascular disease and stroke and set guidelines for emergency cardiovascular care and training. The American Heart Association strongly promotes knowledge and proficiency in all Emergency Cardiovascular Care and Cardiopulmonary Resuscitation (CPR) skills. These courses in an educational setting do not represent course credit sponsored by the American Heart Association. All information provided for a course except for a portion of the fee needed for American Heart Association course materials does not represent income to the Association.

1 St. Louis Community College serves as a Community Training Center for the American Heart Association whose mission is to reduce disability and deaths from cardiovascular disease and stroke and set guidelines for emergency cardiovascular care and training. The American Heart Association strongly promotes knowledge and proficiency in all Emergency Cardiovascular Care and Cardiopulmonary Resuscitation (CPR) skills. These courses in an educational setting do not represent course credit sponsored by the American Heart Association.
Looking for hands-on work with competitive pay?

Environmental Remediation Technician

Prepare for a career in hazardous waste clean-up and make a difference in the St. Louis area, as well as other remediation sites nationwide.

- Six-week, non-credit training program
- Earn 20 valuable certifications, including OSHA certifications and licensing in lead and asbestos abatement

Get started at stlcc.edu/EnviroTech

HVAC Operator I Technical Training

For a limited time, HVAC training is now available at no cost to students thanks to funding from Healthy Blue/Anthem and the MoAMP program. Through hands-on instruction, learn to maintain and troubleshoot forced air systems and the basics on how the systems and control boards work.

- Gain important troubleshooting skills
- Understand HVAC system operations
- Learn to assemble and install residential heating and cooling equipment; Course is 90% hands-on
- Prepare and sit for your EPA certification exam (included)

This grant-funded program includes training in soft skills (Bring Your A-Game Anywhere), OSHA 10 and Excel® for Business; program also adds some resume assistance.

Evening classes: 6 weeks, 4 nights per week, 6-10 p.m. Cost per student: No cost
Daytime classes: 4 weeks, 5 days per week, 8 a.m.-2:30 p.m. Cost per student: No cost

Learn more and register at stlcc.edu/HVAC

Celtic Things That Go “Bump” in the Night

As the days grow shorter and the nights get longer, learn about the myths and legends of Ireland, Scotland, and Wales that have inspired our celebration of Halloween. Plus, learn about the creatures that are said to roam the isles, such as the harpies Leprechauns and Brownies to the terrifying Banshee and Abhartach.
SENR-702 | 1 session | 9 a.m.-9 p.m. | Oct 23
Doug Schneider
MC-BA 220

The Founding of St. Louis in 1764

Founders Pierre Laclede and Auguste Chouteau had a difficult decision when choosing where to locate St. Louis in 1764. Explore their decisions
Family Feud-style. Students are divided into two families, the Lacledes vs. the Chouteaus, as the instructor shows how these decisions shaped US St. Louis for decades leading up to the Louisiana Purchase.
SENR-702 | 1 session | 9 a.m.-9 p.m. | Oct 5
Doug Schneider
MC-BA 120

Doris Day

Don't miss this light-hearted presentation highlighting the film career of that quintessential all-American girl. Doris Day. Film clips and trivia will encompass her Hollywood breakthrough in the 1950s, with such favorites as “By the Light of the Silvery Moon” and “Calamity Jane” to her comedic pairings with Rock Hudson in the 1960s. From the bandstand to the recording studio to the big screen, this will surely be a fun “Sentimental Journey”
SENR-702 | 1 session | 9 a.m.-9 p.m. | Oct 27
Mary Saputo
MC-BA 254

Beloved Character Actors from The Golden Era

If you like a glove. Stories and movie clips from a long list of favorites included. Learn lots of background trivia about some of her great partners as Bill Robinson and Buddy Ebsen. This presentation will cover the life of the living legend, Mickey Rooney, from his early pairings with Shirley Temple and all through his interesting and full film career, including his later years in theershopping production “Sugar Babies” with Ann Miller.
SENR-702 | 1 session | 9 a.m.-9 p.m. | Oct 2
Mary Saputo
MC-CE

Shirley Temple

Explore the life of Shirley Temple, with all the adorable dance numbers you remember with such great partners as Bill Robinson and Buddy Ebsen. Learn bits of background trivia about some of her greatest films. You’ll find yourself smiling from ear to ear.
SENR-702 | 1 session | 9 a.m.-9 p.m. | Oct 27
Mary Saputo
MC-BA 254

Edith Head Pt. 1

Experience an unforgettable walk through Old Hollywood with the iconic costume designer whose list of clients reads like a “Who’s Who” of a bygone era. Whether you are a film buff or just a person who loves clothes, you are sure to enjoy a madcap film clips.
SENR-702 | 1 session | 9 a.m.-9 p.m. | Oct 18
Mary Saputo
MC-BA 254

The Making of “It’s A Mad, Mad, Mad, Mad World”

With its star-studded cast of past and current (1963) comedy greats, Director Stanley Kramer takes us on an adventure about a group of strangers fighting tooth and nail over buried treasure. Join us for a hilarious romp through this eejit production with fascinating behind the scenes’ trivia, and of course, madcap film clips.
SENR-702 | 1 session | 9 a.m.-9 p.m. | Oct 22
Mary Saputo
MC-CE

Mickey Rooney

This presentation will cover the life of the living legend, Mickey Rooney, from his early pairings with Shirley Temple and all through his interesting and full film career, including his later years in theshoplifting production “Sugar Babies” with Ann Miller.
SENR-702 | 1 session | 9 a.m.-9 p.m. | Oct 27
Mary Saputo
MC-CE

Missouri Highway Of Innovation: An Armchair Tour

Innovations in art, aviation, movies, and even warfare have flowed along the Missouri Highway of Innovation over the years. Learn about their past, hometowns, and contributions to history in this armchair tour.
SENR-702 | 1 session | 9 a.m.-9 p.m. | Jul 27
Doug Schneider
MC-BA 220

The Studios from Hollywood’s Golden Age had large stables of contract and stock players from every walk of life and of every type of personality. These beloved character actors played sidekicks, co-stars, and leading men. As an example, Celebrate these colorful actors/actresses that appeared in so many of our favorite films throughout these glorious years.
SENR-702 | 1 session | 9 a.m.-9 p.m. | Feb 17
Mary Saputo
MC-BA 254

Judy Garland and all through his interesting and full film career, including his later years in theshow-shopping production “Sugar Babies” with Ann Miller.
SENR-702 | 1 session | 9 a.m.-9 p.m. | Oct 27
Mary Saputo
MC-CE
Edith Head Pt. II

Continue our in-depth presentation of the famed Hollywood designer, exploring a multitude of unforgettable costumes from the mid-1950s to the late 1960s, including the films that won her her last three Oscars for Best Costume Design and brought her total awards up to an incredible eight!

Seminar: 18

Sa 9:30-11:30 a.m.
F01
CL TR-704
During each session, with assigned films to be shown.

Learn how the art of film making is accomplished.

Film Discussion: 6

Tu, Th Noon-1:30 p.m.
F01
CL TR-765

Book available online: “A Journey from Anxiety to Peace: Join, Worry, and Return to the Peaceful State” by Jean Walters.

Discover the Witch’s Halloween: Samhain, It’s Not Just A Myth

W 6-8 p.m.
F01
CL TR-765

Some celebrate this time of year as the Autumn harvest on the seasonal Wheel of the Year. It is the traditional time of year when our ancestors celebrated the end of the harvest season and composition in the use of pencil, conte crayon and handmade paper.

middle and work with them to empower your life. How can you work with them to empower your life? How can you work with them to empower your life? How can you work with them to empower your life? How can you work with them to empower your life?

Drawing

Drawing: Beginning/Intermediate

Learn the tools, materials, and visual artistic perception. Students continue to sharpen your skills through composition and inking. Book supply will be sent.

Artful Saturdays

Fri 10-11 a.m.
F01
CL TR-765

Markets and Magic

Seal notes with love and family, and what are the different types of intuitive abilities? Learn how to discover your own intuitive strengths, how to build on them, and how you can use that information to empower your life.

Understanding Your Intuition: Am I Psychic?

 Discover the world of your intuition, where we will answer the question “Am I psychic?” We’ve all heard of great intuitive and psychic, but what are the different types of intuitive abilities? Learn how to discover your own intuitive strengths, how to build on them, and how you can use that information to empower your life.

Film Analysis

Learn how to analyze film making is accomplished. Understand the craft that goes into your favorite movies and TV shows. You’ll discover the mechanics that make films work, and learn to recognize and describe the stylistic elements of a film (such as cinematography, editing, sound and angle) and how they influence the audience’s experience. Supply list will be sent.

First Impressions: Elements of a Film

Tu 6:30-8:30 p.m.
ARTS-765

This class is offered with this offering, a small STLCC administrative fee is required for registration. This class is offered with this offering, a small STLCC administrative fee is required for registration. This class is offered with this offering, a small STLCC administrative fee is required for registration. This class is offered with this offering, a small STLCC administrative fee is required for registration. This class is offered with this offering, a small STLCC administrative fee is required for registration. This class is offered with this offering, a small STLCC administrative fee is required for registration. This class is offered with this offering, a small STLCC administrative fee is required for registration. This class is offered with this offering, a small STLCC administrative fee is required for registration. This class is offered with this offering, a small STLCC administrative fee is required for registration. 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**CRAFTS**

**Basketry**

- **Basketry: Caserole**
  - Do you need something to hold your caserole dish after everyone has eaten? This lovely, lacy basket can be personalized with color to accent your kitchen or display dish. Learn weaving techniques and develop basketry expertise. All materials provided.
  - CRFT-741 | 1 session | $75 | MC-EE
  - Tu 5-7 p.m. | Laura Klaus | MC-CB

- **Basketry: Round Harvest**
  - Have you ever made a basket with a wood base? This useful and sturdy basket can be filled with fall harvest and vegetables. The wood base makes it very practical for many uses. All materials provided.
  - CRFT-736 | 1 session | $75 | MC-EE
  - Tu 5-7 p.m. | Laura Klaus | MC-CB

- **Basketry: Grab-n-Go**
  - As the name implies this is a basket to have by the front door to load up with items to take to the car for play. Color choices will be available. All materials provided.
  - CRFT-737 | 1 session | $75 | Dec-3
  - Tu 5-6 p.m. | Laura Klaus | Dec-3

**Floral Arrangement**

- **Introduction to Cricut® Machines Level I**
  - Expand and explore more of what your Cricut machine can do. Learn tricks and key steps to working with iron-on and cardstock materials. Bring your own Cricut Explore® or Maker® machines to class as well as an established login to the Cricut Design Space® application. Supply list will be sent.
  - CRFT-763 | 1 session | $40 | 1555
  - Sa 10 a.m.-1 p.m. | Rhonda Cross | MC-BA-22

- **Introduction to Cricut® Machines Level II**
  - Take your crafting to the next level and learn the many features of the Cricut machine. Explore the basics of paper crafting with the powerful cutting technology and applications of the machine. While focusing on layers, welding, attaching and detaching images, writing and scoring. Bring your own Cricut Explore® or Maker® machines to class as well as an established login to the Cricut Design Space® application. Supply list will be sent.
  - CRFT-764 | 1 session | $40 | 1555
  - Sa 10 a.m.-1 p.m. | Rhonda Cross | Oct 20

- **Introduction to Cricut® Machines Level III**
  - In this class you will learn how to create your own Cricut Explore® or Maker® machines to class as well as an established login to the Cricut Design Space® application. Supply list will be sent.
  - CRFT-765 | 1 session | $40 | 1555
  - Sa 10 a.m.-1 p.m. | Rhonda Cross | Nov 13

**Vase Arrangement**

- **Fresh Summer Flower Vase Arrangement**
  - Explore the basics of floral arrangement and design in this hands-on session. Learn florist’s tips, tricks and trade secrets that will help you to create beautiful arrangements at home. Take home a vase filled with a variety of greens as well as fall flowers. All materials provided.
  - CRFT-744 | 1 session | $75 | 140
  - Tu 5-7:30 p.m. | Kathy Vaughan | Oct 18

- **Fresh Fall Vase Arrangement**
  - Explore the basics of floral arrangement and design in this hands-on session. Learn florist’s tips, tricks and trade secrets that will help you to create beautiful arrangements at home. Take home a vase filled with a variety of greens as well as fall flowers. All materials provided.
  - CRFT-746 | 1 session | $75 | 140
  - Tu 5-7:30 p.m. | Kathy Vaughan | Oct 18

**Christmas Wreath**

- Add holiday cheer to your front door with a silk flower wreath. Learn florist’s tips, tricks and trade secrets that will help you to create beautiful floral arrangements at home. All materials provided.
  - CRFT-744 | 1 session | $75 | 140
  - Tu 5-7:30 p.m. | Kathy Vaughan | Nov 15

**Tapestry Weaving**

- **Learn basic techniques on small lap or tablet loom in this class. In this class, you will get hands-on experience with the loom, and creating tabby and twill weaves, yar knots, snakkef and fringe. Supply list will be sent.**
  - CRFT-733 | 4 sessions | $140 | 175
  - Tu 6-8 p.m. | Sept 1-22 | Dee Laveng

**Knitting Assistance**

- **Crochet Patterns**
  - Explore basic crochet patterns. Learn how to cast on, how to knot, how to single crochet and double crochet. Supply List will be sent.
  - CRFT-724 | 3 sessions | $55 | 140
  - Tu 6-8 p.m. | Sept 6-29 | Rosemary Ziegler

- **Saddle Shoulder Sweater**
  - Learn to knit a beautiful, classic saddle shoulder sweater for men or women in this fun class using intermediate advanced knitting skills. Have on your knitting skills with custom garment shaping and design exploration. Supply list will be sent.
  - CRFT-723 | 8 sessions | $150 | 175
  - Tu 6-8 p.m. | Sept 29-Nov 17 | FGF-219

**Knitting Crochet and Crochet**

- **Knitting Crochet and Crochet**
  - Learn basic techniques on small lap or tablet loom in this class. In this class, you will get hands-on experience with the loom, and creating tabby and twill weaves, yar knots, snakkef and fringe. Supply list will be sent.
  - CRFT-733 | 4 sessions | $140 | 175
  - Tu 6-8 p.m. | Sept 1-22 | Dee Laveng

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  - Learn to knit a beautiful, classic saddle shoulder sweater for men or women in this fun class using intermediate advanced knitting skills. Have on your knitting skills with custom garment shaping and design exploration. Supply list will be sent.
  - CRFT-723 | 8 sessions | $150 | 175
  - Tu 6-8 p.m. | Sept 29-Nov 17 | FGF-219

**Knitting Colorwork: Mosaic Washcloth**

- **Knitting Colorwork: Mosaic Washcloth**
  - Mosaic knitting is one of several creative colorwork techniques. Learn how to read a colorwork chart, add a new yarn to the work, weave in the ends of the chart and bring knitted needled (U.S. Size 10/6.0mm.) All materials are provided.
  - CRFT-721 | 1 session | $60 | 140
  - Sa 10 a.m.-1 p.m. | Heather Swan

**Crochet a Market Bag**

- **Crochet a Market Bag**
  - In this project based one day class, you’ll learn how to make an open woven market bag. We’ll use crochet thread or a more durable cotton yarn to make a washable bag to use for your farmer’s market finds or produce at the grocery store. No more polluting the environment with disposable plastic bags. Prerequisite: Basic crochet skills, chain stitch, single and double crochet. Supply List will be sent.
  - CRFT-724 | 1 session | $125 | 150
  - Sa 1-4 p.m. | Dee Laveng

**Knitted Holiday Stockings**

- **Knitted Holiday Stockings**
  - It’s that wonderful time of the year! What better gift than a lovely knitted holiday stocking for yourself or a loved one. We’ll learn how to construct a rag rug, from cutting the fabric to sewing them together. Supply list will be sent.
  - CRFT-724 | 1 session | $175 | 175
  - F14 9-12 a.m. | Heather Swan

**Crochet Hat**

- **Crochet Hat**
  - Crochet Basic Crochet patterns and learn how to create your own design. Crochet Hat pattern provided.
  - CRFT-721 | 1 session | $60 | 150
  - Sa 1-4 p.m. | Rosemary Ziegler

**Crochet Rag Rug**

- **Crochet Rag Rug**
  - The class will cover the basics of making a crochet rag rug using recycled fabric scraps. Participants will learn from cutting the fabric to simple crochet techniques, including the chain stitch and single crochet stitch. Participants will get started on a small circular rug which they can finish at home or with the use of a class fee, includes fabric, and a handmade crochet hook.
  - CRFT-722 | 1 session | $49 | 140
  - Tu 6-9 p.m. | Sept 27 | Personal
Woodworking: Basic Skills Project I
Have you ever paid attention to the price of a picture frame? Want to make your own? Take an adventure into the world of woodworking with an introduction to basic skills such as milling, dimensioning lumber, joints, and sawing. Walk away with a completed picture frame. Students are encouraged to bring in an 8x10" photo to backlight.

CBRT-765 | 3 sessions | $22 | Rodney Fickas
Sep 24 - Sep 29 | $22

Woodworking: Basic Skills Project II
Treasure box, jewelry box, keepsake box, no matter what you call it, it's a box to store some of your most precious items. What if you could make your own? Take an adventure into the world of woodworking with an experienced woodworker. Learn basic skills such as milling, dimensioning lumber, joints, and sawing, and wood finishing. Walk away with a custom wooden box.

CBRT-765 | 3 sessions | $79 | Rodney Fickas
Nov 4 - Nov 18 | $79

Intro to Woodburning
Learn how to customise your woodworking projects with woodburned accents. Your experiment with different woodburning tips, and you’ll learn tricks for a successful finished project. You'll be able to take home your own woodburned sample.

CBRT-741 | 1 session | $45 | Janet Becker
Aug 5 | $45

Mosaic and Ceramics
Monogram Plate
Design your own special monogram plate using the colors of your choice and stencils for the letters. Perfect for special occasions, your food-safe, dishwasher-safe and microwave-safe plate will be fired and ready for pickup one week after class. All materials provided.

CBRT-741 | 1 session | $55 | Janet Becker
Aug 6-7 p.m. | $55

Owl Lantern
Paint your own owl with big eyes and colorful feathers. Then add a tea light. Your unique owl will be fired and ready for pickup one week after class. All materials provided.

CBRT-741 | 1 session | $55 | Janet Becker
Aug 20 | $55

Metal Crafts
Beginnings Techniques for Jewelry
Learn fundamental metalworking techniques for making jewelry. Gain basic metal manipulation skills including sawing, forming and shaping. Explore the craft of blacksmithing, using the basic blacksmith tools needed for this class. You will complete two finished pieces: a cuff bracelet and a pendant with a simple stone setting. No previous experience necessary. All materials provided.

CBRT-753 | 7 sessions | $1165 | Rodney Fickas
Aug 15 - Oct 25 | $1165

Intermediate Techniques for Jewelry Making
Explore how to make rings from sheet metal and wire. Different methods of soldering will also be taught. Learn how to make ring bands, twisted rings, rolling rings, rings with a ring and bezel settings. Students with previous experience working with metal may move on to more advanced projects. All materials provided.

CBRT-753 | 7 sessions | $1265 | Rodney Fickas
Aug 15 - Oct 25 | $1265

Beginning Blacksmith:
Create a Personalized Key Chain
In this introductory class, explore the craft of blacksmithing and make a personalized key chain. Learn the proper use of blacksmithing tools, including fire and forge control, while you hammer and twist steel in the traditional blacksmith medium. You will be exposed to hot steel being hammered, and sparks may come in contact with your clothing. Please wear protective clothing; your arms and legs should be covered, and you must wear closed-toed shoes. Gloves and safety glasses will be provided and a limited shop aprons are available on-site. All materials provided.

CBRT-753 | 1 session | $1655 | $1655
Sep 15 | $1655

Beginning Blacksmith:
Create A Wall Mount J-Hook
In this introductory class, explore the craft of blacksmithing and make your very own wall mount J-hook. Learn the proper use of blacksmithing tools, including fire and forge control, while you hammer and twist steel in the traditional blacksmith medium. You will be exposed to hot steel being hammered, and sparks may come in contact with your clothing. Please wear protective clothing; your arms and legs should be covered, and you must wear closed-toed shoes. Gloves and safety glasses will be provided and a limited shop aprons are available on-site. All materials provided.

CBRT-753 | 2 sessions | $139 | $139
Sep 25 - Sep 29 | $139

Intermediate Blacksmithing Skills
Level up your sewing skills by learning how to include different clothing functionalities. Sessions will include lessons on pockets, pockets, welt, buttons and buttonholes, and interfacing. Students will design and create their own projects. All materials provided. Jenny will provide the fabric. If you want to bring your own cloth, you can bring your own. All other materials provided.

CBRT-753 | 2 sessions | $149 | $149
Oct 13- Oct 20 | $149

Hand-Sewing 101
Learn practical hand sewing skills to mend your own clothes. Discover how to thread a needle and knot the thread (that’s always the first step). Then, sew a basic stitch and a ladder stitch (for mending a seam), a blind hem stitch (for hemming pants), and reattach a button. All materials provided.

CBRT-753 | 1 session | $39 | $39
Oct 12 | $39

Beginning Sewing I: Sewing Machine Basics
Learn how to choose, cut and sew fabric to make a bag that you will take home. The bag will be 10x10" photo or artwork. All other materials provided.

CBRT-765 | 6 sessions | $199 | Anne Stirnemann
Aug 6 - Sep 7 | $199

Beginning Sewing II: Fabric Manipulation
Learn how to choose, cut and sew fabric to make a bag that you will take home. The bag will be 10x10" photo or artwork. All other materials provided.

CBRT-765 | 5 sessions | $149 | Anne Stirnemann
Aug 13- Sep 10 | $149

Intermediate Sewing Skills
Learn to choose, cut and sew fabric to make a bag that you will take home. The bag will be 10x10" photo or artwork. All other materials provided.

CBRT-765 | 1 session | $39 | Anne Stirnemann
Nov 20 | $39

Metal Crafts
Copper Chasing
Explore the craft of chasing, and create a bag to be used as a project bag or purse. All materials provided.

CBRT-753 | 2 sessions | $69 | $69
Oct 13 - Oct 20 | $69

Gnomes are fun creatures that have been popping up everywhere. Make your own little friend with a Needle or Dye Felting is a technique that is used to create projects. Your own design (a leaf, a flower, a butterfly, etc.) is used to create your own unique design.

CBRT-713 | 1 session | $59 | $59
Oct 13 | $59

Intro to Sewing Machines
Overcome your hesitation and learn skills on a sewing machine. From old machines to brand new ones, learn the mechanics and basic principles of sewing machines. Machines are available for use or you can bring your own. All other materials provided.

CBRT-713 | 1 session | $59 | $59
Nov 20 | $59

Sewing and Quilting
Dry Felt Fall Gnomes
Create your own three-dimensional shapes, join pieces, and add surface details. All materials provided.

CBRT-765 | 2 sessions | $169 | $169
Aug 12 - Sep 9 | $169

Wet Felting Bag
Learn how to wet felt various fibers together to create a bag to be used as a project bag or purse. All materials provided.

CBRT-765 | 2 sessions | $169 | $169
Oct 13- Oct 20 | $169

Skill-Up Sewing For Alteration
Learn the basics of sewing, or start your own alteration business. Explore common alterations like hemming, darts, darts, and waistline reductions. Learn how to fit like a pro.

CBRT-753 | 2 sessions | $121 | $121
Sep 27 - Oct 4 | $121

Beginning Quilting
This class puts the fun in fundamentals of quilting. Learn how to choose, cut and sew fabric to make a beautiful table runner. Keep your own fabric or use fabric provided at the class. All other materials provided.

CBRT-731 | 2 sessions | $169 | $169
Sep 30 - Oct 7 | $169

Hand-sewing 101
Learn practical hand sewing skills to mend your own clothes. Discover how to thread a needle and knot the thread (that’s always the first step). Then, sew a basic stitch and a ladder stitch (for mending a seam), a blind hem stitch (for hemming pants), and reattach a button. All materials provided.

CBRT-713 | 1 session | $39 | $39
Oct 27 | $39

STLCC.EDU/CE | 918-768-7777 | REGISTRATION BEGINS JULY 11
CULINARY

Art and Science of Instant Pot
Considered a modern wonder by devoted fans, the Instant Pot combines functions, making it a must-have kitchen tool for a number of kitchen tasks. With its many modes, programming steps, and safety features can be just pulled. Learn the principles behind the Instant Pot, its range of features, and formula for adapting new recipes, including what ingredients work well together, and how to get the most out of your meal. Complete the basics with an exploration of its less obvious kitchen uses, including infusing your own vanilla extract, making wine from store-bought juice and even starting seeds for planting.

FOOD-765: session | $34 | Food-750 Oct/Sep

Holiday Mocktails
Mix and pour your way to a good time in this holiday-themed mocktail class. We'll be sampling some of the classic wine regions of the North Coast, East Coast, and Southern Hemisphere and examine their quality.

Wines of the United States
The Pacific Northwest, U.S. including Northern California, Oregon and Washington State are prime locations to explore. Leena the history of wine in the U.S. through early producers, and memorable wineries as we prepare and enjoy a selection of gourmet foods. Our wine will be from Beringer's Fume Blanc, Warm Apple Cider, Glazed Meatsball, Smoked Salmon Terrine, Petite Parisian Cupcakes with Cinnamon Chocolate icing and more. Email the instructor at CookingwithBeache@gmail.com for the class for the recipes and ingredient list.

FOOD-701: session | $150 | Food-750 Oct

Roast Your Own Coffee
Roasting coffee is easier than it sounds, and you can control the flavor! Join our guest instructor, Penelope Beache, as she comes to demonstrate her favorite chocolate bourbonpecan and dark sweet cherry pie fillings as well as her pies. We will make homemade pie crust, a fruit pie, and assemble and bake our pies so that they are ready to serve. Follow along with the instructor for a one-hour hands-on. You may BYO beverage to enjoy while learning vinaigrette, bruschetta, and soup recipes.

Let's Do Brunch:
From the Middle East and India
Why not indulge in brunch? Explore and create different signature dishes enjoyed in the Middle East and India. Start with shakshuka, a breakfast dish from the Middle East and a slad of spiced garbanzo beans and pita, vegetable pickle flavored with Indian spices and spices. Supply list will be sent.

FOOD-722 | session | $144 | Food-750 Sep

Couples Cook:
Cooking with White Wine
Have a fun night cooking class at home with two with a special white wine dinner. Prepare the night before the evening with lemon white wine butter sauce. We will finish the evening with a deluxe tomato melon & feta, with a special dessert. Supply list will be sent.

FOOD-755 | session | $150 | Food-750 Oct

Pizza from Scratch Night
Want to delve deeper into every aspect of what makes pizza great? Looking for a fun group project? Join us to learn how to make light and frenchy dough for the perfect crust as well as soggy pizza with a whole food, plant-based and oil-free delicious bite. Learn how to make fresh mozzarela. A selection of fun toppings will be provided. You bring your hands on. You may BYO beverage to enjoy while learning vinaigrette, bruschetta, and soup recipes.

FOOD-701: session | $150 | Food-750 Oct

Couples Cook!
Cooking with Red Wine
Have a fun cooking class at home with two with a special red wine dinner. Prepare the night before the evening. We'll learn to make a red wine berry sangria to enjoy with the evening with a couple of dishes. Both the cranberry and even Missouri. Steak and wine for the perfect dinner party as you discover a few new dishes to help make vegetables the stars of your meals? Learn for fun or for the rewards of roasting your own coffee, various methods of roasting your own coffee, every aspect of what makes pizza great? Looking for a fun group project? Join us to learn how to make light and frenchy dough for the perfect crust as well as soggy pizza with a whole food, plant-based and oil-free delicious bite. Learn how to make fresh mozzarela. A selection of fun toppings will be provided. You bring your hands on. You may BYO beverage to enjoy while learning vinaigrette, bruschetta, and soup recipes.

FOOD-701: session | $150 | Food-750 Oct

Couples Cook!
Cooking with Red Wine
Have a fun cooking class at home with two with a special red wine dinner. Prepare the night before the evening. We'll learn to make a red wine berry sangria to enjoy with the evening with a couple of dishes. Both the cranberry and even Missouri. Steak and wine for the perfect dinner party as you discover a few new dishes to help make vegetables the stars of your meals? Learn for fun or for the rewards of roasting your own coffee, various methods of roasting your own coffee, every aspect of what makes pizza great? Looking for a fun group project? Join us to learn how to make light and frenchy dough for the perfect crust as well as soggy pizza with a whole food, plant-based and oil-free delicious bite. Learn how to make fresh mozzarela. A selection of fun toppings will be provided. You bring your hands on. You may BYO beverage to enjoy while learning vinaigrette, bruschetta, and soup recipes.

FOOD-701: session | $150 | Food-750 Oct

Couples Cook!
Cooking with Red Wine
Have a fun cooking class at home with two with a special red wine dinner. Prepare the night before the evening. We’ll learn to make a red wine berry sangria to enjoy with the evening with a couple of dishes. Both the cranberry and even Missouri. Steak and wine for the perfect dinner party as you discover a few new dishes to help make vegetables the stars of your meals? Learn for fun or for the rewards of roasting your own coffee, various methods of roasting your own coffee, every aspect of what makes pizza great? Looking for a fun group project? Join us to learn how to make light and frenchy dough for the perfect crust as well as soggy pizza with a whole food, plant-based and oil-free delicious bite. Learn how to make fresh mozzarela. A selection of fun toppings will be provided. You bring your hands on. You may BYO beverage to enjoy while learning vinaigrette, bruschetta, and soup recipes.

FOOD-701: session | $150 | Food-750 Oct
DANCE

Tap: Mastering the Basics

Hip Hop Belly Fusion

This new, innovative style blends element of hip hop street dance with modern, urban belly dance (Egyptian sha'abi). Learn a Savage choreography that's fun and easy to follow. Practice new steps and combinations that will prepare you for a basic tap technique. Develop your sense of movement while practicing basic rhythm techniques. No previous tap experience needed. Bring tap shoes to the first class.

DANC-707: 10 sessions | $65 | Wed 7-8:30 p.m. | Lee fav135@kirkwoodcomm
cntr.com
NOTE: No class Oct 4.

DANC-710: 10 sessions | $65 | Fri 7-8:30 p.m. | Jake
NOTE: No class Oct 4.

Tap: Beyond the Basics

Once you've thoroughly mastered the tap basics, take the next steps to advance your dancing technique. Learn and practice new steps, combinations and techniques that will make you a more proficient tapper. Previous tap dancing technique. Learn and practice new tap routines. Develop your sense of movement and styles that will prepare you for a basic tap class. By request.

DANC-720: 8 sessions | $65 | Wed 7-8:30 p.m. | Jake
NOTE: No class Oct 13.

Latin Flavor

This fusion dance party is exhilarating and easy to follow. Burn calories while you move toward a healthier, fitter lifestyle without feeling like a workout.

DANC-718: 8 sessions | $65 | Wed 7-8:30 p.m. | Boppin Amor
NOTE: No class for 5.

DANC-719: 8 sessions | $65 | Thu 7-8:30 p.m. | Boppin Amor
NOTE: No class Oct 22.

The Salsa Experience

Learn about the Latin culture through the rhythmic sounds of salsa music and dance. During these after-school sessions, you will learn about the history and origin of salsa, basic partner steps and combinations that will make you feel right at home on any dance floor after just a few lessons. This is a fun and easy way to meet new friends and dance to great music. Couples and singles welcome; each individual must provide own set of basic steps.

DANC-728: 8 sessions | $65 | Thu 6:30-7:30 p.m. | Karen Merlin
NOTE: No class Oct 31.

Easy Social Dance

Looking for additional dance classes? Check out more at stlcc.edu/dece.

Swing Dancing: Beginning

Learn to swing dance in fun, relaxed atmosphere. Practice easy performed steps that form the basic ingredients of all higher-level swing dancing. These techniques will help you look great on the dance floor after just a few lessons. This is a fun and easy way to meet new friends and dance to great music. Couples and singles welcome; each individual must provide own set of basic steps.

DANC-738: 8 sessions | $65 | Mon-Thur 7-8:30 p.m. | Karen Merlin
NOTE: No class Oct 31.

Line Dance

Learn to line dancing steps even if you have two left feet. Take part in cardiovascular exercise, make new friends; and have fun in new line dances and old classics at an easy-going pace. No prior experience is necessary. Come by yourself or bring a group of friends. Non-rubber-soled shoes are recommended and in groups! Acoustic guitars only. Bring required text to first class: “Everybody’s Guitar Method, Book 1” ISBN 978-1569392838 and “Everybody’s Guitar Method, Level 2”; ISBN 1569393958.

DANC-748: 8 sessions | $65 | Mon 6:30-7:30 p.m. | Karen Merlin
NOTE: No class Oct 4.

Senior Line Dance: Double Feature

Grab your Stetsons, grab your boots or come as you are because everyone is welcomed and everyone can dance! Come try this fun active aging (15+) dance class whether you’re a first timer or a seasoned veteran. No experience is necessary. This class keeps your feet moving! Just bring your shoe and we’ll have you hop and street dance with modern, urban belly dance (Egyptian sha'abi). Learn a Savage choreography that's fun and easy to follow. Practice new steps and combinations that will prepare you for a basic tap technique. Develop your sense of movement while practicing basic rhythm techniques. No previous tap experience needed. Bring tap shoes to the first class.

DANC-734: 8 sessions | $65 | Thu 7-8:30 p.m. | Karen Merlin
NOTE: No class Oct 22.

Senior Line Dance: Beginning

Learn to dance with grace, ease and confidence. Add new dimensions to your life by learning classic ballroom favorites for a lifetime of enjoyment. You’ll be amazed at what you can do with the variety of steps, combinations and steps covered. Partners are helpful, though not required. Each participant must register. Partners are not required. Drees required.

DANC-734: 8 sessions | $65 | Wed 7-8:30 p.m. | Karen Merlin
NOTE: No class Oct 22.

East Coast Swing

Learn to swing dance in fun, relaxed atmosphere. Practice easy performed steps that form the basic ingredients of all higher-level swing dancing. These techniques will help you look great on the dance floor after just a few lessons. This is a fun and easy way to meet new friends and dance to great music. Couples and singles welcome; each individual must provide own set of basic steps.

DANC-738: 8 sessions | $65 | Mon-Thur 7-8:30 p.m. | Karen Merlin
NOTE: No class Oct 31.

Line Dance

Learn to line dancing steps even if you have two left feet. Take part in cardiovascular exercise, make new friends, and have fun in new line dances and old classics at an easy-going pace. No prior experience is necessary. Come by yourself or bring a group of friends. Non-rubber-soled shoes are recommended. Each participant must register. Partners are not required. Drees required.

DANC-748: 8 sessions | $65 | Mon 6:30-7:30 p.m. | Karen Merlin
NOTE: No class Oct 4.

Senior Line Dance

Learn to line dancing steps even if you have two left feet. Take part in cardiovascular exercise, make new friends; and have fun in new line dances and old classics at an easy-going pace. No prior experience is necessary. Come by yourself or bring a group of friends. Non-rubber-soled shoes are recommended. Each participant must register. Partners are not required. Drees required.

DANC-734: 8 sessions | $65 | Thu 7-8:30 p.m. | Karen Merlin
NOTE: No class Oct 22.

Senior Line Dance: Double Feature

This is a fun and easy way to learn to dance to anything, while learning techniques and old classics at an easy-going pace. No prior experience is necessary. Come by yourself or bring a group of friends. Non-rubber-soled shoes are recommended. Each participant must register. Partners are not required. Drees required.

DANC-734: 8 sessions | $65 | Thu 7-8:30 p.m. | Karen Merlin
NOTE: No class Oct 22.

Music

DANC-720: 8 sessions | $65 | Wed 7-8:30 p.m. | Boppin Amor
NOTE: No class for 5.

DANC-719: 8 sessions | $65 | Thu 7-8:30 p.m. | Boppin Amor
NOTE: No class Oct 22.

DANC-728: 8 sessions | $65 | Wed 7-8:30 p.m. | Boppin Amor
NOTE: No class Oct 13.

Fingerpicking for Guitar

Begin to play folk, blues and ragtime, and general accompaniment patterns that create a solo guitar sound, using alternating bass and arpeggios. Bring your six-string acoustic guitar and guitar capos to class. Learn basic chords and to lead and follow the rhythm. Knowledge of first position chords, and experience making basic alterations to the basic chords are required. Bring required text to first class: “Everybody’s Guitar Method, Book 1” ISBN 978-1569392838 and “Everybody’s Guitar Method, Level 2”; ISBN 1569393958.

DANC-734: 8 sessions | $65 | Thu 7-8:30 p.m. | Karen Merlin
NOTE: No class Oct 22.

DANC-738: 8 sessions | $65 | Mon-Thur 7-8:30 p.m. | Karen Merlin
NOTE: No class Oct 31.

We have more... Check out more at stlcc.edu/dece.

MUSIC

The Musicals of Rodgers

Fingerpicking for Guitar

Begin to play folk, blues and ragtime, and general accompaniment patterns that create a solo guitar sound, using alternating bass and arpeggios. Bring your six-string acoustic guitar and guitar capos to class. Learn basic chords and to lead and follow the rhythm. Knowledge of first position chords, and experience making basic alterations to the basic chords are required. Bring required text to first class: “Everybody’s Guitar Method, Book 2” ISBN 978-1569392845 and “Everybody’s Guitar Method, Level 2”; ISBN 1569393958.

DANC-734: 8 sessions | $65 | Thu 7-8:30 p.m. | Karen Merlin
NOTE: No class Oct 22.

Advanced Guitar Ensemble

Students should have the basic ability to play the guitar. This class will consist of playing different genres of music in a group setting. Students will be taught basic theory and play both independently and in groups. Acoustic Guitars only. Bring required text to first class: “Everybody’s Guitar Method, Level 1” ISBN 1569392838 and “Everybody’s Guitar Method, Level 2” ISBN 1569393958.

DANC-707: 16 sessions | $99 | Tu-Th 4:30-5:30 p.m. | Christina Springer
NOTE: No class Sept 7.

Tu-Th 4:30-5:30 p.m. | Christina Springer

Ukulele

A fun and easy way to learn to dance to anything, while learning techniques and old classics at an easy-going pace. No prior experience is necessary. Come by yourself or bring a group of friends. Non-rubber-soled shoes are recommended. Each participant must register. Partners are not required. Drees required.

DANC-734: 8 sessions | $65 | Thu 7-8:30 p.m. | Karen Merlin
NOTE: No class Oct 22.

Fingerpicking for Guitar

Begin to play folk, blues and ragtime, and general accompaniment patterns that create a solo guitar sound, using alternating bass and arpeggios. Bring your six-string acoustic guitar and guitar capos to class. Learn basic chords and to lead and follow the rhythm. Knowledge of first position chords, and experience making basic alterations to the basic chords are required. Bring required text to first class: “Everybody’s Guitar Method, Book 1” ISBN 978-1569392838 and “Everybody’s Guitar Method, Level 2”; ISBN 1569393958.

DANC-734: 8 sessions | $65 | Thu 7-8:30 p.m. | Karen Merlin
NOTE: No class Oct 22.
### Piano

#### Piano: Beginning

During this enjoyable, relaxed approach, learn the letter names of notes and where they are on the keyboard. Play simple chords to accompany melodic patterns in various keys. Some rhythmic patterns will be introduced. Bring a required text to first class: “Play Piano Now! Alfred’s Basic Adult Piano Course, Book 1” ISBN 978-0739006749. (MUSC-710: 6 sessions | 169.99 | Tu 7:30-9 p.m.)

- **NOTE:** No class Nov 23.

**MUSC-710** 19 sessions | 192.50 | Tu 7:30-9 p.m. | Cheryl Conley | MC-212

#### Piano: Intermediate I

Complete the major scales. Learn minor chords and songs in minor keys. Practice chromatic scales, inverted chords, more advanced pedal study and pop songs. Prerequisite: Advanced Beginning Piano or equivalent experience. Student should know the basics of Intermediate I. Required text will be used during the first class:

**MUSC-711** 16 sessions | 192.50 | Tu 2-3:30 p.m. | Cheryl Conley | MC-212

- **NOTE:** No class Oct 4.

#### Piano: Intermediate II

Continue to explore minor chords and songs in minor keys while practicing chromatic scales, inverted chords, more advanced pedal study, and pop songs. Prerequisite: Advanced Beginning Piano or equivalent experience. Student should know the basics of Intermediate I. Required text will be used during the first class:

**MUSC-712** 19 sessions | 192.50 | Tu 7:30-9 p.m. | Cheryl Conley | MC-212

- **NOTE:** No class Nov 24.

### Digital Photography

#### Digital Photography: Introduction

If you want to take your skills to a new level and learn the basic skills of photography, this course is for you. In an understanding of technical terms (e.g., aperture, shutter speed and ISO) and artistic terms (e.g., leading lines and diagonal lines) while learning the principles of photography and how to apply them to your camera. Assignments and critiques are an important part of class.

**PHOT-722** 4 sessions | 172.50 | Thu 7:30-8:30 p.m. | Gary Hesse | MC-SW 207

**PHOT-720** 4 sessions | 172.50 | Thu 7-9 p.m. | Gary Hesse | MC-SW 207

**PHOT-721** 5 sessions | 179.99 | Thu 7:30-9 p.m. | John Karanas | MC-SW 207

**PHOT-723** 5 sessions | 179.99 | Thu 7-9 p.m. | John Karanas | MC-SW 207

#### Digital Photography: Advanced

Expand your understanding of digital photography and explore more advanced camera and equipment features. Examine alternative and experimental methods and techniques for capturing and enhancing photographic images. This is a continuation of introductory and digital photography; you are expected to have a fundamental knowledge of camera functions and the basics of digital photography. Prerequisite: Digital Photography: Intermediate or equivalent experience. Students must provide their own digital camera.

**PHOT-720** 4 sessions | 179.99 | Thu 7:30-9 p.m. | Gary Hesse | MC-SW 207

**PHOT-721** 5 sessions | 179.99 | Thu 7:30-9 p.m. | John Karanas | MC-SW 207

**PHOT-723** 5 sessions | 179.99 | Thu 7-9 p.m. | John Karanas | MC-SW 207

**PHOT-724** 5 sessions | 179.99 | Thu 7:30-9 p.m. | John Karanas | MC-SW 207

### Art of Photography: I-III

#### Art of Photography I:
The Beginner’s Journey

Explore introductory typography, including the basic concepts and science of photography in both film and digital. Taught by an instructor with more than 30 years of professional experience and using film photography as a guide, discover how to stop taking snapshots and start creating works of art. Learn to use the principles of photography in all mediums for interchange images. The ability to use interchangeable lenses is required.

**PHOT-765** 5 sessions | 174.50 | Mon 7-9 p.m. | Stephanie Thurmer | Online

**PHOT-766** 5 sessions | 174.50 | Mon 7-9 p.m. | Stephanie Thurmer | Online

Each class will present a weekly plan for you to practice and share your work. More focus will be put on developing your skills and more on eliminating problems before even taking the image. More focus will be put on capturing and capturing photographic images. This is a continuation of introductory and digital photography; you are expected to have a fundamental knowledge of camera functions and the basics of digital photography.

**PHOT-767** 5 sessions | 174.50 | Mon 7-9 p.m. | Stephanie Thurmer | Online

**PHOT-768** 5 sessions | 174.50 | Mon 7-9 p.m. | Stephanie Thurmer | Online

#### Art of Photography II:
The Novice’s Journey

Continue your journey into the world of photography. Learn the science of the medium through the use of camera angles and settings. You must have a film or digital camera that can be used completely manual mode and allows for interchangeable lenses. Prerequisite: Completion of The Art of Photography I & II or 10 years of advanced photography beyond pictures or snapshots. Any film or digital camera that can be used in complete manual mode and has the ability for interchange lenses is required.

**PHOT-769** 5 sessions | 174.50 | Mon 7-9 p.m. | Stephanie Thurmer | Online

#### Art of Photography III:
The Competent Photographer

This class continues the journey from taking pictures to artistic interpretations. Explore rules of composition, camera angles, accessories for your camera to help make your images stand out from others. Relies less on “fixing” the computer and more on eliminating problems before even taking the image. More focus will be put on capturing and capturing photographic images. This is a continuation of introductory and digital photography; you are expected to have a fundamental knowledge of camera functions and the basics of digital photography.

**PHOT-770** 5 sessions | 174.50 | Mon 7-9 p.m. | Stephanie Thurmer | Online

**PHOT-771** 5 sessions | 174.50 | Mon 7-9 p.m. | Stephanie Thurmer | Online
**PERSONAL ENRICHMENT**

**Finding Writing Jobs Using Online Resources**

Online job boards, including Upwork™ and Freelancer®, offer thousands of new writing jobs daily. But they require a know-how for finding it. Find out the secrets of finding and getting writing work online. Due to the increasing demand for quality content, freelance writers have a great opportunity to find profitable, enjoyable writing work. With these tips, you can easily find your dream writing jobs online and start earning a decent income from home. Ken holds a B.S. in Business Administration.

**Writing**

**WRITING**

**Finding Your Niche**

Whether you love short stories or poetry, searching for a niche is the key to writing success. Your niche is the area or genre you choose to write. And you can identify your niche by exploring what you’re passionate about and what you’re good at. When determining your niche, you should consider your skills, interests, experiences, and qualifications. Once you have identified your niche, you can focus your writing efforts on that specific area. Determine your niche by exploring the various writing fields and identifying which one you’re best suited for. This can be a great way to increase your chances of finding writing work online. Ken holds a B.S. in Business Administration.

**Blogging With WordPress**

WordPress is a powerful blogging and website-building tool that can help you create a professional-looking site quickly and easily. Learn how to create a WordPress blog with ease. This course is designed for beginners and will cover the basics of creating a WordPress blog, including installing WordPress, creating your first post, and optimizing your blog for search engines. With this course, you’ll be able to create a professional-looking blog in no time. Ken holds a B.S. in Business Administration.

**Poetry Writing**

Poetry is a versatile form of expression that can be used to express emotions, feelings, and ideas in ways that prose cannot. Through poetry, you can explore themes such as love, loss, and pain. In this workshop, you will learn the fundamentals of poetry writing, including the techniques used to create memorable poems and effective metaphors. Learn how to write poems that resonate with readers and can be appreciated by people of all ages and backgrounds. Ken holds a B.S. in Business Administration.

**Finding Writing Jobs**

Looking for new writing jobs? Online job boards, including Upwork™ and Freelancer®, offer thousands of new writing jobs daily. But they require a know-how for finding it. Find out the secrets of finding and getting writing work online. Due to the increasing demand for quality content, freelance writers have a great opportunity to find profitable, enjoyable writing work. With these tips, you can easily find your dream writing jobs online and start earning a decent income from home. Ken holds a B.S. in Business Administration.
FINANCE AND INVESTMENTS

PERSONAL FINANCE

HOME AND AUTO

HOMEPAGE EDUCATION

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COMMUNICATIONS

Public Speaking for a Virtual World
Public speaking enhances critical thinking skills and may lead to career advancement. Traditional public speaking is rife with anxiety, but public speaking via Zoom is a whole other challenge. Improve your virtual presentation skills in this essential course.

COMM-713 | 1 session | 135.50 | 99.99
F01 | Tu 4-8 p.m. | Online

Introduction to Voiceover
Have you been told you have a great speaking voice? Learn how to get started in the voiceover acting industry from a 16-year voiceover veteran who has worked for NBC, AMC, PBC, HGTV, Nintendos, Saturday Night Live, Walmart and The Wandy Williams Show. Gain insights on the right agent and how to produce a demo. Q & A session

COMM-765 | 1 session | 149.50 | 49.99
F01 | Tu 7-8:30 p.m. | Online
F02 | Tu 10-11:30 a.m. | Online

African Social and Linguistic Concepts
Explore African world views. Delve into many social and linguistic features unique to African cultures.

COMM-765 | 3 sessions | 177.00 | 165.00
F01 | Sa 10 a.m.–noon | Freeman Word
Tu 8-8:30 a.m. | Online

Sign Language
Getting Started with Sign Language I
Journey into Sign Language. Establish a basic knowledge of Sign Language and learn common vocabulary for numbers, feelings, opposites, colors, and food. Class does not cover ASL sentence structure. No text required.

SIGN-701 | 8 sessions | 180.50 | 125.00
F01 | Tu 3-6:30 p.m. | Cindy Hayes
Tu 4-7 p.m. | Online
F02 | W 3-6:30 p.m. | Cindy Hayes
W 4-7 p.m. | Online
F03 | F 3-6 p.m. | Cindy Hayes
F 4-7 p.m. | Online
F04 | Sa 10-11 a.m. | Cindy Hayes
Sa 10-11 a.m. | Online

Getting Started with Sign Language II
Build on the skills you learned in Getting Started in Sign Language I. classes to increase your ability to communicate using sign language and to learn more signs at a faster pace. The book, “The Joy of Signing” by Little Rockafellow ISBN 1567116814

SIGN-718 | 8 sessions | 177.00 | 125.00
F01 | M 6:30-9:30 p.m. | Cindy Hayes
M 6:30-9:30 p.m. | Online
F02 | W 6-9 p.m. | Cindy Hayes
W 6-9 p.m. | Online
F03 | F 6-9 p.m. | Cindy Hayes
F 6-9 p.m. | Online

French
French: Beginning I
FLFR-716 | 8 sessions | 149.99
F01 | M 6-8 p.m. | James Akin
M 6-8 p.m. | Online

French: Beginning II
FLFR-717 | 8 sessions | 149.99
F01 | Tu 6-8 p.m. | James Akin
Tu 6-8 p.m. | Online
F02 | W 6-8 p.m. | James Akin
W 6-8 p.m. | Online

French: Intermediate II
FLFR-718 | 8 sessions | 149.99
F01 | Th 6-8 p.m. | James Akin
Th 6-8 p.m. | Online
F02 | F 6-8 p.m. | James Akin
F 6-8 p.m. | Online

French: Advanced I
FLFR-719 | 8 sessions | 199.99
F01 | Tu 6-8 p.m. | James Akin
Tu 6-8 p.m. | Online

Italian
Italian for the Traveler
FLIT-716 | 8 sessions | 149.99
F01 | Tu 6-8:30 p.m. | Barbara Klein
Tu 6-8:30 p.m. | Online
F02 | Tu 4-6 p.m. | Barbara Klein
Tu 4-6 p.m. | Online

Italian: Beginning I
FLIT-717 | 8 sessions | 149.99
F01 | Tu 6-8:30 p.m. | Barbara Klein
Tu 6-8:30 p.m. | Online

Italian: Beginning II
FLIT-718 | 8 sessions | 149.99
F01 | Th 6-8 p.m. | Barbara Klein
Th 6-8 p.m. | Online

German
German: Beginning I
FLRU-716 | 8 sessions | 129.99
F01 | Tu 6-8 p.m. | Caryn Miller
Tu 6-8 p.m. | Online
F02 | W 6-8 p.m. | Caryn Miller
W 6-8 p.m. | Online
F03 | Th 7-9 p.m. | Caryn Miller
Th 7-9 p.m. | Online

German: Beginning II
FLRU-717 | 8 sessions | 129.99
F01 | Tu 6-8 p.m. | Caryn Miller
Tu 6-8 p.m. | Online
F02 | W 6-8 p.m. | Caryn Miller
W 6-8 p.m. | Online
F03 | Th 7-9 p.m. | Caryn Miller
Th 7-9 p.m. | Online

German: Advanced I
FLRU-718 | 8 sessions | 149.99
F01 | M 6-8:30 p.m. | Barbara Klein
M 6-8:30 p.m. | Online

Portuguese
Portuguese: For Travelers
FLPG-716 | 8 sessions | 129.99
F01 | Sa 9-11 a.m. | Viva Brasil
Sa 9-11 a.m. | Online

Portuguese: Beginning I
FLPG-717 | 8 sessions | 129.99
F01 | Sa 9-11 a.m. | Viva Brasil
Sa 9-11 a.m. | Online

Portuguese: Beginning II
FLPG-718 | 8 sessions | 129.99
F01 | Sa 9-11 a.m. | Viva Brasil
Sa 9-11 a.m. | Online

Portuguese: Advanced I
FLPG-720 | 8 sessions | 129.99
F01 | Sa 9-11 a.m. | Viva Brasil
Sa 9-11 a.m. | Online
Spanish

Spanish For Travelers
FLSP-736 | 8 sessions | $90 | 60+ | Oct 12 – Dec 5
- NOTE: No class Sep 5.

Spanish: Grammar Beginning I
FLSP-737 | 8 sessions | $90 | 60+ | Oct 12 – Dec 5

Spanish: Grammar Beginning II
FLSP-738 | 8 sessions | $90 | 60+ | Nov 23 – Jan 14

Spanish: Reading I
FLSP-729 | 8 sessions | $90 | 60+ | Nov 23 – Jan 14

Spanish: Reading II
FLSP-728 | 8 sessions | $90 | 60+ | Nov 23 – Jan 14

Spanish: Intermediate I
FLSP-725 | 8 sessions | $90 | 60+ | Nov 23 – Jan 14

Spanish: Intermediate II
FLSP-726 | 8 sessions | $90 | 60+ | Nov 23 – Jan 14

Spanish: Intermediate III
FLSP-727 | 8 sessions | $90 | 60+ | Nov 23 – Jan 14

Spanish: Beginning II
FLSP-739 | 8 sessions | $90 | 60+ | Dec 6 – Feb 7

Spanish: Beginning III
FLSP-740 | 8 sessions | $90 | 60+ | Dec 6 – Feb 7

HISTORICAL STUDIES

History of the United States Supreme Court
Explore the history of when the United States Supreme Court has been a key institution in American democracy. We will start with a review of US constitutional law history, the role of political and social issues, the impact of judicial decisions on people's lives, and the role of the court in shaping the nation's future.

HIST-708 | 1 session | $125 | 60+ | Dec 10 – Dec 12

Local

Spies and Prisoners of War in St. Louis and Missouri
Explore the history of spies and prisoners of war in St. Louis, and Missouri. We will discuss the role of spies and how they impacted the war effort. We will also examine the challenges faced by prisoners of war in Missouri.

HIST-709 | 1 session | $125 | 60+ | Dec 10 – Dec 12

Paving the Way: The Struggle to Get America’s Roads Paved
Learn about the history of roads in America and how they have been shaped by political, economic, and social factors. We will discuss the development of the interstate highway system and its impact on American life.

HIST-715 | 1 session | $125 | 60+ | Dec 10 – Dec 12

World

Steamship Captain: Riding On The High Seas In The 1850s
Join us as we explore the fascinating world of steamship captains in the 1850s. We will discuss the challenges they faced and the role they played in the development of the modern shipping industry.

HIST-722 | 1 session | $125 | 60+ | Dec 10 – Dec 12

Connecting the Dots: Wine, History and Religion
Explore the history of wine and its cultural significance from antiquity to the present day. We will examine how wine has been used in religious rituals and in political power struggles.

HIST-795 | 1 session | $125 | 60+ | Dec 10 – Dec 12

LGBTQIA+

The History, Science and Politics of Being Transgender People
Explore the history of transgender people, the struggles they have faced, and the current political landscape. We will discuss the science behind gender identity and the social and legal challenges faced by transgender individuals.

HIST-765 | 1 session | $145 | 60+ | Dec 10 – Dec 12

History of Trans Cinema in Hollywood
Explore the history of transgender cinema and television. This course will investigate how transgender characters have been represented in film and television over time.

HIST-766 | 1 session | $145 | 60+ | Dec 10 – Dec 12

PERSONAL ENRICHMENT

Spanish For Travelers
FLSP-736 | 8 sessions | 90+ | Oct 31

Students can choose to take this course online or on campus. The course is taught by experienced instructors who will help you develop your Spanish language skills.

Spanish: Reading I
FLSP-729 | 8 sessions | 90+ | Oct 31

Spanish: Reading II
FLSP-728 | 8 sessions | 90+ | Oct 31

Spanish: Intermediate I
FLSP-725 | 8 sessions | 90+ | Oct 31

Spanish: Intermediate II
FLSP-726 | 8 sessions | 90+ | Oct 31

Spanish: Intermediate III
FLSP-727 | 8 sessions | 90+ | Oct 31

Spanish: Beginning II
FLSP-739 | 8 sessions | 90+ | Oct 31

Spanish: Beginning III
FLSP-740 | 8 sessions | 90+ | Oct 31

HISTORICAL STUDIES

History of the United States Supreme Court
Explore the history of the United States Supreme Court, including key cases and decisions that have shaped American law and society.

HIST-708 | 1 session | 125+ | Nov 7 – Nov 9

HIST-715 | 1 session | 125+ | Nov 7 – Nov 9

Paving the Way: The Struggle to Get America’s Roads Paved
This course will examine the history of road development in America and the impact of this development on society.

HIST-715 | 1 session | 125+ | Nov 7 – Nov 9

Connecting the Dots: Wine, History and Religion
Explore the history of wine and its cultural significance from antiquity to the present day. We will examine how wine has been used in religious rituals and in political power struggles.

HIST-795 | 1 session | 125+ | Nov 7 – Nov 9

LGBTQIA+

The History, Science and Politics of Being Transgender People
Explore the history of transgender people, the struggles they have faced, and the current political landscape. We will discuss the science behind gender identity and the social and legal challenges faced by transgender individuals.

HIST-765 | 1 session | 145+ | Nov 7 – Nov 9

History of Trans Cinema in Hollywood
Explore the history of transgender cinema and television. This course will investigate how transgender characters have been represented in film and television over time.

HIST-766 | 1 session | 145+ | Nov 7 – Nov 9
PHILOSOPHY
Forgiveness: The Key to Happiness

Tu 1-3 p.m.

PHIL-701 | session 1 | $90 | AGE 60+

The Hill Fiddle Tour

A guided tour at the Hill St. Louis Italian Neighborhood establishment. Instructors will show pictures of interiors. There will certainly be a mad dash to everyone’s favorite restaurant. Want to know the instructor’s fantasies and why? You’ll find out the tour by St. Louis Mtooltip Mangal.

TRIP-1 | session 1 | $129 | AGE 60+

St. Louis Haunts at Lemp Mansion

Join us at Lemp Mansion for lunch in one of America’s most haunted houses, including a tour and lecture on other haunted places. After lunch, we will walk door to the Ichabod-Demanier Mansion to learn about the Chinese Cruise. Tour includes lunch, hotel, lunch, lecture and gratuities.

TRIP-1 | session 1 | $153.50 | AGE 60+

Mr. Dickens’ Christmas Carol in St. Charles

Spent in Merry Old England (St. Charles) with Charles Dickens. Explore Scrooge will take you on a tour of a house in tour where you will do for dinner. You’ll walk down the street to see scenes acted out for Dickens Christmas Carol with a commerative card from such with a break in wide mid-way for dinner at the rustic. Don’t worry if there is too much hot food is bad, the bus is available. There will be a short time to explore the shops, and the looks of a Tinsley or Tiny Tim or the ghosts. Mr. Dickens’ characters will be around and a good time. This celebration is different from the St. Charles Christmas Heritage weekend.

TRIP-1 | session 1 | $195 | AGE 60+

AWTY! Amundsen’s South Pole

Tour includes bus, dinner, tour food and guide gratuities.

TRIP-1 | session 1 | $159.50 | AGE 60+

AWTY! Ambulance, Farms and Flowers

Travel to Ouzegoe County and Tour Ouse Gardens which has been open for 25 years. Learn the history of this factor from modern vans to high-level period problems. Grand opening and a time to visit the Archdiocese of St. Louis Catholic Church where you will learn about the history of these farms and other artes, representations. Continue on this adventure pret Dunhdonn Glen Farm where you can visit a blue train on and to Pauline Family Farm, one of the largest farming operations in the Missouri River bottom. End your day with a visit of the Country Club Mansion where you will explore the largest array of plant, trees, and other gardens according to the experience. Continue on your journey to Die Kleine Museums. (Which churches we’ll enter depends on the schedule of services that day.) Lunch will be at the Missouri Synod religion took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1936. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836. Learn about where the history of the Lutheran Church-Missouri Synod took roots in 1836.
Tennis

National Tennis Rating Program (NTRP)

1.0 This player is just starting to play tennis.

2.0 May have had some lessons, needs on-court experience.

2.5 Can sustain a short rally of slow pace; needs to develop form.

3.0 Consistent on medium-paced shots; needs work on form and strategy.

3.5 Consistent with directional control, needs to work on specialty shots.

4.0 Consistent with directional control and has specialty shots.

Designations used as a tool to assist students when registering for tennis classes:

Beginner I (1.0-2.0): Designed for beginners and those who have limited experience with basic tennis strokes. Proper techniques of all strokes will be covered. Drills will be used and tennis etiquette and rules will be discussed. Players will be grouped according to ability.

Beginner II (2.0-3.5): Designed for beginners and those who need to brush up on the basics. Techniques and strategies for forehand, backhand, serve, volley, basic strategy as well as drill exercises. Players will be grouped according to ability.

Intermediate II (3.5): Further emphasized is proper stroke development and footwork through the use of drills. Tennis etiquette and rules will be reviewed. Constancy of stroke production is a major goal.

Intermediate (3.5-3.0): A refresher on proper stroke execution. Drills are used and emphasis is on improved consistency and directional control. Strategy and some match play are covered.

Intermediates I to Advanced (3.5-4.0): This course includes more advanced drills, work on strategy and match play, with a goal of playing better percentage tennis.

Bring tennis shoes and racket. Tennis balls provided. Facilities may not be air-conditioned. Please dress appropriately. Every effort will be made to schedule a make-up class for outdoor classes missed due to rain.

Basketball

Scheduling and Registration Information

Fitness, Recreation and Sports

Personal Enrichment

Aqua Zumba

Splash and dance your way to fitness in this fun, low-impact, water-based workout! Aqua Zumba integrates the Latin inspired, dance fitness moves with various Zumba® routines.

Junior to Intermediate: Designed for individuals with some swimming background.

Intermediate: Designed for individuals with some prior experience.

Advanced: Designed for individuals with prior experience.

Pickleball

Pickleball: Tips, Strategies, Lessons and Myths, a PPR/PTLA Certified Instructor and U.S. Open Gold Medal Winner (available through online retailers).*

Self-Defense

Aerobics

Aerobics

• NOTE: No class Nov 21, Nov 23.

Golf

Golf: Basics and Beyond

Learning to play golf correctly is key to a great game. As a new golfer, get started on the right track. For more experienced golfers, get back to the basics and enjoy the game with putting, chipping, pitching, rules, etiquette, and more! A great foundation class for beginners just learning to play and experienced golfers brushing up on fundamentals and rules of play as a refresher. Extra fee for balls.*

Kids

Kids Krav Maga® Ages 5-7

This is a dynamic program that offers self-efects defense, motivates you to improve your overall level of fitness and enriches with crucial life skills. Athletic wear required.*

Kids Krav Maga® Ages 8-11

This is a dynamic program that offers self-defense skills, motivates you to improve your overall level of fitness and enriches with crucial life skills. Athletic wear required.*

Golf: Playing Lesson

Enjoy this unique opportunity to play some holes of golf with an experienced instructor. If you're a golfer who has prior experience but have had difficulty matching your game to the next level, this opportunity is for you. Be prepared to play Eagle Springs approximately 520 to play some holes on this course including driving.*

Volleyball

Volleyball: Recreational

Keep fit, have fun and make friends. All levels welcome.*

*Assumption of Risk, Release and Waiver of Liability must be signed at first class if meeting in-person or acknowledged before participating in an online class. See page 46 for details.

STLCC EDCUE | 314-084-7777 | REGISTRATION BEGINS JULY 11
Cardio and Strength

Barre® Cardio and Tone
Leana Zeman
4501
Sa 10 a.m.-noon
Sep 10–Nov 25
Shelby Recreation Center
$25
All experience levels welcome.

Muscle U™ and CardioBox™
MetLife
5501
W 7-8 a.m.
Sep 19—Nov 7
Shelby Recreation Center
$20
Muscle U™ combines total body strength exercises and cardioBox™ is an energetic, full-body workout.

TRX™ Strength and CardioBox™
MetLife
5501
Th 4:30–5:30 p.m.
Sep 18–Nov 6
Shelby Recreation Center
$35
TRX™ is a form of suspension training that uses body weight exercises to develop strength, balance, and flexibility. CardioBox™ is an energetic, full-body workout.

Let’s Move Bootcamp
Leana Zeman
4501
W 5:30–6:15 p.m.
Nov 3–Dec 22
Shelby Recreation Center
$30
Let’s Move Bootcamp combines high-intensity cardio and strength exercises.

Yoga: Beginning
Garnett Brown
2150
W 6:45–7:45 p.m.
Nov 6–Dec 18
Shelby Recreation Center
$35
Yoga for beginners, flow style.

Yoga: Intermediate
Garnett Brown
2150
W 7–8 p.m.
Nov 6–Dec 18
Shelby Recreation Center
$35
Yoga for intermediate students, flow style.

Yoga: Advanced
Garnett Brown
2150
W 8–9 p.m.
Nov 6–Dec 18
Shelby Recreation Center
$35
Yoga for advanced students, flow style.

Keep Your Bones Strong
Bridgeton Recreation Center
$45
Learn healthy eating habits to maintain strong bones throughout the lifespan.

Law of Attraction, What’s The Problem?
William Duffin
29
Sa 9:30 a.m.-1:30 p.m.
Nov 20
Shelby Recreation Center
$45
Learn how to create a life of balance and focus on your desires.

T’ai Chi Chih: Beginning/Continuing
Sherry Dietz
29
Tu 6:30–8:30 p.m.
Nov 20
Shelby Recreation Center
$45
T’ai Chi remains a safe low-impact exercise for all ages.

Reimagining Your Life Now: Navigating the Years After 50
William Duffin
29
Sa 9:30 a.m.-1:30 p.m.
Nov 20
Shelby Recreation Center
$45
Workshops are ideal for energetic mid-lifers who are exploring choice and possibility.

SUCCESSFULLY NAVIGATING CHANGE
William Duffin
29
Tu 6–8 p.m.
Nov 29
Shelby Recreation Center
$45
Discover your change cycle, and learn strategies for overcoming your particular procrastination style.

PERSONAL ENRICHMENT

Wellness and Personal Development

Bridgeton Recreation Center
$35
See page 46 for details.

The Afterlife
Carol Watkins
29
Sa 2–4 p.m.
Oct 22–Oct 29
Shelby Recreation Center
$45
Discover your talents
Chances are it’s difficult to identify talents much less know how to leverage them. Discover your talents will be the key to unlocking your potential.

SUCCESSFULLY NAVIGATING CHANGE
William Duffin
29
Tu 6–8 p.m.
Nov 29
Shelby Recreation Center
$45
Discover your change cycle, and learn strategies for overcoming your particular procrastination style.

Recovering Procrastination
William Duffin
29
Sa 2–4 p.m.
Sep 27–Sep 24
Shelby Recreation Center
$45
### Caregiving

**The Aging Journey: Decisions and Options**

We've never gotten old before. We don't have experience or a manual teaching us how to age gracefully. But once we start aging, there's no turning back and we don't have much time left to prepare for this journey. Learn more about life in the next chapter.

**ANCT-701** | **1 session** | $29 | AGE 60+ | $29

12-2 p.m. | Aug 21 | Online

**Coping with Stress and Professional Fatigue in Health Care**

Stress is a normal, physical, emotional, and intellectual response our body has when changes occur in our life. Stress is a healing or defensive function. But when we are working in health care or providing care for a loved one, it may be disturbing. "Occupational burnout" is a psychological term referring to a general exhaustion and lack of interest or motivation regarding one's work. In a modern society, we often experience one or both. Once you've learned to cope with stress and professional fatigue, you'll likely have less to deal with and challenges in a healthier way.

**PERD-743** | **1 session** | $29 | AGE 60+ | $29

4:30-6 p.m. | Oct 24 | Online

**Discovering Dementia**

What is dementia? Do healthy diet and exercise help with dementia? What are the resources and assistance for someone who has dementia and where do I find them? Join the discussion, gain the answers to these questions and explore your answers as questions.

**ANCT-714** | **1 session** | $29 | AGE 60+ | $29

Thu 2-4 p.m. | Nov 4 | Online

**Meat Planning 101**

Interested in learning how to cook home prepared meals, but never tried before? Tired of spending half your paycheck on groceries just to have the food you need? Be guided by a Registered Dietitian Nutritionist through the making of meals planning while providing tips and tricks to help you save time, money and reduce the monotony of everyday meals.

**PERD-765** | **1 session** | $45 | AGE 60+ | $45

4:30-6 p.m. | Oct 25 | Online

**Couples Massage**

Enjoy spending time together as you learn gentle ways to comfort and relax your partner. Methods based on Swedish and Russian massage. Partner required. Fee is per person. Supply kit will be sent.

**HEAL-704** | **1 session** | $45 | AGE 60+ | $45

Thu 9:30 a.m.-3:30 p.m. | Sep 24 | Online

Sara Hughey

MC-306 | $45

Thu 9:30 a.m.-3:30 p.m. | Nov 17 | Online

Sara Hughey

MC-306 | $45

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**Vision Boards**

Create your own personal vision for positive change via a playful vision board. Use the power of being states and pattern recognition to invite more fun, energy, joy into your life.

**PERD-743** | **1 session** | $29 | AGE 60+ | $29

Tu 7-9 p.m. | Oct 12 | Online

Fawna Hoener

39

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**Intuitive Eating 101**

Deep dive into the ten principles of intuitive eating developed by Evelyn Tribole. Discuss the proper way to support individuals to honor their individual sense of food freedom. From hunger and fullness cues, body image to the binge eating and repeat cycle and how to gain a full understanding of how to live a free dieting and break the cycle for good.

**PERD-765** | **1 session** | $45 | AGE 60+ | $45

5 W 3:30-5 p.m. | Oct 29 | Online

McDaniel Nutrition

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Interested in learning how to cook home prepared meals, but never tried before? Tired of spending half your paycheck on groceries just to have the food you need? Be guided by a Registered Dietitian Nutritionist through the making of meals planning while providing tips and tricks to help you save time, money and reduce the monotony of everyday meals.

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Online Classes
Students registering for online classes must have a valid email address and reliable internet connection. A link to your online class will be emailed to you two business days before the class start date. If you do not receive this, please call 314-984-7777 during business hours. More information on our online classes can be found at stlcc.edu/CE, go to “Support for Online Classes.” For most classes, registration is closed three business days prior to the class start date. See website course descriptions for additional information.

Students’ Rights and Responsibilities
All students are responsible for adhering to College policies and procedures. Please refer to stlcc.edu/ce/ndx.

Class Changes/Postponement/Cancellation
Any course changes in dates, times or locations will be emailed to students using the email address provided during course enrollment. Because Continuing Education (non-credit) courses are self-supporting, the decision to run a class is based on the number of students enrolled. The College reserves the right to cancel if sufficient enrollment is not achieved. For changes and cancellations due to low enrollment, students will be notified by email. Refunds will be issued for classes canceled by the College unless otherwise noted in the catalog. Please call 314-984-7777 with any questions.

Inclenent Weather
Occasionally, Continuing Education classes are canceled due to inclenent weather. Cancellations will be broadcast on KNOM-FM (1020) and on KMOV-TV. KSDK-TV and KTVI will announce inclenent weather classes will be posted at stlcc.edu. To sign up for automated SMS notifications of STLCC campus closures or emergencies, visit stlccalerts.com. When St. Louis Community College cancels classes, online and off-campus classes are also canceled. In addition, when a particular host school district or institution cancels classes, the Continuing Education classes at that location will not meet.

Health and Safety Guidelines
Classes offered in person may be rescheduled, canceled or transitioned to an online format. Students are required to follow all health and safety directives by St. Louis Community College and local health protocols.

Credit Card Processing Fee
A 2.75% third party processing fee will be added for class registrations made via credit card. Payment may alternatively be made via check through mail-in registration.

Refund of Fees
If you wish to withdraw from a class, you will receive a refund for most classes if the class is dropped three business days before the first meeting. See the course description for classes (such as day trips) that require notice of more than three business days for cancellation and eligibility for a refund.

Requests for withdrawals must be submitted in writing to Continuing Education by email at CeEducation@stlcc.edu or via mail to: 3221 McKelvey Road, Suite 250, Bridgeton, MO 63044. Calculations of refunds will be based on the date the request is received via email or postmarked date.

Time of Withdrawal
Three business days prior to the first class meeting
Percentage Refund
100%
Two business days prior to the first class meeting or after the class has begun
None

FOR SOME SPECIAL PROGRAMS AND CLASSES, AN EARLIER WITHDRAWAL DEADLINE MAY APPLY. THIS DEADLINE WILL BE PRINTED IN THE COURSE DESCRIPTION.

A student may receive either a full or partial refund for exceptional circumstances. For exceptional circumstances, refunds must be submitted in writing (email or mail) within 10 business days after the class start date to be considered. Supporting documentation may be required.

Fee Reduction for Individuals Age 60 and Older
At the time of registration, individuals age 60 and older may enroll in select courses for a reduced fee. Contact the CE office for questions regarding the reduced rate. Reduction will be calculated at check-out.

Senior Citizen Scholarship
For information, please visit stlcc.edu/CE or call 314-984-7777.

Unattended Children
Students are not permitted to bring children to class, nor should children be left unattended in the halls, offices, library or common areas. The College reserves the right to protect the safety and welfare of unattended children. If students leave children unattended, College will institute disciplinary action.

Textbooks
Unless otherwise noted in the course description, textbooks can be purchased via the web order through the STLCC Bookstore and selected for pick-up or shipping (see in-store purchasing). Most orders are filled and shipped within 2-5 business days during business hours. More information on ordering textbooks can be found at stlcc.edu/bookstore. Please refer to the course catalog for a list of textbooks required for a student name to order the course. Visit stlouisbookstore.com for additional information.

Safety and Program Guidelines for Youth Classes
All students under the age of 16 who are enrolled in programs through the St. Louis Community College Office of Continuing Education must be accompanied and in a familiar environment with the participant at the beginning of each program session. In addition, a responsible party must also meet the participant at the end of the session and sign them out. Appropriate behavior is expected. Students may be dismissed for misbehavior.

Firearms on College Property
No person (except for licensed police officers) shall possess or carry any firearm, visible or concealed, on college property (including college buildings and grounds – leased or owned by the college - college athletic fields and parking lots) or in any college vehicle or at college sponsored events on or off college property.

Non-Discrimination
St. Louis Community College is committed to creating inclusive, welcoming, and respectful learning and working environments focused on the needs of our diverse communities. The College does not discriminate on the basis of race, color, national origin, ancestry, religion, sex, pregnancy, sexual orientation, gender identity, gender expression, age, disability, protected veteran status, and any other status protected by applicable state or federal law. The College’s nondiscrimination policies apply to any phase of its employment process, any phase of its admission, or financial aid programs, and all of its educational programs or activities. For information or concerns related to discrimination or sexual harassment, contact Mary Zbrozik, J.D. at 314-533-5345.

Protection of Intellectual Property
The College has intellectual property of the College and the faculty member. Recording of course lectures, discussions and materials, or distribution/transmission of the course content, is prohibited. The reason for this policy is to protect the intellectual property of the College and faculty member, to protect the copyright interests in course materials and to protect the privacy interests of students participating in this course. Public distribution or admission to public access web environments may constitute copyright infringement and may subject the student to disciplinary action under applicable College policies.

Accommodations
If you are a person with a disability who requires an accommodation in order to participate in any program or activity, please contact the Access Office at stlcc.edu/119.a/access as soon as possible in advance of the program for consideration of your accommodations request. A student must submit this application at any time during their enrollment, but the College recommends submitting the application as early as possible to allow time to make any necessary arrangements.

Environmental Health and Safety
Some Continuing Education classes involve work with materials and products that may require special handling. Please refer to STLCC’s Environmental Health and Safety and OSHA guidelines for additional information.

Assumption of Risk, Release and Waiver of Liability
St. Louis Community College assumes no liability for accidents or injuries that may occur while participating in Continuing Education classes and programs and provides no funds to cover medical costs or expenses. Students are reminded that participation in this program is voluntary. A signed waiver is required for participation in some courses. Participants must be 18 or older. It is strongly recommended that all students have their own health insurance. St. Louis Community College Continuing Education seeks to provide courses that are academically interesting and create opportunities for members to broaden their scope and interests. The material presented in these courses is for informational purposes only, and the views and opinions expressed in class are strictly those of the instructor.

Onsite Rendering is easy! All classes have limited seating and registration deadlines. Be sure to register early to guarantee your seat.

Online
www.stlcc.edu/CE

Mail
STLCC Continuing Education 3221 McKelvey Rd., Ste 250 Bridgeton, MO 63044
Complete the enrollment form and include check or money order for payment. Students who register by mail will receive confirmation of enrollment by email.

STLCC is committed to keeping your information safe. You can only accept debit and credit card payments through our online systems. You can register and pay online at stlcc.edu/CE. We will also accept registration and payment by check. All payments for classes must be received by the course registration deadline (closed three business days prior to class start unless otherwise noted in catalog and/or in the course description at stlcc.edu/CE).

Please contact our Call Center at any questions you may have or call 314-984-7777.

Hours
M-Th 9 a.m.-5:30 p.m. F 8:30 a.m.-4 p.m.

Enrollment in classes within this brochure is limited to persons 16 years or older except for youth classes where otherwise noted. Students must be 18 years or older to sign print waivers or acknowledge online waivers.

Registration Deadline: All non-credit courses are limited in enrollment. Additional registration is required prior to first class meeting. Registration is closed three business days prior to class start date, except as otherwise noted in course description. Some classes have additional registration deadline requirements. Please check course descriptions.

Confidential Information: Personal educational information, course updates and cancellations notices will be delivered to the email address provided at registration. Please see Class Changes/Postponement/Cancellation section of General Information for further information.

Registration Begins July 11 | 314-984-7777 | stlcc.edu/CE

PAYMENT: Please include check or money order made payable to “St. Louis Community College”. To pay by credit/debit card, please register online at stlcc.edu/CE.
REGISTRATION BEGINS JULY 11
500+ professional development and personal enrichment courses … explore the possibilities inside!

ST. LOUIS COMMUNITY COLLEGE...
Since 1962, more than 1.3 million people have passed through our doors to take a class, earn a degree, upgrade their career skills or enrich their lives. Each year, more than 50,000 students enroll in:

- College transfer and career programs leading to associate degrees
- Job skill and personal development classes
- College preparatory courses
- Specialized performance programs sponsored by local employers

Learning is convenient via:
- Four campuses, two education centers, two training centers and four centers of excellence.
- With four ways to learn at STLCC, we have an option that will work for your schedule. Classes are taught Face-to-Face (F2F), Live Virtual Lecture (LVL), Online, and Hybrid.

St. Louis Community College is committed to expanding the minds and changing the lives of our students. STLCC is institutionally accredited by the Higher Learning Commission (HLC), and many of our programs have been accredited or approved by recognized accrediting bodies. St. Louis Community College focuses its resources on helping students find the right academic and career pathways. Through its alumni and community partnerships, the College is helping St. Louis become the best place to live and work in the 21st century.